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# Island Sun

VOL. 26, NO. 38

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 22, 2019

MARCH SUNRISE/SUNSET: 22 7:31 • 7:40 23 7:30 • 7:41 24 7:29 • 7:41 25 7:28 • 7:42 26 7:27 • 7:42 27 7:25 • 7:42 28 7:24 • 7:43



New York Brass Arts Trio

photo provided

## Brass Trio To Take Stage At Sanibel Music Festival

Hailed as the first brass group ever to play with the sensitivity and musicality of a string quartet, the New York Brass Arts Trio will perform at the Sanibel Music Festival at 7:30 p.m. on Tuesday, March 26 at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way.

Three world-class virtuoso soloists have come together to revolutionize the brass trio. Hornist David Jolley and trombonist Haim Avitsur all bring great experience to the table. Burgstaller, a former featured trumpeter and arranger with the legendary Canadian Brass, has performed with many notable orchestras, and has recording credentials that include solo CDs, three Top-10 Billboard hits and a Top-50 Jazz Radio hit. Jolley is the pre-eminent horn soloist of his generation, performing as a soloist with major orchestras, collaborating with Guarneri, Orion and American string

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## Council Reorganizes, Considers Ban



With his fellow council members looking on, newly appointed City Councilman Richard Johnson, center, takes the oath of office on Tuesday. With him are family members, from left, Bailie, Calli, Mead and Dane Johnson.

photo by Jeff Lysiak

by Jeff Lysiak

During Tuesday's annual Sanibel City Council reorganization meeting, both Mayor Kevin Ruane and Vice Mayor Mick Denham were reappointed

to their positions for the 2019-20 year. Councilwoman Holly Smith was sworn in to her first full four-year term while newly-appointed Councilman Richard Johnson

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From left, Dave, John and Jimmy Jensen, Todd and Leanne Marcum, and Jeff Siwicke

photo provided

## Locals Help Bring Stellar Musicians To SCCF Event

Jensen's Twin Palm Resort & Marina on Captiva will be returning as Band Sponsor – co-sponsoring with the Marcums – for SCCF's Beer in the Bushes

on Saturday, April 20 from 6 to 10 p.m.

"We could never have presented this caliber of talent without the generosity of the Jensen brothers – thank you, John, Jimmy and Dave," said SCCF's Jeff Siwicke, creator of the event. "And this year, we are so grateful the music-loving Marcums are joining in as band co-sponsors. Thank you, Todd and Leanne,

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## Unique Lineup For Octifest Auction



Octifest 2019 live auction items will feature an evening of guided stargazing with astronomy enthusiast Robert Hunt

photo provided

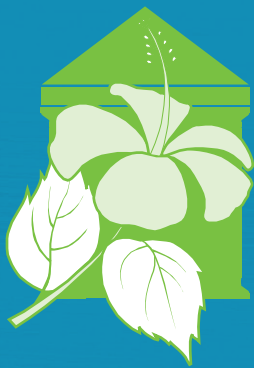
Sanibel Sea School's annual fundraiser, Octifest on the Beach, is coming up on Saturday, April 13 at 6:30 p.m. The bayside event is held under a big top tent on Sanibel Causeway Island A and features sunset views, a cocktail hour, live and silent auctions, dinner and a variety of surprises. All proceeds support the organization's scholarship fund to

provide meaningful ocean experiences for all, and help purchase much needed program equipment. This year's live auction will include a variety of items, from experiences to artwork.

Four tickets to the Sanibel-Captiva Conservation Foundation's Beer in the Bushes will be paired with round-trip

continued on page 23





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# The Community House



Kids cooking classes with Chef Jarred Harris are held on the first Monday of each month  
photo provided

## Community Social

All are welcome to attend a community social and buffet dinner on Wednesday, March 27 from 6 to 8 p.m. Tickets are \$15 in advance, \$18 at the door, \$5 additional for the sundae bar.

## Thoughtful Movement

Certified Trager Practitioner Marva Sletten will help you explore healthy posture and movement on Thursday, March 28 from 9:30 to 11 a.m. Call or go online for more details.

## Kids Cooking

Young chefs can learn how to have a Mexican Fiesta with Chef Jarred Harris on Monday, April 1 from 2:30 to 5:30 p.m. Vegetable quesadillas, chicken tamales and fish tacos are on the menu. Cost is \$50 per session.

## Climate Crisis Lecture

Ariel Hoover will give a presentation about the impact of climate change and what can be done about it on Thursday, April 4 at 7 p.m. A \$5 donation is suggested.

## Yoga Classes

Yoga for all levels with Barbara Cline is held on Mondays and Thursdays at 8:30 a.m.

On Tuesdays, Vinyasa yoga with Susan Pataky begins at 10 a.m.

Sanibel Yoga for all levels is held at 10 a.m. on Thursdays with Susan Pataky.

Sanibel Yoga Chi (gentle) is held at 11:15 a.m. on Tuesdays and Thursdays with Susan Pataky.

## Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

## Honey For Sale

Locally harvested honey is for sale, as well as chutneys and other products made by Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.✽

From page 1

## Music Festival

quartets, and is a founding member of the Grammy-winning Orpheus Chamber Orchestra. Avitsur is the only trombonist named a 2005 and 2007 Emerging Artist by *Symphony Magazine* and has premiered over 80 compositions.

The concert is sponsored by Jackie and Roy Sweeney Fund of the Greater Cincinnati Foundation.

Program:

Johann Sebastian Bach (arr. Jolley): *Three Sinfonias*

Ludwig van Beethoven (arr. Avitsur): *Trio in C Major, Op. 87*

Richard Strauss (arr. Jolley): *Till Eulenspiegel*

Igor Stravinsky (arr. Jolley): Selection from *Pulcinella Suite*

Bela Bartok: Romanian Folk Dances

Chick Corea (b.1941) (Arr. Burgstaller):

Three Children's Songs

George Gershwin: Selections from *Porgy and Bess*

Astor Piazzola (arr. Burgstaller): *Libertango*

Tickets may be purchased for \$50 each by calling 344-7025, or online at [www.sanibelmusicfestival.org](http://www.sanibelmusicfestival.org). Tickets may also be purchased at the door one half hour before each performance and are also available at Bank of the Islands, 1699 Periwinkle Way.✽



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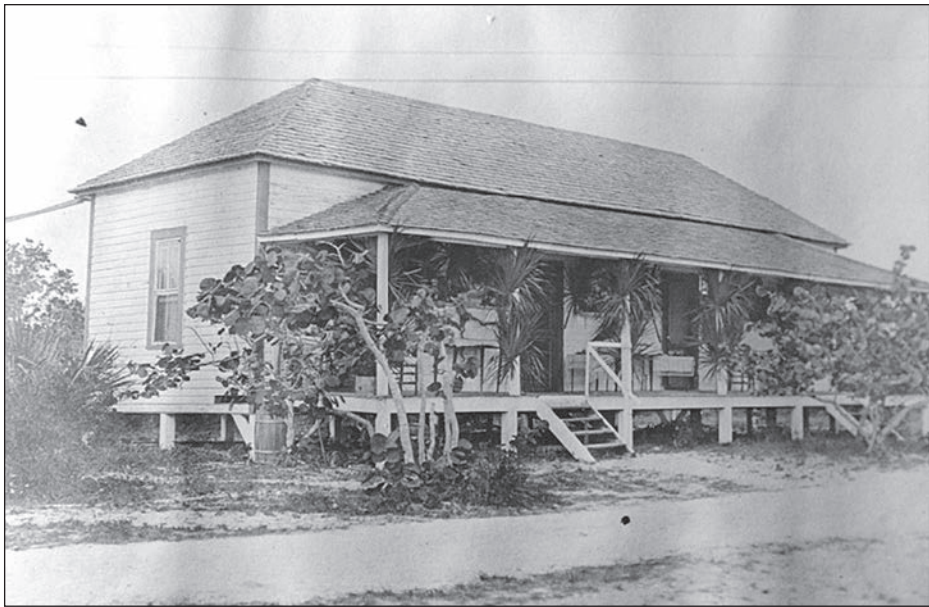
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A cottage at The Sisters Hotel  
Sanibel Historical Museum And Village

## Landmark: A Cottage At The Sisters Hotel

This week's image is one of the cottages at The Sisters Hotel, later the Casa Ybel Resort, in the early 20th century. Many of the buildings survived into the 1970s. This was built as a duplex cottage.



photo courtesy Sanibel Historical Museum and Village

Learn more about the history of Sanibel at the Sanibel Historical Museum and Village, 950 Dunlop Road, next to BIG ARTS. The village is open Tuesday through Saturday from 10 a.m. to 4 p.m. through April. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge. Beginning May 1, village hours are 10 a.m. to 1 p.m., with one guided tour at 10:30 a.m. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org) or call 472-4648.✱

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 8210 Cypress Lake Drive, Fort Myers, 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. [www.batyam.org](http://www.batyam.org), 2050 Periwinkle Way, 579-0296.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

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### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

### SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11

a.m. Traditional in Main Sanctuary. Childcare available at all services. [www.sanibelchurch.com](http://www.sanibelchurch.com), 1740 Periwinkle Way, 472-2684

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., [www.sanibelucc.org](http://www.sanibelucc.org), 2050 Periwinkle Way, 472-0497.

### ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org), 2304 Periwinkle Way, 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. [ryi39@aol.com](mailto:ryi39@aol.com), 2050 Periwinkle Way, 433-4901.✱



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OBITUARY



SHIRLENE GRASGREEN

Shirlene Grasgreen, 91, a beloved member of the Sanibel community for more than 40 years, died on March 6, 2019. She leaves behind her loving son, Ira, family and many friends.

Shirlene was born and raised in Cleveland, Ohio. She was married to her husband Marty in 1949. The

Grasgreens began visiting Sanibel in 1969 and moved to the island from East Brunswick, New Jersey in 1979.

For more than 30 years, she held a number of positions at the *Island Reporter*, including front desk and office/circulation manager. Shirlene enjoyed chatting with islanders as she processed subscriptions along with presenting the ever-popular annual Ikki Matsumoto posters. All who knew her were touched by her wit, love and kindness.

Shirlene could often be found on her couch reading voraciously with her Kindle. She loved flowers of all kinds, especially sunflowers, and cherished nature's beauty from botanical gardens to majestic landscapes. Her smile was a ray of sunshine to everyone she met.

She is preceded in death by her husband of 56 years, Martin Grasgreen; her brother, Stan Hirshman; and her parents, Abe and Lilly Hirshman. She is survived by her son, Ira; and her nieces, Allie (CJ) Ciaramella and Ariana Grasgreen.

A private graveside service was held on March 8 at Fort Myers Memorial Gardens. A celebration of life will be held in early December and information will be forthcoming. Memorial gifts may be made in her name to FISH of SanCap, 2430-B Periwinkle Way, Sanibel, FL 33957 or Rutgers Gardens, School of Environmental and Biological Sciences, Rutgers, The State University of New Jersey, 112 Ryders Lane, New Brunswick, NJ 08901.\*

MEMORIAL SERVICE



JOHN ROBEY CLARK

A memorial service for John Robey Clark will be held on Saturday, April 6 at 2 p.m. at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way on Sanibel.

John Robey Clark, 81, passed away on November 16, 2018. A resident of Sanibel, Florida for 11 years, John served in many capacities in the life of

Sanibel Congregational United Church of Christ (SCUCC). He was a member of Rotary International (Sanibel) and volunteered in the Sanibel-Captiva Conservation Foundation (SCCF) Sea Turtle Program. He supported the Sanibel Public Library as a volunteer for many years.

Positions held in his 40-plus years career with CSX Corp. (C&O RR, Chessie Systems) included construction support managing the building of Queensgate Yard, a computer-controlled, state of the art (1981) classification yard. His career culminated as assistant chief engineer for CSX in Jacksonville, Florida. He was a member of American Railway Engineering and Maintenance-of-Way Association. John was a lifelong member of Rathkamp Matchcover Society and president of the South Eastern Matchcover Club. His life's passion was traveling, both in the United States and abroad.\*

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit [www.southwestfloa.org](http://www.southwestfloa.org).

Sanibel Community Church is located at 1740 Periwinkle Way.\*



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## New Course Explores Women In Literature



Rev. Dr. John H. Danner



Dr. Thomas Cooley

Every week, there's something new to learn at Sanibel Congregational United Church of Christ (SCUCC). The next Theological Studies course, to be co-taught by the Rev. Dr. John H. Danner and Dr. Thomas Cooley, will be Ghosts and Gender. The classes will be held in Fellowship Hall at the church on Wednesdays, March 27 and April 3, with identical sessions at 10 a.m. and 7 p.m.

The focus will be on literature as Dr. Danner and Dr. Cooley examine two important novels dealing with the place of women in society. They will discuss *The Turn of the Screw* by Henry James and *The Yellow Wallpaper* by Charlotte Perkins Gilman. Copies of both books will be available for purchase in advance of the course.

Dr. Cooley is emeritus professor of English at Ohio State University, specializing in American literature from 1820 through 1920. He is the author of *Educated Lives: The Rise of Modern Autobiography in America* and *The Ivory Leg in the Ebony Cabinet: Madness, Race and Gender in Victorian America*. In addition to academic books and articles, he has published numerous college textbooks in the field of composition and rhetoric, including *The Norton Sampler* (now in its eighth edition) and *Back to the Lake*, a reader and guide for writers (third edition, 2015). He is the drummer in Island Jazz and other local groups and also plays the washboard.

Dr. Danner has served at SCUCC since January 2010. Before moving to Sanibel, he served congregations in New England, New York and New Jersey. He has degrees from Bradford College, University of Maine, Bangor Theological Seminary and Boston University, where he earned a PhD in religious studies. He has also studied at the Shalem Institute of Spiritual Formation. He was ordained in 1980 by the United Church of Christ. He has contributed to two collections of liturgical materials and a volume of essays, reviews books for SpeakEasy, has published chancel dramas through the Arches and Bells website, and has been published in *The Christian Century* and other journals.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across from Periwinkle Place shopping center. For more information, visit [www.sanibelucc.org](http://www.sanibelucc.org) or call the church office at 472-0497.\*

## Temple Bat Yam Passover Seder Celebration

Temple Bat Yam, a Reform Jewish congregation on Sanibel, will hold its community Passover Seder on Friday, April 19 at 6 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. Rabbi Stephen Fuchs will lead the Seder with the musical assistance of Cantor Murray Simon. It is expected to be a memorable evening of remembrance, family, friends and food.

The family-oriented Passover Seder meal is steeped in tradition and ritual. The focal points of the Seder are matzo (unleavened bread) to remember the hasty departure from Egypt, bitter herbs as a taste of the bitter slavery in Egypt, and wine to celebrate freedom. The *Haggadah* is the textbook that describes the events that brought the Israelites from slavery in Egypt to freedom. Reading the *Haggadah* fulfills the biblical obligation to make the story known to one's children so that the message and meaning are not forgotten.

There will be a catered dinner including all the favorite traditional foods, supplemented by some homemade dishes and desserts. Guests are encouraged to bring their own

personal Seder plates, matzo covers, Elijah and Miriam cups and any other customary Passover Seder table items to create a homelike ambience. The specific food items for the Seder plates will be provided.

The Sanibel, Captiva and Fort Myers communities are welcome to join with Temple Bat Yam congregants, family and guests for this special evening, but reservations and payment are required. Space is limited. The deadline for reservations is Friday, April 5. Contact Temple Bat Yam's Annette Pacyga at 941-740-1650 about reservations and payment to guarantee seating.\*

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The 2019-20 Sanibel City Council, standing from left, Jason Maughan, Holly Smith and Richard Johnson; seated, Mick Denham and Kevin Ruane photos by Jeff Lysiak

From page 1

## Council

was officially seated, replacing former Councilman Chauncey Goss. Earlier this year, Goss stepped down from his elected position in order to accept Florida Gov. Ron DeSantis' appointment to the governing board of the South Florida Water Management District.

"Thanks for all of the support I've received from the community," said Johnson after being sworn in. "I'm looking forward to the challenges and the opportunities serving with this council."

A member of the council since 2007, Ruane was unanimously re-elected to his 10th consecutive term as mayor. Denham, who has served on the council since 2005, was nominated to serve his seventh term as vice mayor by Johnson. Councilman Jason Maughan also nominated himself to serve as vice mayor, but only if Denham desired "to step away for one year." Denham accepted Johnson's nomination, so Maughan withdrew his self-nomination.

Later in the meeting, Maughan brought up for discussion whether the city should consider a ban of fuel-powered leaf blowers. According to the councilor, a

number of concerned citizens contacted him one month ago, noting that the gasoline engines powering these devices are bad for the environment and are a source of noise pollution.

During his presentation, Maughan requested that city staff investigate what other municipalities have done regarding banning fuel-power leaf blowers, and whether those actions have been effective. City Manager Judie Zimomra, noting the current list of priority issues being handled by her staff, suggested that more information on the possible change in regulations regarding fuel-powered leaf blowers could be brought back to council at their June meeting.

Noting the decibel issue with gas-powered home generators following Hurricane Charley in 2004, Ruane asked that city staff look at this issue "holistically," and consider the newer, lower-decibel technology available with electric-powered leaf blowers.

Opening the topic up for discussion, more than a dozen people in the audience of nearly 50 weighed in on the subject of banning fuel-powered leaf blowers. Sanibel resident Barbara Joy Cooley, speaking on behalf of the Committee of the Islands (COTI), stated that the devices produce



Councilwoman Holly Smith taking the oath of office, with her husband Jason holding the Bible

ozone-damaging pollutants. She also noted that the Village of Key Biscayne successfully enacted a ban of fuel-powered leaf blowers since 2017.

"The Village has received practically no complaints about it from contractors or others," said Cooley. "Many workers like the change because electric blowers are lighter, quieter and better for their respiratory health."

While the majority of public comments seemed to support the ban, one resident – Mike Rembrandt – used a demonstration of an electric-powered leaf blower to show how noisy they are. Carrying his leaf blower to the front of MacKenzie Hall, Rembrandt turned the device on for several seconds in order to demonstrate how loud they can be. He stated that his leaf blower emits 58 decibels, only slightly less than a gas-powered version (75 decibels). He also claimed that when using an electric-powered leaf blower, it takes 92 percent longer to perform standard tasks than when using a fuel-powered device.

One final resident, noting the Sanibel Mission Statement signs hanging in MacKenzie Hall, stated that the use of gas-powered leaf blowers was "a clear offense to living in harmony with nature."

City staff is expected to bring back

additional information on the possibility of banning or further regulating fuel-powered leaf blowers at the Tuesday, June 4 city council session.

In other business, an ordinance that would prohibit the use of motorized scooters on Sanibel was introduced and approved unanimously. "No motorized scooter shall be rented, or offered to rent upon any public street or road, sidewalk, bicycle path or shared use path," the proposed legislation reads, in part. The prohibition would exclude motorized wheelchairs "operated by a person disabled for mobility purposes." The second reading of the ordinance, with public comment invited, will take place on April 2 at 9:10 a.m.

Also, an ordinance that would regulate dogs being allowed on premises of public food service establishments passed upon its first reading. If adopted, island restaurants would be required to apply for a permit – through the city's Community Services Department – that will permit them to allow dogs within their dining establishment, subject to a specially designated area and additional restrictions and safety regulations. The second reading of this ordinance will also take place on April 2.✪

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**Publisher**  
Lorin Arundel

**Accounting**  
Mike Terry

**Advertising**  
Bob Petcher

**Graphic Arts & Production**  
Ann Ziehl, Manager  
Amanda Hartman  
Justin Wilder

**Reporter**  
Jeff Lysiak

### Contributing Writers

|                       |                       |
|-----------------------|-----------------------|
| Leah Biery            | Craig R. Hersch       |
| Barbara Cacchione     | Shirley Jewell        |
| Kay Casperson         | Dr. Jose H. Leal, PhD |
| Constance Clancy, EdD | Kealy McNeal          |
| Suzy Cohen            | Capt. Matt Mitchell   |
| Linda Coin            | Trinette Nelson       |
| Marcia Feeney         | Gerri Reaves PhD      |
| Ed Frank              | Angela Larson Roehl   |
| Shelley Greggs        | Hannah Star Rogers    |
| Jarred Harris         | J. Brendan Ryan, CLU, |
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From left, Kevin Schafer, Caitlin Ross, Jenna Senkeleski, Jianna Senkeleski and John Peterson photos provided

## Church Group Attends Ministry Conference

On February 23, Sanibel Community Church H2O Youth Ministries sent nine youth leaders and six student leaders to Orlando to attend the Next Ministry Conference, sponsored by The Christian and Missionary Alliance.

With almost 200 people in

attendance, Next Ministry was a practical one-day training event designed to equip and encourage adult volunteers who work with youth. It also provided content to help high school teen leaders discover their callings.

Throughout the conference, the leaders and teens took part in thought-provoking seminars led by relevant ministry speakers, table discussions, breakout sessions, prayer and fellowship. They were also given the opportunity to meet with leaders who were available to answer any questions



The students and leaders at the conference in Orlando

on a variety of topics.

Two Sanibel Community Church leaders, Pastor Kevin Schafer and Dr. Lee Southard, were both presenters at the conference. H2O Youth Ministries won the prize for traveling the farthest distance to attend the conference. H2O youth ministries is committed to develop, equip and train its leaders by providing fresh opportunities to grow the Next Ministry generation's leadership skills.

H2O Student Ministries is a youth ministry program for sixth through 12th grade young men and women. The

group meets on Wednesday evenings from 5 to 7 p.m. for middle school students, 6 to 8 p.m. for high school students, and on Sunday mornings from 11 a.m. to noon in the youth center at Sanibel Community Church. All students on the island and surrounding communities are welcome to attend.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way (next to Jerry's Market). For more information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).

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**Joewood** photos by LeAnn Bearland  
City Of Sanibel Vegetation Committee

### Joewood: City Plant Of Sanibel

**F**ragrant. Star-flowered. Evergreen.  
Salt tolerant. Compact. Sound good?  
You can have it all with Joewood  
(*Jacquina keyensis*).

Enjoy the fragrance of the star-shaped flowers, most pronounced when the flowers are most abundant in July and August, more subtly November through June. The flowers are ivory-white, rising in clusters at the ends of branches. The white petals spread wide when the flowers open. There is a pronounced difference between the male and female flowers, both appearing on the same plant. The fruit ripens in autumn, its tiny berries about 1/3 inch in diameter, orange-red and hard



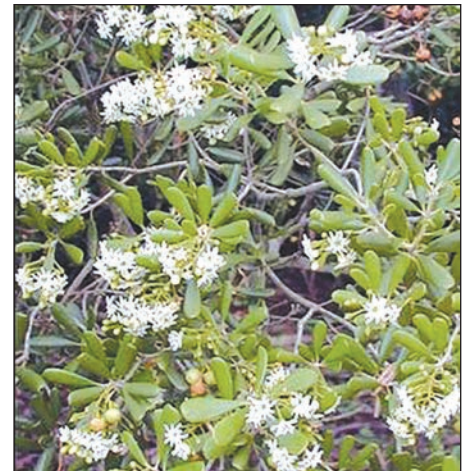
coated when fully ripe.

Classified as a shrub or small tree, Joewood is a slow growing native evergreen with many branches forming a compact round top. It grows in dry soil or silica sand in the immediate neighborhood of the shore or coast; its native range includes Southwest Florida, the Florida Keys and the Bahamas. Joewood can be seen in abundance on Silver Key with several specimens also in the Sanibel City Hall plantings. It is listed as a threatened species due to habitat loss and the lengthy amount of time required for a new plant to produce seed.

"Jacquina" honors Nicholas Joseph von Jaquin who collected and cataloged many West Indian plants; "keyensis" for the Florida Keys, one of its habitats.

By Resolution No. 89-117 (June 20, 1989), Joewood was named the City Plant of Sanibel.

Where can I learn more about native plants on Sanibel? The vegetation committee hosts free plant walks from



November to April at city hall to view and discuss the use of native plants. Everyone and their questions are welcome.

To view pictures of the Invasive Exotic Plants Worst of the Worst or the city's *The Alien Invasion* brochure, visit [www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation](http://www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation).

The Natural Resources Department section of the city's website, [www.mysanibel.com](http://www.mysanibel.com), offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the *Environmental Reference Handbook* prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.✧

From page 1

### SCCF Event

for supporting these wonderful musicians and this great event."

This year's Beer in the Bushes features music by Langhorne Slim & The Law, with support by Tameca Jones. "This top-notch talent would not be possible without the support of the Jensen brothers and the Marcums," said Siwicke. "You will not want to be late with Tameca taking the stage early before our headlining act."

Austin, Texas native Tameca Jones has been captivating her hometown for a little over 10 years with her honeyed and powerful vocals. She spent years breathing new life into the music of others, making a name for herself as the "Queen of Austin Soul" with her tasteful and vibrant interpretations of a diverse list of artists.

Langhorne Slim is no stranger to the world of popular culture and commercial success. Throughout his career, he has been defined by reflective songwriting and passionate delivery.

"Beer in the Bushes was envisioned as a community event whose goal is to raise awareness of the important and varied work that SCCF accomplishes every day. Besides serving as a way to raise money and awareness of our work, Beer in the Bushes was imagined as a way to raise friends and bring the future of SCCF into the organization. We have made a conscious effort to keep our ticket prices as affordable as possible to allow for everyone in our community to attend. The main ways we are able to do this is because of our sponsors and the generosity of our local craft breweries, who donate all of the beer for this event," said Siwicke.

All-white attire is requested for a night

celebrating positivity, community and music. This is a smoke-free, outdoor rain or shine event. Guests are strongly encouraged to bike, carpool or taxi as parking is limited. Advance tickets are \$70, or \$80 the day of (if available). Tickets may be purchased online at [www.beerinthebushes.com](http://www.beerinthebushes.com).

Local microbreweries will be offering tastings of their finest craft beers. Catering by Leslie Adams will coordinate local food truck offerings to complement the beer tastings. All tickets include \$10 in TruxBux redeemable for dinner choices from any of the trucks. The event takes place at the SCCF Nature Center, located at 3333 Sanibel-Captiva Road. For more information, call 472-2329.

Event proceeds support SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed.✧



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## Catholic Group Gathers For Annual Potluck

The Sanibel Catholic Women and Men hosted a capacity crowd of approximately 80 guests at their annual St. Patrick's Day Potluck. Gathering at the Sanibel Arms West clubhouse, members of the Catholic group enjoyed food, fellowship and Irish cheer while continuing their community fundraising efforts with a 50/50 donation raffle, won by Leo Larkin, who donated his winnings back to charity.✱



Sanibel Catholic Women and Men gathered for their annual St. Patrick's Day Potluck

photo provided

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The small cylindrical flowers resemble tassels, paintbrushes, or shaving brushes  
photos by Gerri Reaves

Plant Smart  
**Lilac Tasselflower**  
by Gerri Reaves

Lilac tasselflower (*Emilia sonchifolia*) is one of three tasselflowers found in the U.S. and is native to south Asia and the western Pacific. All three species are naturalized, and some plant experts contend that lilac tasselflower is native to several states, including Florida. This wildflower volunteers in many habitats, including lawns, pinelands, roadsides and vacant lots. It lacks ray florets, as do the other tasselflowers,

but has up to 30 disk florets. This characteristic makes the flowers resemble buds on the verge of bursting open. The narrow flowers are shaped like compact urns, bells, or brushes, thus two other common names, Flora's paintbrush and cupid's shaving brush. The cylindrical flowers range in color from lilac to pink. They attract bees, butterflies and birds. Flowers appear at the ends of branching stems that sometimes have fine hairs. The central stem can be two to three feet high. The upper clasping leaves are narrow, alternate, stalkless, or sessile, and sometimes coarsely toothed. The larger lower leaves vary in shape, but



Non-native lilac tasselflower's lower leaves have winged leaf stalks

are generally triangular or rounded and sometimes toothed. The way the winged petioles, or leaf stalks, surround the stem gives the impression that the stem is growing or threading right through the leaves. Like a dandelion, another member of the aster family, lilac tasselflower produces round fluffy seedheads – puffballs – once the flowers are spent. The seeds attached to the delicate fibers are distributed by the wind. This species is drought tolerant and prefers full sun and moist well-drained soil. It readily reseeds, so if you don't want it to spread, deadhead the spent blooms.



Puffballs distribute seeds on the wind. Some of the plant parts are toxic if ingested. However, the leaves of plants that have not yet flowered are said to be edible either raw or cooked. Exercise caution: The plant contains the alkaloid pyrrolizidine, and the danger of toxicity is at least partially determined by how many leaves are consumed and for how long. It has many medicinal uses. Sources: [www.eattheweeds.com](http://www.eattheweeds.com), [www.hawthornhillwildflowers.blogspot.com](http://www.hawthornhillwildflowers.blogspot.com), [www.pfaf.org](http://www.pfaf.org), [www.uswildflowers.com](http://www.uswildflowers.com), and [www.wildlifeofhawaii.com](http://www.wildlifeofhawaii.com). *Plant Smart explores the diverse flora of South Florida.\**



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# Spring-Like Variety



by Capt.  
Matt Mitchell

**Y**et another fabulous week of outstanding weather made for excellent fishing on what continues to be a crazily wide variety of fish. There is something out there

for you no matter what kind of fishing you are into. Not having just one single target species in mind has kept things interesting and the rods bent. My clients have enjoyed what the day has given us as we deal with some really slow-to-no tide periods. We had to mix it up to catch any fish. I'm very happy to see the better tide pattern for this week because the tide simply did not move a few trips this week.

Catch-and-release snook fishing continued to be my main staple with the action being very consistent while the tide was moving. With water temperatures warming, these snook are in a transition period as they are moving from the back country to the passes. I'm managing to stay on these fish for a few days at a time, then they move closer to the beaches where they will be in the summer. Oyster bars and islands in the middle sound have been the hot spots. Chumming live shiners in these places will let you know if the snook are there and feeding. This week, we did catch a few snook in and around the passes.

During the slower tides, we were hunting moving water as much as snook.

Spanish mackerel fishing has also been heating up with the best bite coming around the passes and out along the beaches. Sandbar dropoffs in Redfish and Captiva passes had some real giant macs this week with a few almost king mackerel sizes. Light single-strand wire leader was critical to landing these larger mackerel without getting bit off. Tide rips around these shallow bars in the passes has also produced ladyfish, jacks and even a few bluefish.

More and more tarpon are being sighted along with some of the first catches of this year reported. These early season fish have been very random with them popping up all over. This week, I ran into a few rolling fish at Fosters Point on North Captiva and then again a few days later on the clam leases in the middle sound. There are not close to as many fish here as when the migration is in full swing, like it will be in another month or so. But seeing the early season tarpon being active is very cool. It's certainly worth taking some tarpon tackle on your next outing just in case your lucky enough to run into these fish.

The shark bite has also been strong both out on the beaches and in the bay. Soaking cut baits in rocky channel and inside the passes in the deeper natural channels has been a good bet. Blacktips and bull sharks have been the majority of the species and are a blast to catch. With all the ladyfish in the sound right now, it's just a matter of catching a cooler of fresh ladyfish and working your way up the food chain.

Yet another cold front is forecast for



**Pete with a 36-inch snook caught on the last cast of the charter while fishing with Capt. Matt Mitchell**  
photo provided

mid-week as I'm writing this. Things will get messed up again for at least a few days until conditions gradually improve. Though this cold front is not forecast to be very cold, it will bring strong winds and small craft advisories which will keep anglers home for a day or two. As we are approaching April, we should be just about done with any more cold

fronts that temporally stall our quickly improving fishing.  
Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✱

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Dave Doane



## CROW Case Of The Week:

## Bald Eagle

by Bob Petcher



The bald eagle (*Haliaeetus leucocephalus*) is a bird of prey with a white-feathered head (no, it is not actually bald). When hunting and not stealing fish from hawks and other

birds, bald eagles glide just above the water and snag fish from right beneath the surface.

The United States' national bird relies on its excellent eyesight. In fact, the eagle eye is rated among the strongest of all animals. For instance, an eagle soaring at 1,000 feet up in the air is said to be able to spot a rabbit nearly two miles away, and its eyesight is reportedly estimated to be four to eight times stronger than that of the average human.

One secret to an eagle's long-distance vision appears to lie in its facial contour. The eyes of a bald eagle are angled at 30 degrees away from the midline of its face, which enables it to have a 340-degree field of vision. Interestingly, they can see both forward and sideways at the same time.

At CROW, a nestling bald eagle was found on the ground below its nest in St. James City on Pine Island.

At intake, veterinarians noted the eaglet had an obvious left eye injury. The eye was completely opaque and non-visual. The eaglet was also noted to be anemic, very emaciated and to have a high external parasite load. Veterinarians treated the parasites successfully with Sevin dust, a pesticide containing carbaryl.

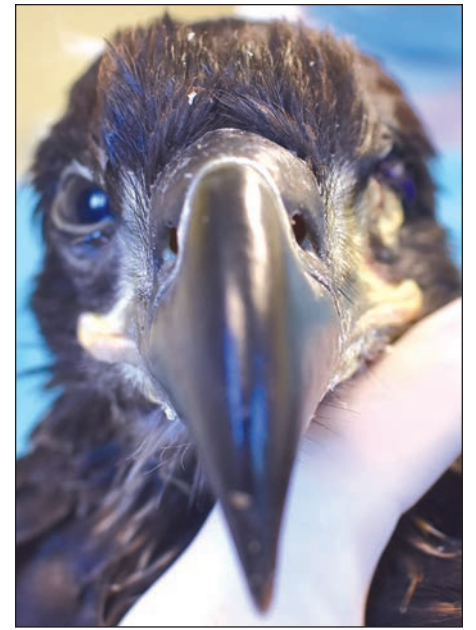
"When we admitted the eaglet, he/she had a heavy burden of external parasites," said Dr. Lela Larned, CROW veterinary intern. "When parasite loads are high enough, they can contribute to a lower blood cell count, transfer disease and be a drain on a patient's calories and hydration."

The patient was also given an IV catheter to provide fluids, and iron and B12 injections were administered for the anemia.

"The iron and B12 replenish building blocks that the body uses to create new red blood cells, accelerating the process. As we have repeated blood work, the eaglet has shown regeneration towards normal blood levels," said Dr. Larned. "Additionally, a special diet plan along with supplementation and eliminating the eaglet's parasite burden are also helping it to regenerate blood cells."

After a few days, the eaglet stabilized and was taken to surgery. The injured eye was removed, the socket was packed with a hemostatic sponge and the eyelids were sutured closed.

"As in any surgery, bleeding can occur when there is cutting," said Dr. Larned. "The sponge helps stop



Patient #19-0519 before and after its injured eye was removed photos by Brian Bohlman

bleeding very quickly, which is far safer for the patient on the operating table."

Since eagles rely heavily on their binocular vision for hunting, the young eagle will be non-releasable.

"An eagle with one eye would have a difficult time surviving in the wild, finding food, hunting successfully, avoiding obstacles and defending territory," said Dr. Larned. "Since we admitted the eaglet, we have been in touch with federal agencies that ultimately decide where he/she will be placed in a permanent home. Non-releasable eagles, particularly

young ones, match with a variety of placements where they might help to raise/foster fellow orphaned eagles, be trained as educational ambassadors, and even help other birds via blood donation."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).



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Shell Of The Week

# Lilac Auger



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

**T**erebra vinosa Dall, 1889 is a small auger snail that may reach 20 mm (about

0.8 inch). One of the main features that separate this species from other local augers is the shape of the whorl profile: the whorl in side view is concave, and different specimens show different degrees of concavity. The shell sculpture consists of about 22 axial (“vertical”) ribs crossed by flat, indistinctive cords. The species name alludes to the wine shell color, although some individuals may have whitish, cream, light-brown, or reddish-brown shells. Read more about local Southwest Florida mollusks and their shells at [www.shellmuseum.org/southwest-florida-shells](http://www.shellmuseum.org/southwest-florida-shells) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

## Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We



The Lilac Auger, *Terebra vinosa*

photo by James Kelly

are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit [www.shellmuseum.org](http://www.shellmuseum.org) or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).✧



A guided beach walk is offered each month

photo provided

## Free Guided Beach Walk This Saturday

Sanibel Sea School is offering a free guided beach walk on Saturday, March 23 from 9 to 11 a.m. All are welcome to join the organization’s marine science educators to explore what has washed ashore. They will talk about any interesting organisms and objects found

on the beach, share some basic shell biology, and answer any questions you might have.

Participants will meet at Sanibel Sea School’s flagship campus, located at 455 Periwinkle Way. This family-friendly walk is offered once a month at no charge and no reservations are required.

For more information, visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org) or call 472-8585.

Sanibel Sea School is a 501(c)3 nonprofit whose mission is to improve the ocean’s future, one person at a time.✧

Our email address is [press@islandsunnews.com](mailto:press@islandsunnews.com)

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Jerry’s Café Open Daily: 7am–8:30pm  
Jerry’s Foods Open Daily: 6am–10pm



Located on Casa Ybel and Periwinkle Way





# Celebrating

## THE ARTIST IN ALL OF US FOR 40 YEARS



Ikki Matsumoto



Pete Smith



Polly Matsumoto

In 1979, artists and dreamers, Ikki Matsumoto, his wife, Polly; Pete Smith and former Mayor, Mike Klein formed a nonprofit organization called The Barrier Island Group for the Arts (BIG ARTS). They dreamed of a home, but the wherewithal wasn't "in the cards" or the bank, so from 1979 to 1987 BIG ARTS home was the community. Artists of all stripes – musicians, painters, singers, potters -- met and performed wherever they could – and the audiences and artists grew. Their home "arrived" in 1987 and was a small cottage donated by the Naumann family and moved from the beach to its current home on land donated by the City. Today that tiny beach cottage is still home to BIG ARTS box office, Founders Gallery and administrative offices. A tented mobile stage jutted off the cottage and you brought your own lawn chair for seating!

They had a modest home, but no way to sustain it or meet the growing number of Sanibel and Captiva artists and audiences that flocked to the small site.

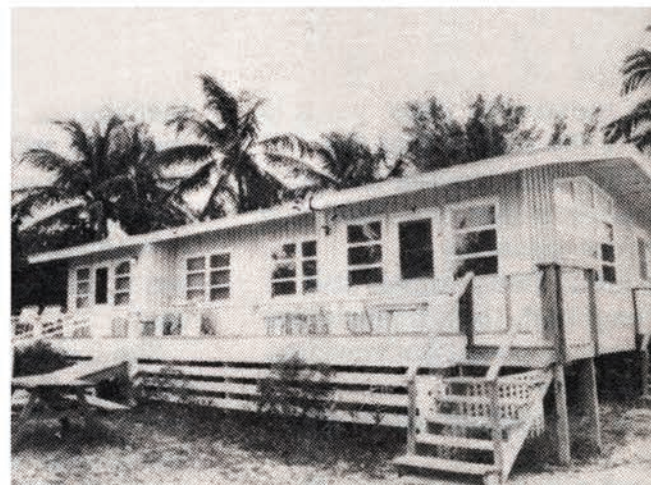
"We were artists not organizers or fundraisers. Interest kept growing but we didn't know how to manage it so we were so grateful when the Phillips stepped in to help," said Mike Klein.

Laverne and Bill Phillips – long time Sanibel residents and friends – tossed their hat into the ring and embraced the group they loved. They personally gave, and, more importantly, organized a community-wide appeal to create a gallery, meeting room, performance space, workshop classroom and fine arts show space all rolled into one. BIG ARTS Phillips Gallery broke ground and opened in 1990 with a show featuring a sculpture by Bob Rauschenberg.

The audiences, workshop participants and artists grew. Professional artists from all over the country began to come to BIG ARTS. It was clear that more was needed – particularly performance space.

The community once again rose to the occasion. BIG ARTS Schein Hall was dedicated in 1997 and accommodated 410 in moveable folding chairs. The community was thrilled. Hundreds heralded the hall's opening with a parade down Periwinkle Way. Even rain did not dampen the spirits of all who attended to open Sanibel and Captiva's only professional performing arts hall.

Original BIG ARTS home brought from the beach. Still Founders Gallery, box office and administrative offices today.





## WEST ENTRANCE OFF PARKING LOT

A broad driveway and well lighted walkways allow easy access and plenty of space to pull your car right up to the west doors off the parking lot facing the Historical Village; and plenty of handicapped parking. The lobby is a short walk down a sun-filled corridor visually connecting the west parking lot to the interior garden plaza. Stop to browse the exciting new artists' gift shop, enjoy a beverage before the show, and stroll directly into the performance hall ground floor, or take the elevator to your mezzanine seat.

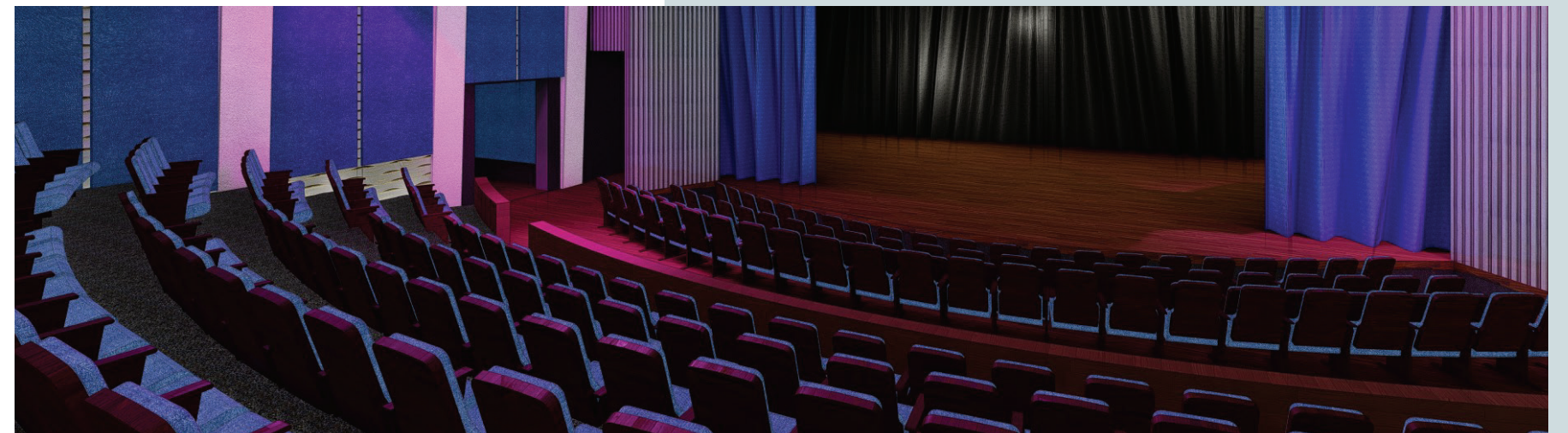
## PERFORMANCE HALL

The stunning BIG ARTS performance hall is an experience of exquisite sight, sound and physical comfort. Still a 410-seat "jewel box", the performance hall boasts a larger stage, a hydraulic lift seat section offering additional orchestra room and expanded stage space, state-of-the-art sound system, clear sight lines from everywhere, comfortable "cushy" seats and an "invisible" heating and cooling system delivering perfect, balanced temperatures at all times.

## EXTERIOR PLAZA GARDEN

A symphony of glass and light trumpets the beauty of Sanibel Island. Beautiful vistas can be seen from nearly every part of the building. A big bank of glass doors fold open to create a seamless flow from the garden to the lobby, performance hall, elevator, bar, social area, classrooms, offices and gallery.

A wonderful under the stars space for outdoor performances and gatherings.







# Give a Gift that Lasts a Lifetime

On April 1st, we will say goodbye to the buildings, but not to the heart of BIG ARTS: the volunteers, patrons and donors upon whose shoulders we stand and whose voices and spirit will echo throughout the halls of the warm and welcoming "new" BIG ARTS. Their passion lives on and their support is forever.

Let's take care of the dream together, honor what our community started decades ago, and assure that BIG ARTS continues as a uniquely Sanibel Captiva experience and an irreplaceable ingredient to the quality of life on the islands we love.

Please call anyone of the Dream Team members to see the many naming opportunities available and the ways in which you can join the dream and herald together the opening in January 2020 of the "new" BIG ARTS

## Dream Team

Jim Pigott,  
*Steering Committee Chair*  
239.472.2122

Ralph Clark,  
*Public Relations*  
239.344.9173

Mollie Avery  
706.766.2218

Gordon Coons  
630.337.8082

Tom Dunham  
502.435.1922

Steve Greenstein  
239.312.4001

Lisa Heidrick  
609.309.9974

Attila Molnar  
239.233.5922

Chip Roach  
610.937.2447

Don Rice  
210.638.1000

Ginny Stringer  
651.341.8870

Mike Wood  
239.246.2529





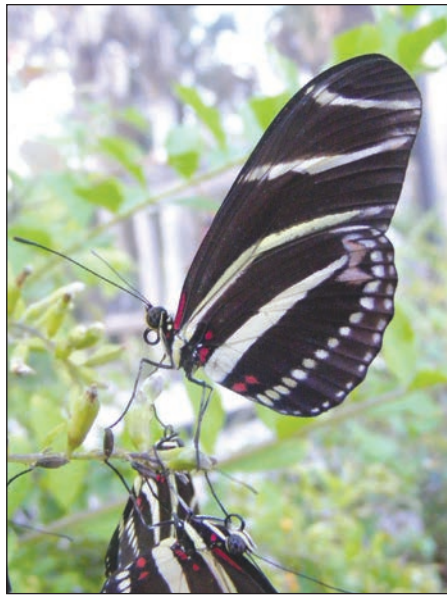
## Butterfly Release Tuesday At SCCF Garden Center



Gulf fritillary

photos provided

The Sanibel-Captiva Conservation Foundation (SCCF) is hosting a live butterfly release in the pollinator garden at the Native Landscapes and Garden Center at Bailey Homestead Preserve on Tuesday, March 26 at 2 p.m. Learn about out



Zebra longwings

the life cycles and larval host plants of the butterflies you will be releasing. Take home an SCCF laminated butterfly guide. Butterfly plants will be available for purchase. Cost of the program is \$20 and reservations are required through Eventbrite at [www.sccf.org](http://www.sccf.org), click on Resources, then Calendar. Limited to 25 people. For more information, call 472-1932.

SCCF Native Landscapes and Garden Center at Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel.✱

## Audubon Bailey Tract Bird Walk Saturday

The next bird walk of the Sanibel-Captiva Audubon 2019 season will be held on Saturday, March 23 at the Bailey Tract beginning at 8 a.m. Participants will meet at the back entrance of the Bailey Tract on Island Inn Road. Free parking is available. These bird walks are open to the public and all levels of experience. A \$5 donation is appreciated. For more information, visit [www.san-capaudubon.org](http://www.san-capaudubon.org).✱



Swallow-tailed kite

photo by Sam Huntington

From page 1

## Octifest Auction

transportation, provided by a Sanibel Sea School staff member.

"We know that parking and driving can present a challenge during this very popular event, so this package seemed like a nice solution to offer to bidders," said Octifest coordinator Chrissy Basturk. Beer in the Bushes features live music, craft beers from local breweries, wine and food trucks.

Octifest guests will also have a chance to bid on a rosé tasting and gourmet dinner for 10 at the new dining destination The Hampton Social, located in the Mercato Shopping Center in North Naples. The three-course menu with wine pairings will feature

fresh seafood and local ingredients. Transportation will also be provided by Sanibel Sea School to and from this experience.

Additional items include cast aluminum artwork by renowned metal artist Don Drumm, who spends much of his time on Sanibel, and an evening of stargazing led by astronomy enthusiast Robert Hunt. The stargazing – using a high-powered telescope – will be paired with cocktails and hors d'oeuvres.

New live auction items are being added to the list each day.

"We are still finalizing some of the details, but we can promise there will be plenty of items worth bidding on," said Basturk.

Tickets to Octifest are \$150 per person. Visit [www.octifest.org](http://www.octifest.org).✱



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**SHELLMUSEUM.ORG/BEACH-WALK**

The Museum will be temporarily closed for the first phase of its aquarium expansion. For information, call (239) 395-2233 or visit [ShellMuseum.org](http://ShellMuseum.org).



# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or [reservations@crowclinic.org](mailto:reservations@crowclinic.org). Hours are 10 a.m. to 4 p.m. Monday through Saturday. Daily presentations are offered at 11 a.m. and 2 p.m. Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m., and Wednesday, Thursday and Friday at 2 p.m. CROW is located at 3883 Sanibel Captiva Road.

**Friday, March 22, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Friday, March 22, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

**Friday, March 22, 2 to 3:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Friday, March 22, 2 p.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

**Saturday, March 23, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are



provided supportive care around the clock until they are old enough to care for themselves.

**Saturday, March 23, 2 p.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

**Monday, March 25, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Saturday, March 23, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

**Saturday, March 23, 2 p.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

**Saturday, March 23, 4:15 p.m.,** adults: \$10, ages 13 to 17: \$5, ages 12 and under no charge, advance registration recommended (seasonal program) – Speaker Series: Mollusks of Southwest Florida presented by Leigh Gay, education coordinator for Bailey Matthews National Shell Museum.

Bailey-Matthews National Shell Museum is the leading authority on Sanibel and Captiva shells, and its team offers insights into many of the shells that have played vital roles in history,

culture, art and design. During this talk, learn about the feeding strategies, reproduction, growth and ecological importance of Southwest Florida's mollusk species.

**Tuesday, March 26, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Tuesday, March 26, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

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CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

**Wednesday, March 27, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Have you ever come across wildlife in "distress" but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover rescue assessment as well as handling techniques.

**Wednesday, March 27, 12 to 1:30 p.m.,** \$35 per person, advance registration required (seasonal program) – Lunch & Learn with Dr. Barron.

Have lunch on the CROW campus with Hospital Director Dr. Heather Barron. Learn about the work at the clinic and how it is vital to Southwest Florida and beyond. Hear wildlife patient stories and end the program with a behind-the-scenes tour of the hospital.

Reservations include a boxed lunch catered by Sanibel Deli.

**Wednesday, March 27, 2 to**

**3:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Wednesday, March 27, 2 p.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

**Thursday, March 28, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, March 28, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

**Thursday, March 28, 2 to 3:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, March 28, 2 p.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.\*\*





Lauren Blickely, right, at work

photo provided

## Lecture Aims To Turn Tide On Plastic Pollution

“Five trillion plastic pieces are currently floating in the ocean,” said marine scientist Lauren Blickely. “Scientists estimate that plastics will outweigh fish in the next 30 years.” The Hawaii-based researcher will present two programs on Drastic Plastic – Turning the Tide on Plastic Pollution at JN “Ding” Darling National Wildlife Refuge on Friday, March 29 at 10 a.m. and 1 p.m., part of the 2019 “Ding” Darling Friday Lecture series.

“Recent research indicates that plastic is present in bottled water, sea salt and even beer,” said Blickely. “Though the negative environmental impacts of plastic have been studied since the 1980s, the global consumption of plastic goods continues to increase each year.”

Blickely’s lecture explores the impact of plastic on our lives and actionable steps we can take to decrease our personal plastic footprints. She combines science with advocacy, which helped lead the passage of local policies to outlaw plastic bags and Styrofoam take-out containers on Maui. Her current research is aimed at evaluating the effectiveness of single-use plastic policies such as bans against plastic bags and straws.

Published in *Marine Pollution Bulletin*, Blickely’s research has led to a better understanding of environmental factors that influence plastic pollution on Maui coastlines. She is a member of the Hawaii Marine Debris Action Plan committee and chaired sessions at the 6th International Marine Debris Conference.

HighTower/Thomas & Swartz Wealth Management sponsors the 11-lecture series with support from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures are held twice each Friday through April 12.

The season’s remaining schedule follows.

Lectures take place in the admission-free “Ding” Darling Visitor & Education Center. Seating is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items. Saved seats must be filled 15 minutes before lecture time or they will be assigned to the next in line.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to explore the Visitor & Education Center, Indigo Trail, Bailey Tract and recreational opportunities at Tarpon Bay Explorers, the refuge’s official recreation concession.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or log on to [www.dingdarlingsociety.org/articles/lecture-and-film-series](http://www.dingdarlingsociety.org/articles/lecture-and-film-series).

April 5 – Ornithologist Dr. Jerry Lorenz, *Flamingos & Spoonbills: Pink Canaries in a Coal Mine*

April 12 – Author Denege Patterson, *Five Islands Never Flooded: A Tour of the Islands of Pine Island Sound, Florida* (book signing to follow).✱

## Top Ten Books On The Island

1. *Good Girls Revolt* by Lynn Povich
  2. *If the Creek Don’t Rise* by Leah Weiss
  3. *Next Year in Havana* by Chanel Cleeton
  4. *Summer Wives* by Beatriz Williams
  5. *Daisy Jones and the Six* by Taylor Jenkins Reid
  6. *Italian Teacher* by Tom Rachman
  7. *Dead Ex* by Jane Corry
  8. *Daughter of Moloka’i* by Alan Brennert
  9. *Bookshop* by Penelope Fitzgerald
  10. *Where the Crawdads Sing* by Delia Owens
- Courtesy MacIntosh Books and Paper.✱



# Sanibel Historical Village

Sanibel Historical Village presents

## “The History of Periwinkle Park”

as told by the Muench Family



**Wednesday, April 10  
7 pm at The Community House**

**Tickets are \$10 per person.  
To purchase,  
call Emilie at 239-472-4648.**

**Don’t Hesitate!  
We expect a sell-out.**





### Fruit Sangria

1 bottle of fruit wine  
 1 to 2 cups orange juice  
 1 to 2 cups of berries, such as strawberries and blueberries  
 1 to 2 cups of cubed fruit, such as watermelon, passion fruit, papaya and mango  
 1 to 2 cups of sliced fruit, such as star fruit and muscadine grapes  
 1 to 2 cups ginger ale  
 Pour the wine and orange juice into a large pitcher. Add all of the cut fruit, except the berries. Place in the refrigerator to chill. Before serving add the berries and ginger ale. Serve in a tall glass over ice.✱



Fruit Sangria

photo courtesy Fresh From Florida

## LIVE ON THE ISLANDS

**Il Cielo** has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

**Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

**Traditions on the Beach at Island Inn** has live entertainment on Friday with Woody Brubaker and Marvella Marzan. Dusk performs on Saturday and Wednesday. Mike Arnone plays on Sunday and Monday. On Tuesday and Thursday, it's Woody Brubaker and Barbara Dexter.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.✱*

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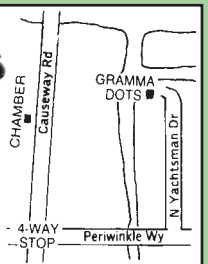


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## The Rules Of The Road: Navigating Near Channels



by Kealy McNeal

All paddlers should be aware of the most basic rules of the road when it comes to navigating our waterways, especially during the busy season when more boats are on the water. A common problem for paddlers is that we move slowly, which can make it tough to stay out of other vessels' paths. We also have a low profile on the water, which can make us less visible to others, even when we are in open water. Understanding how other boats navigate can help paddlers choose a course that minimizes our time spent in the path of larger, faster boats.

You will find colored buoys on

almost any waterway that sees regular motorized boat traffic. The red and green buoys are there to define the main channel, and are the safest path for powerboats to take. To remember where the channel is, use the rule of three "Rs" – red, right, returning, which simply means if you're paddling upstream on a river, or returning from open water, you'll want to keep the red markers on your right side and the green markers on your left to stay in the channel. The markers are intended for larger vessels, so if you stay between the buoys and the shore, you will be out of the way and less likely to encounter wake and turbulence.

We recommend avoiding the main channel if at all possible. Although you can expect most boat traffic to flow through this channel, smaller powerboats can travel through shallow water and are a lot less predictable, so they tend to present the most notable threat to paddlers. Stay close to shore and cross channels as quickly as possible to be safe.

Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit [www.oceantribepaddlers.org](http://www.oceantribepaddlers.org) or follow on Facebook to learn more.\*

## City Of Sanibel Vegetation Committee Guided Native Vegetation Tours At City Hall

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. The next tour will be held on Saturday, March 23 beginning at 10 a.m.

The next tour dates are Wednesday, April 10 and Saturday, April 27.

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer, and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to city hall, 800 Dunlop Road, in front of the main staircase. For more information, contact the City of Sanibel Natural Resources Department at [san.dnr@mysanibel.com](mailto:san.dnr@mysanibel.com) or



White peacock butterfly (*Anartia jatrophae*) photo provided

call 472-3700.

The City of Sanibel is a "walkable and bikeable" community and features one of the most extensive shared use paths in the state of Florida. Attendees are encouraged to take advantage of the natural surroundings on the island and bicycle to these events.

The Natural Resources Department section of the city's website, [www.mysanibel.com](http://www.mysanibel.com), offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.\*



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# Timeshare Icon Tells All In New Biography

submitted by Barbara Freeman

Keith Trowbridge’s life has been a rollercoaster ride, starting at ground level and painstakingly rising to dizzying heights, then taking a series of harrowing twists and turns, soaring upward and diving down, rising again, and at last coming to a level place. In *Time To Share*, the new book he wrote with Barbara Hill Freeman, the acknowledged “Father of Timeshare” starts at the beginning and traces his wild ride. There’s tragedy, comedy and drama, love and hate, rags and riches. It’s a primer on real estate development. It’s also a cautionary tale.

A natural-born storyteller, in *Time To Share*, whose subtitle promises to tell of his “adventurous life... and how he started a global real estate revolution on Sanibel Island, Florida,” Trowbridge introduces us to the people, places and circumstances that shaped him. It’s an inspiring, and at times shocking, story that begins in Sarnia, Ontario, with a large and colorful extended family, all part of a centuries-old farming and fishing dynasty. A childhood that might have led to menial work in a Canadian oil refinery instead fostered his innate qualities of determination and perseverance. He made good... and then some.



Keith Trowbridge with his book, *Time To Share* photo provided

The first in his family to attend college, he excelled in every way, gathering honors, enjoying exploits and activities, and gaining experience, first at Bowling Green State University (BGSU) and then at the University of Michigan, where he earned a PhD. All this while marrying in his junior year and having a young family to support.

And support them he did, by ingenuity and the sheer force of his personality. Starting small, he began buying housing and renting it to his fellow students. He learned the ins and outs of the real estate business and came up with ways to parlay one

success into others. At the time, it was just a way to make ends meet; but it set the stage for future ventures and adventures.

Even though his father had transformed himself, rising from a life of poverty to the ranks of million-dollar-sales stars in the Canadian life-insurance industry, Trowbridge decided he wasn’t cut out to sell insurance. Instead, he pursued a career in institutional research in the rarified world of academia. Positions at BGSU and Michigan led to a spot at the forefront of planning every aspect of Florida International University (FIU) in Miami during preparations for its inaugural year.

Along the way, he met people who influenced him to turn his full attention from academia to real estate. In the early 1970s, he decided that Sanibel Island, Florida was the place to start. With its popularity due to its climate, tropical beauty, beaches loaded with exotic shells and great fishing opportunities, Sanibel seemed the perfect spot to build a motel. After doing his research, putting in an enormous amount of effort, and raising financing, an oil embargo that made the relatively remote island an untenable vacation spot also made the motel project go bust.

Trowbridge rolled up the motel plans for the last time and turned his attention to other properties on the island, including condominiums. His instincts were sound, but again circumstances got in the way. Still, he came out ahead. Slightly.

It was then that he invented vacation ownership or interval ownership, which is now universally known as timeshare. This was the very first instance where buyers were able to purchase – not rent – a week at a resort and know that it was theirs year after year. Of course, he had to convince potential owners that this was not only a good idea, but also a “real” thing. His marketing methods as he and others recount them in *Time To Share* were ingenious and

often hilarious. Trowbridge formed the Captran corporation that grew by leaps and bounds, right along with the vacation ownership business. He built or repurposed resorts on Sanibel, Fort Myers Beach and elsewhere in Southwest Florida. Then he spread out to other areas of Florida, ski resorts in the western United States and across Canada, and the islands of the Bahamas and Caribbean.

Everything was going well until a lawsuit blindsided him and forced him to declare bankruptcy. After that disaster, he again found ways to rebuild his business. Over his long career, he’s made fortunes, lost fortunes, and made them again. He’s resilient and perceives failure as a challenge.

For the past 20 years, Trowbridge has been at the helm of Executive Quest, the “headhunting” firm he founded to match timeshare resorts with candidates for high-level positions worldwide. Recent placements are in Egypt and Vietnam.

Long a legend in the real estate industry, Trowbridge now looks back on an exciting life, first as a boy setting his sights on something better than he was given, and then as an exceptional student and leader, head of a large and fascinating family, mover and shaker on Sanibel, where he was a resident for 30 years, restaurant owner, conservationist, avid fisherman and boater, and even briefly a movie producer. He also drops a few names of famous people he’s met along the way, John F. Kennedy and Ted Turner among them, and tells about his experience being interviewed by Jane Pauley on *The Today Show*. It’s all part of how he spent his “dash,” the time between his birth and today: 1937-???

*Time To Share* is available in paperback (232 pages with 83 photos) at [www.Amazon.com](http://www.Amazon.com), Sanibel Historical Museum & Village, Bailey’s General Store, MacIntosh Books & Paper and at book signings across Southwest Florida.\*

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## City Accepting Applications For Safety Inspectors

The City of Sanibel is accepting applications for the position of structural safety inspectors (as needed) to serve on structural safety inspection teams for the city's damage assessment process in the event of a disaster or hurricane incident.

Structural safety inspectors will assess the overall property damage on the island, followed by a complete external damage report for each single or multi-family structure as to its

condition for occupancy.

Knowledge of building construction is essential. Applicants should be in excellent physical condition as actual work will require extensive walking under potentially arduous conditions in a hot and humid climate. Selected personnel will be required to complete approximately six hours of field training to include first aid and CPR. A medical physical examination, drug test and background check are also required and paid at the city's expense. Pay is \$25 per hour for training. Upon activation in the event of a disaster, the rate of pay is \$50 per hour.

Interested candidates can apply online at [www.governmentjobs.com/careers/sanibel](http://www.governmentjobs.com/careers/sanibel).✱

## Holocaust Survivors To Speak At FSW

Florida SouthWestern State College (FSW) will observe the 23rd annual Dr. Talbot Spivak Holocaust Memorial Week from Monday, March 25 to Friday, March 29 with a series of events that focus on the theme The Holocaust: Unheeded Warnings. Events are free and open to the public.

Local Holocaust survivors will speak about their experiences, the Gulfshore Playhouse will present the play *In Flight: The Story of Sabine*

Van Dam and FSW faculty will present on a variety of topics related to the Holocaust.

The Holocaust Museum & Education Center of Southwest Florida will bring the Holocaust Boxcar to FSW, which will be on display and open for tours through April 1 in the Building N parking lot at the FSW Thomas Edison Campus. The full schedule is available at [www.fsw.edu/holocaust](http://www.fsw.edu/holocaust).

The event is organized in partnership with the Holocaust Museum & Education Center of Southwest Florida, the Kenneth and Mary Ruth Stegman Endowed Chair, and Jewish Federation of Lee and Charlotte Counties.

FSW is located at 8099 College Parkway in Fort Myers.✱



**SCCF 239/472-2329 [www.sccf.org](http://www.sccf.org)**

**SCCF Nature Center — 3333 Sanibel-Captiva Road**

**Bailey Homestead Preserve — 1300 Periwinkle Way**

**Native Landscapes & Garden Center — 1300 Periwinkle Way — 472-1932**

## Walking Tours

### WEEDS & SEEDS

Explore the City of Sanibel's new Jordan Water Quality Treatment Marsh with this group of amateur botanists, armed with a plant list. Walk lasts about two hours. Please bring a hat, water, sun-block, and comfortable enclosed shoes with socks. Meet at the Nature Center at 8:30 a.m. Walks are free but donations to SCCF are welcome.

### BOWMAN'S BEACH WALK

Meet your SCCF guide at Bowman's Beach at the foot of the bridge to the beach. Walk towards Blind Pass, exploring the beach habitat, and then head back along the back dune/bayou trail, looking for shorebirds and gopher tortoises. Free to all but you must pay to park. Wednesday, March 27 at 9 a.m.

### TRAIL WALKS: EXPLORE

#### SANIBEL'S INTERIOR WETLANDS

Sanibel Island is a unique barrier island in Florida because it still has an interior freshwater wetland ecosystem. Walk Sanibel's interior wetlands and mid-island ridges and learn about native habitats, history and preservation efforts. Tues. - Thurs. at 11 a.m. at the Nature Center.

Info on all walks at [www.sccf.org](http://www.sccf.org)

## Tues - 26

### BUTTERFLY RELEASE AT SCCF NATIVE LANDSCAPES AND GARDEN CENTER

Join SCCF at the Native Landscapes and Garden Center for a live butterfly release in the pollinator garden. Learn about the life cycles and larval host plants of the butterflies you will be releasing. Take home an SCCF laminated butterfly guide. Butterfly plants will be available for purchase. Tuesday, March 26, at 2 p.m. \$20. Advance reservations required: [sccf.org](http://sccf.org), click on Calendar. Limited to 25 people.

## Thurs - 28

### TURTLE TRACKS

Sanibel Island had one of the first sea turtle monitoring programs in the country. Learn about the life cycles and habits of the sea turtles that nest on our beaches, SCCF's monitoring activities, and what we are doing to protect them. You can also learn more about the devastating impacts on sea turtles of this past summer's Red Tide, when 204 dead sea turtles washed up on island beaches between July and November. Thursdays at 10 a.m. \$5. Free to members and children.

### SHOREBIRDS OF SANIBEL & CAPTIVA

Join SCCF biologists to learn about the shorebird species that nest on our beaches, including snowy plovers, least terns and wilson's plovers. Learn how you can safely share the beach and help us protect our feathered friends. Thursday, Mar. 28 at 2 p.m. \$5. Free to members and children.

## SCCF at Work

Wildlife & Habitat Management Director and Herpetologist Chris Lechowicz and Biologist and Shorebird Coordinator Audrey Albrecht manned an information table at the Cape Coral Burrowing Owl Festival for a chance to talk about SCCF's work and specific Habitat projects.



The Johnston tract has the most productive ridge for gopher tortoises on Sanibel. However, parts



of it cannot be burned due to the lack of fire-lines in certain areas. Land Conservation Steward Victor Young just mowed out one of these areas and a gopher tortoise has already begun to use it.

## Thurs & Fri

This one-hour walking tour of the Bailey Homestead Preserve blends SCCF's work on the property, the history of the land and stories about the Bailey family, which farmed the land for three generations. Tour includes the Windmill, demonstration gardens, the Devitt Pond constructed by SCCF and entrance to the Bailey family home. Walking shoes recommended. Thursday and Friday, 10 - 11 a.m. 1300 Periwinkle Way, Meet at Conservation Gateway Kiosk at the head of the Shipley Trail. Walk is free but \$5 donation welcome. Call 472-1932 for more info.





Children and families staying at Casa Ybel Resort can now enjoy Sanibel Sea School's ocean education programs at their doorstep photo provided

# Sea School Announces New Partnership

Beginning in March, Sanibel Sea School will partner with Casa Ybel Resort to offer two weekly programs on the resort property. Guided beach walks and half day programs for kids will be open to both resort guests and the public. Guided beach walks, offered Tuesdays at 9 a.m., are led by Sanibel Sea

School's knowledgeable marine science educators, and provide an opportunity for participants to learn some basic biology, discover what has washed ashore and ask questions. "Each walk is different, because we never know what we are going to find," said educator Shannon Stainken. "We also do our best to tailor each walk to the group's interests." Half day programs for kids, scheduled on Thursdays from 1 to 4 p.m., are similar to those offered at the organization's flagship campus on Sanibel's east end, and each has its own

ocean theme. "We are so excited to partner with Casa Ybel, because their beachfront property provides great opportunities for ocean exploration. We look forward to showing their guests around the resort from a new, more biological perspective," added Stainken. For more information, visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org). To register for programs at Casa Ybel Resort, contact the front desk at 472-3145.

## Documentary Screening

On Wednesday, March 27 at 5 p.m., Sanibel Sea School will screen the award-winning documentary *Chasing Coral*. The film focuses on how climate change, sea level rise, and ocean acidification are affecting coral reef ecosystems worldwide. "This sounds like it could be a somewhat depressing thing to watch, but it's really not," said marine educator Shannon Stainken. "The filmmakers emphasize that it's not too late to save our coral reefs, and that it's still within our power as individuals to slow the rate of climate change. I actually found it to be uplifting and inspiring." Filmed over three years, the documentary *Chasing Coral* is a result of over 500 hours of underwater footage and submissions from 30 countries, with support from people around the world. It highlights the challenges today's reefs face and how we can mitigate them.

This event will be held at Sanibel Sea School, located at 455 Periwinkle Way. The film screening is free, but donations are welcome. Call 472-8585 to RSVP. To learn more, visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org).

## American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken this Sunday, March 24 from noon to 8 p.m. On the following Sunday, March 31, there will be a fish and shrimp fry from noon to 8 p.m. Every third Thursday of the month is Open Mic Night. Performers of all levels are welcome. Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play. On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. If you have a flag that needs to be retired, you can drop it off at Post 123. American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.



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## The Community House

## Apples



by Resident Chef Jarred Harris

The apple is a member of the rose family and related to almonds, apricots, cherries and plums. Apples are the third most popular fruit in the world, after bananas and mangos.

Originally from Asia, apples have been around since 6500 BC and there are over 8,000 different varieties grown worldwide. They range in size from a little smaller than a golf ball to as large as a softball.

Apples were the most favorite fruit of the ancient Greeks and Romans. They were considered a sign of opulence and traditionally eaten during celebrations. The Romans introduced apples to Europe and sometime later, the first recipe for apple pie was born. This recipe dates back to the early 1300s, from England. It includes instructions on creating a container or "coffin," made of flour, lard and water. This was the first pie crust and was probably inedible. It was merely used as a cooking vessel for the delicious apples baked inside of it.

The first colonists migrated to North America and brought apple seeds with them. The seeds were planted by the Massachusetts Bay Colony in 1629.

Apples contain malic acid, which is a chemical used in teeth whitening products that helps dissolve stains.

There are powerful anti-oxidants in apples, including quercetin, procyanidins, pectin and vitamin C. They are all found in the peel. Apples can also help improve your memory. They contain high levels of boron, which stimulates electrical activity in the brain and increases mental alertness.

Here is a wonderful spring recipe for you to try using apples:

**Apple Fennel And Jicama Salad****Ingredients**

4 apples (shredded)  
1 cup jicama (thinly sliced)  
½ fennel bulb (thinly sliced)  
½ red pepper (thinly sliced)  
2 cups mixed salad greens  
For the dressing  
¼ cup basil (shredded)  
¼ cup mint (roughly chopped)  
½ cup olive oil  
Juice and zest of 2 lemons  
4 tbsp. honey

**Method**

Add the dressing ingredients to a mixing bowl and whisk until well combined. Add the apples, jicama, fennel and red pepper. Mix until everything is well coated with the dressing.

Arrange the salad greens on a serving platter and top with the dressing.

*Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or*

*questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.\**

## Bridge Game To Raise Funds For Willoughbys

For many years, Susan and George Willoughby have been an island "bridge fixture," teaching, playing and running sanctioned games along with befriending many on the islands. Helping people become better bridge players was something they enjoyed.

Now they need help.

Susan is in ill health confined to Shell Point Pavilion. George is not doing well either. They are in need of some financial help.

All are invited to play in The Willoughby Fund Sanctioned Duplicate Bridge Game, or in a non-sanctioned bridge game, at The Community House on Thursday, March 28 from 12:30 to 4:30 p.m. The registration fee is \$10 per player. To RSVP, contact Jeff Moss at 203-770-0216 or email gsmklm@aol.com.

You do not have to play to donate. You can make a private contribution to The Willoughby Fund. Many have expressed interest in helping with an additional donation. Friends of the couple have opened a checking account with FineMark Bank at Shell Point. Checks can be made payable to Lee Cooper, FBO Susan Willoughby, and brought to The Community House on March 28. Checks

may also be sent to Lee Cooper, 5807 Turban Court, Fort Myers, FL 33908.

Likewise, checks could be taken to any FineMark Bank & Trust office for deposit to this account. The full name of the account is Henry Lee Cooper III, FBO Susan Willoughby. George Willoughby is the contingent beneficiary.

You can also give cash or write a check to George and Susan Willoughby directly, donated in person at the bridge game.\*

## Retailer Supports Human Trafficking Awareness

Human Trafficking Awareness Partnerships (HTAP) and the Eileen Fisher store on Sanibel sponsored a day to give to HTAP recently, which raised \$3,301. HTAP and Eileen Fisher have a long ranging relationship, working together on programs, such as the presentation of the film *True Cost* presented at FSW in January. The film shows the impact Eileen Fisher has in the production of high quality clothing made by well treated workers fairly and safely, using only environmentally safe materials.

HTAP will use the funding to support its youth programs which educate youth on many aspects of trafficking, including "fast fashion," which often mistreats the workers who produce clothing. HTAP teaches youth that their consumer decisions can make difference in the fight against slavery, just as Eileen Fisher's commitments have made a difference.\*

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# Flash Mob Detonates At Jerry's Market

by Jeff Lysiak

**B**obby's Tap Kids were at it again last week, performing an impromptu "flash mob" choreographed dance sequence to the surprise of several customers and work staff at Jerry's Market on March 12.

Under the tutelage of dance instructor Bobby Logue, 11 dancers – including Donna Oberhill, Jean Saunders, Joyce Ross, Joyce Rice, Nancy Goodwin, Kim Short, Dennis Eichner, Laurel Rosen, Lynn Quigley, Barbara Egan and Jeanne Hamilton – broke into spontaneous tapping to the classic tune *Puttin' On The Ritz*.

Later, the group "went into *Hee-Haw* mode," donning bandanas while dancing to the country-flavored song *Stuck*. According to the dancers, Jerry's Market manager John Tonsager was happy to have them perform at the Sanibel store again.

"The crowd loved it," said Hamilton, who hinted that Bobby's Tap Kids may be appearing in other places across the island in the near future. "You never know where we may be!"\*\*



Back row from left, Donna Oberhill, Jean Saunders, Joyce Ross, Bobby Logue, Joyce Rice, Nancy Goodwin, Kim Short and Dennis Eichner; front row from left, Laurel Rosen, Lynn Quigley, Barbara Egan and Jeanne Hamilton photo provided

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Book Review

Protecting Sanibel And Captiva Islands



by Di Saggau  
**P**rotecting Sanibel and Captiva Islands by Betty Anholt and Charles LeBuff is dedicated to the island's families, past, present and especially future. The conservation

story is a testament to those who have shaped Sanibel and Captiva islands and what is continuing to be done today. The authors review the evolution of the islands' conservation ethics and how it perseveres even today.

The history of conservation efforts on the islands involve a unique, long-established mindset of many conservationists. One name known to all is Jay Norwood "Ding" Darling who said, "Land, water and vegetation are just that dependent on one another. Without these three primary elements in natural balance, we can have neither fish nor game, wildflowers nor trees, labor nor capital, nor sustaining habitat for humans."

Fourteen chapters take the reader on a fascinating journey from the early

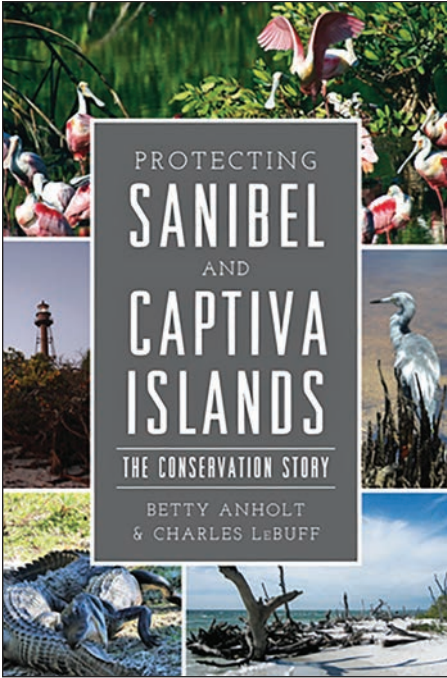


image provided

Spanish influence to island conservation efforts today. Sanibel became a city in 1974, comprised of 11,600 acres of uplands and wetlands. Archeologist Frank Hamilton Cushing explored the islands of Southwest Florida in the 1800s. He stopped at Sanybel, which translates to "South Level Port." Various other spellings were Sinnabel, Sanybal, Sannibal until they evolved to the spelling of Sanibel.

The fight for a lighthouse on Sanibel took nearly 50 years. In 1872, former

Florida lieutenant governor WH Gleason, wrote to the U.S. Congress in support of a lighthouse on Sanibel Island and Congress took note. In 1883, Congress finally appropriated funds, in the amount of \$50,000, and authorized construction of the Sanibel Island Light Station. The story of how it all worked out is a most interesting story.

The book is filled with numerous photos depicting the history and beauty of the islands. In the very early days, Sanibel was not considered an ideal place to live. Permanent resident families lived

under harsh environmental conditions with no indoor plumbing and electricity. When the first causeway was completed in 1963, allowing easy access from the mainland, residents knew more than ever that protecting the wildlife and natural beauty of the islands was of the utmost importance. These two islands are ecological marvels, and the history of how this came about can be found in *Protecting Sanibel and Captiva Islands*. The book was a labor of love by the authors, and I'm sure you will enjoy reading it as much as I did.\*

School Smart



by Shelley M. Gregg, NCSP

**D**ear Shelley, I've heard that math games are a good way to help kids review and practice math skills. I'd like to know some math games that are not

on the phone or computer. Do you know of any?

Rosemary C, Fort Myers

Rosemary,

Math games are a great way for kids to review math skills, social skills and problem-solving. A math game typically has the following elements: set rules and structure for play; a clear ending point or winning goal and obstacles; like competition from other players or an individual's score.

These elements are what make games fun. They require kids to choose and use strategies as they play, to problem-solve and to make decisions. When there are two or more players, those decisions also should take into consideration the moves other players make. The best math games focus on specific math skills and have just the right level of challenge.

Beyond just being fun, games have many benefits. They are a great change from pencil-and-paper schoolwork and can reduce academic stress. Kids are typically less self-conscious during a game because they're having fun and usually, they worry less about failing or making mistakes than they do with school-based math practice with reduces stress and

math anxiety.

Here are some other benefits of math games: kids can discover practical, real-life ways to apply math skills; kids who have differing levels of skills and problem-solving skills can learn from each other; kids can explore math in formats they know; and kids can test new strategies and ideas without feeling the pressure of being graded.

Math games aren't limited to skills like basic math facts. Games come in all levels and really help kids practice all kinds of math skills. Here are some different categories of math games that involve a variety of math skills:

Matching games ask kids to keep track of where they saw items and patterns. For example, Go Fish and dominoes let kids practice matching numbers and sets.

Mystery games ask kids to keep information in mind to use as a strategy for narrowing down to the correct answer. Consider games like 20 Questions, Clue or Guess Who? for these skills.

Spatial strategy games ask kids to come up with ways to move pieces to block or capture other pieces. This includes games like chess, checkers, Connect Four and Battleship.

Numerical strategy games involve removing, getting rid of or rearranging pieces to win. This includes games like mancala and Uno.

Resource management games, like Monopoly or Carcassonne, ask kids to think about how much money or resources (such as property) they have and how they can use them to get to a goal.

Remember that a good math game focuses on a specific math skill and has just the right level of challenge. Many

continued on page 37

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Sissi Janku in her home studio

photo provided

## Island Artist Showing 25-Year Retrospective

A retrospective exhibit of paintings by Sanibel artist Sissi Janku will be on display at The Community House, located at 2173 Periwinkle Way on Sanibel, during the month of April. The opening reception will take place on Tuesday, April 2 from 5 to 7 p.m. Thereafter, the exhibit may be viewed between 9 a.m. and 3 p.m. Monday

through Friday.

Janku first visited Sanibel in 1994 and quickly realized that the island would be her “forever” home. Since leaving Hawaii, she missed the island lifestyle and dreamed about living in a peaceful, tropical setting once more. On Sanibel, she was captured by the same magic and tranquility she enjoyed on Oahu.

Now, 25 years later, Janku is still inspired by the beauty of the island knowing that her first impressions have led to a wonderful life.

In her retrospective show, Janku invites you to follow her path through

different styles and themes explored throughout the years.

“As an artist, I want to be playful and try out new ways to express myself,” she said. “To continually paint the same style would keep me from growing and learning. The urge to explore has kept me curious and having fun.”✱✱

## April Happenings At Captiva Memorial Library

During the month of April, Captiva Memorial Library will offer the following programs and activities:

### Adults

History of the 1950s & 1960s Through Popular Music – 3 to 4:30 p.m., Wednesday, April 3.

Marc Black, recent inductee into the New York Chapter of the Blues Hall of Fame, has created an engaging and humorous program, and an opportunity for the audience to relive this colorful time in history. The presentation includes a wide range of popular songs including surprising favorites like *Itsy Bitsy Teenie Weenie Yellow Polka Dot Bikini*, great rock tunes like *Blue Suede Shoes* and moving folk songs like Bob Dylan’s *Blowin’ in the Wind*. The show also features a performance of his own group’s hit from 1967, *Happy By The Blades Of Grass*. This thought provoking, multi-media show is bound to get everyone singing and feeling

good about where they are and where they have been.

### Youth Services

Beautiful Spring! – (regular library hours) April 2 to 6.

Check out the picture book display about spring and make paper straw tulips to take home.

Celebrate April Holidays – (regular library hours, April 9 to 27.

Celebrate either Passover or Easter. Each holiday will have its own book display. Make a cute paper bunny to take home, and a toilet paper tube.

Merry Month of May – 10 a.m. to 6 p.m. April 30.

Celebrate May Day with books, and use recycled items to plant flower seeds and get your garden started.

### Online

At the LCLS website ([www.leegov.com/library](http://www.leegov.com/library)), patrons can click on “What to Read Next” and the link to “Staff Recommended Newsletters” then under “Kids and Teens,” click the link to “Exploring with Miss Naomi” to find Miss Naomi’s book recommendations for April holidays including Passover and Easter.

Stop by to read a favorite magazine or newspaper, find a good book, DVD or music CD, color, create a craft, do a puzzle or play a game of checkers.

Captiva Memorial Library, located at 11560 Chapin Lane, is open Tuesday and Thursday from 10 a.m. to 6 p.m., Wednesday from noon to 8 p.m., Friday and Saturday from 9 a.m. to 5 p.m., closed Sunday and Monday.✱

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Rick Goodrich's beer tap handle collection is on display at the library photos provided

# Virtual Reality, Beer Tappers And Storytimes

Weekly children's programs with Youth Service Librarian Deanna Evans continue in March at Sanibel Public Library. The full event schedule, which includes technology programs in virtual reality, is on the calendar at [www.sanlib.org](http://www.sanlib.org). Back by popular demand, more than 300 beer tappers are on display this month at the library. The tap handles

are part of a collection owned by Rick Goodrich of Sanibel. Experience Virtual Reality Google Paint or theBlu Underwater Experience on Friday, March 29 from 10 a.m. to noon. Patrons ages 10 and older can explore a vivid deep sea experience or create an artistic creation with Google Paint. First come, no registration required. Sanibel Public Library's Duane E. Shaffer reviews the 1941 Sinking of Bismarck and HMS Prince of Wales at 10 a.m. on Friday, April 5. He will repeat his program at 2 p.m. that afternoon. Japanese aircraft devastated allied naval

forces, sinking the battleship HMS Prince of Wales in the Pacific. Shaffer will also cover the Battle of Denmark Straits. Weekly Children's Schedule: Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. This program helps develop pre-reading skills through songs and stories. Geared specifically for children in fourth through sixth grade, the After-school Clique will meet on Wednesdays at 3 p.m. The group will be crafting, building, and playing, with books and a snack. The After-School Crew for children in kindergarten to third grades will meet

at 3 p.m. on Thursdays. If you love dogs and books, you can read to Bessie, a bearded collie and trained reading education assistance dog. At 3:45 p.m. on rain-free Thursday afternoons, sign up on-the-spot; program finishes by 5 p.m. No registration is required for weekly children's programs. The public is invited to these programs. There is no registration required and no additional cost to participate. Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).

# March Photo Contest Winner

The winner of the RS Walsh Landscaping March photo contest is Marianne Pasqual. The theme of the contest was Palms in Black and White. Submitted photos were posted on the RS Walsh In The Garden Facebook and Instagram pages and at the company's Sanibel garden center. Visitors to the Facebook and Instagram pages and the garden center were able to vote on their favorites. Pasqual's photo received the most votes. The photo was taken on Sanibel at Island Inn. She said right after she took the photo, she and her mother enjoyed the hammocks, and the palm trees provided just enough shade to sway in the sun. She will receive a \$50 gift certificate to In The Garden. Honorable mentions go to Marletta Short, Laurie Hafener, Darrell Burton and Cliff Beittel. The theme for April is Living Life on the Wild (Life) Side. The deadline for entries is April 1. Submissions should include the photographer's name, phone number, location of the photo and a short story behind the picture. Submissions can be emailed to [inthegarden@rswalsh.com](mailto:inthegarden@rswalsh.com). RS Walsh In The Garden - Retail



Winning entry by Marianne Pasqual photo provided

Garden Center & Outdoor Showroom, located at 3889 Sanibel-Captiva Road (across from The Sanibel School), is open Monday through Friday from 10 a.m. to 4 p.m. and on Saturday from 9 a.m. to 1 p.m. For more information, call 395-5859 or visit [www.rswalsh.com](http://www.rswalsh.com).

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Messiah College Concert Choir

## College Choir And Chamber Singers In Concert

The Messiah College Concert Choir and Chamber Singers, under the direction of conductor Dr. Joy Meade, will present a concert of sacred and secular music at Sanibel Community Church on Sunday, March

24 starting at 5 p.m.

The choir's 2019 tour, March 20 to 25, will take the 45-member group to churches and schools in Florida. CDs will be available for purchase, including the ensemble's newest release, *Music Down in My Soul*. The tour will officially conclude on March 31, when the choir presents its home campus concert in Parmer Hall, in the Calvin and Janet High Center for Worship and Performing Arts at Messiah College.

The Concert Choir and Chamber

photo provided

Singers will perform a program titled *So Loved*. The repertoire of both sacred and secular works spans a variety of musical styles and narrates many ways that God has revealed his

love to the world. Selections include traditional hymns, Lotti's *Crucifixus*, Davies' *Songs from the Ark*, Gibbs' spiritual arrangement *Ain't a that Good News*, Brahms quartets, The Beatles tunes and bluegrass.

Sanibel Community Church is located at 1740 Periwinkle Way.✱

From page 34

## School Smart

board and card games, like Uno and Monopoly, can help kids with math, and there are many types of math games, from matching to resource management, that can help your child practice different skills.

This column was adapted from [www.childmind.org](http://www.childmind.org), Math Games.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✱



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# Highlights From CHR's Give Back Wednesday At Sanibel Café



From left, Gabriela Bell, Bonnie McCurry and Mona Strasser



photos provided Joy Wright and Mary Lou Bailey



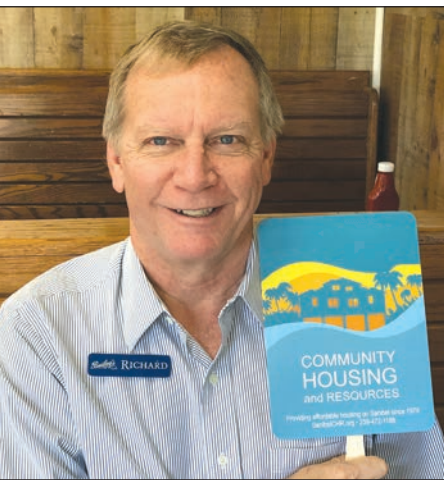
Melissa Rice and Jeff Lysiak



Richard McCurry and Kevin Ruane



Calli and Bailie Johnson



Richard Johnson



From left, Linda Robison with Pam and Nancy Dreher



Barefoot Charley Ball



From left, Richard McCurry with Margot and Gary Long



From left, Connie Copeland, Carolyn Copeland, Dr. Chris Copeland and Dr. Kip Copeland





Melissa Rice and Doreen Ruane



Kevin and Tracey Jolicoeur



From left, Roger Grogman, George and Lynne Campeon, Karen Storjohann and Holly Smith



From left, Dorothy Sawyer, Marilyn Muricroft, Bunny Ospa, Nancy Cleare, Joan Sperry, Mary Ann Gilhooley, Mary Ryan and Kate Fitzer



From left, Dan Schuyler, Kimberly Salerno, Karen Bell, Kalliopi Alvarez and Haley Carter

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## CROW Care Facility Dedicated To Volunteer

by Jeff Lysiak

In a touching ceremony held at the Clinic for the Rehabilitation of Wildlife (CROW) last Tuesday afternoon, a room devoted to the care of Virginia opossums located on the first floor of the wildlife hospital was officially dedicated to the memory of longtime volunteer Ann Arnoff.

On March 12, two dozen invited guests and CROW staff members gathered to witness the ribbon-cutting ceremony of the hospital's new Virginia Opossum Room, which contains a dozen patient cages (which can be adjusted in size to accommodate a mother opossum and her babies), three incubators and a spacious patient treatment area.

CROW Executive Director Alison Hussey welcomed the group to the facility before introducing Susan Arnoff Spohr and Rachel Spohr, the daughter and granddaughter of Ann Arnoff. According to the family, Ann – who passed away in September 2017 – began her tenure of volunteering at CROW sometime between 1988 and 1989. She continued working at the clinic for the remainder of her life.

“My mother worked diligently for decades on behalf of CROW in support of its mission,” said Susan Arnoff Spohr.



A painting of Ann Arnoff holding an opossum was created by Charles Lister

photos by Jeff Lysiak

“Whether it was folding towels or feeding babies or giving lectures in the old education center or chairing Taste of the Islands or serving as president of the board, all these were done with commitment and love for CROW and the animals being cared for.”

According to Arnoff Spohr, Ann had a special bond with opossums... especially one patient nicknamed Stanley. “The look on her face when



Susan Arnoff Spohr and Rachel Spohr, the daughter and granddaughter of Ann Arnoff, cutting the ribbon for the Virginia Opossum Room at CROW

she held Stanley was one of true peace... the bond visible for all to see,” she added, noting the painting created by friend Charles Lister. “Having an opossum room equipped with incubators to improve their survival rates was the quintessential way to honor her memory.”

As if by fate, the first juvenile opossum to be treated in the new space

was admitted last Tuesday morning. Dr. Heather Barron, CROW's hospital director, explained that the baby opossum was found in Cape Coral on March 11, discovered abandoned and living in a dryer vent.

“He was warm and toasty in there,” said Dr. Barron. “He’s about a week old. We gave him some mashed bananas

continued on page 16B




A one-week-old newborn opossum was admitted to the clinic last Tuesday



Wildlife rehabilitator Breanna Frankel, left, explaining how the incubators operate inside the Virginia Opossum Room






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Yve Morrell spoke about her Big Year birding experiences photo by Jeff Lysiak

## Birder Shares Big Year Experience

by Jeff Lysiak

On March 8 at the JN “Ding” Darling National Wildlife Refuge Visitor and Education Center, acclaimed birder Yve Morrell took part in the refuge’s Friday Lecture Series on International Women’s Day, sharing details of her experience participating in – and winning – the North American Big Year 2017.

The title of Morrell’s lecture was 800 is the New 700: My Big Year Journey to 816 Species in the New ABA (American Birding Association) Region.

For those of you not in the know, the Big Year is an informal competition among birders to identify as many species of bird by sight and sound as they can within a calendar year. During her 50-minute presentation, Morrell – a former resident of Naples who moved to Georgia recently – discussed her upbringing and fascination with birds, making the decision to take part in the Big Year challenge, and what it takes to become a world-class birder.

“My motivation to take part in a Big Year was two-fold,” Morrell told the standing room only crowd. “First, I was gonna turn 60, and then my life kinda came together and allowed me to devote a year to birding.”

In 2016, Morrell took part in Florida Big Year and spotted 326 species of birds in only seven months. That number exceeded the total number of birds she saw during her 13 years living in the Sunshine State.

“Tomorrow starts what may be the most incredible year of my life as I take this show ‘on the road’ and attempt a North American Big Year for 2017,” she wrote on her birding blog, The Dancing Birder, on December 31, 2016. “There are 914 wild bird species in North America. Many birders hope to break the 700 barrier in their lifetimes; I have to do this in one year.”

Pointing to a map of North America on the screen behind her, Morrell



Vermilion flycatcher photo courtesy Yve Morrell

noted that the states she visited most frequently during her year-long journey included Florida, California, Arizona, Texas and Alaska. That’s because those areas are home to some of the more rare bird species. “If you don’t chase the rarities as they show up, you’re not going to get the numbers,” she said.

Beginning her quest in Florida, she visited 16 locations on day one. By January 5, she had already spotted four rare species, giving her an early edge in the competition. From there, Morrell covered more than 127,000 miles by air, 30,000 miles by car plus an additional 20 days at sea to capture pelagic species.

While visiting Alaska, she met Lynn Barber, who in 2005 spotted 723 bird species, becoming the first female Big Year participant to exceed the 700 mark. “Alaska is one of the most spectacular, pristine places on the planet,” she recalled, noting that she spent 52 days of her Big Year there. “And I had never wanted to visit Alaska before.”

Throughout her lecture, Morrell showed some of the photographs she took during her Big Year, explaining that those images helped confirm some of the rare species she spotted during 2017. “I’m proud that I was able to photograph about 70 percent of my Big Year birds,” she said, adding that by December 1, she was five birds behind

continued on page 9B



# Zonta Wants Your Donations Next Saturday

submitted by Sue Denham

The Zonta Club of Sanibel-Captiva does not rest. As they put the finishing touches on another successful Peek at the Unique fundraiser, members turned their attention to service. The 4th annual Community Collection Day is set for Saturday, March 30 from 10 a.m. to noon in the Sanibel Congregational United Church of Christ parking lot, located at 2050 Periwinkle Way. The event will benefit local nonprofits with which the club has a service relationship, all of which work to improve the lives of women and girls.

Members of the public are asked to bring gently-used and new items for these groups to use in their missions to empower women – a goal shared by Zonta. All donations are tax deductible within IRS rules; Zontians will be on hand to collect items and issue tax receipts. Clean out your closets, drop off donations, and help women in our community. Visit [www.zontasancap.org](http://www.zontasancap.org) for more information.

Following is a partial list of items requested:

Abuse Counseling & Treatment of Fort Myers (ACT): Toiletries of all kinds, new twin size bedding, towels, washcloths, baby wipes and disposable diapers, pots,



Zontians at Sanibel Congregational United Church of Christ on Collection Day 2018

photo provided

dishes – everything to set up home when you have nothing;

Community Housing & Resources (CHR): Baby strollers, toddler clothes, toys, diapers;

Dress for Success: Women's career clothing (in very good condition), women's shoes and handbags;

Habitat for Humanity/Women Build: Hardware (doorknobs, nails, screws, nuts and bolts), new cans of latex paint, power tools that work, hand tools, artwork and framed mirrors, kitchenware,

small appliances, area rugs, floor lamps; complete list at [www.LeeHendry.HabitatRestores.org](http://www.LeeHendry.HabitatRestores.org);

Head Start Parent University (ESL): Children's books, alphabet flash cards, bingo games, primary activity workbooks; Human Trafficking Awareness Partnerships (HTAP): Art gift kits such as "Learn to Sketch" or sets of permanent markers, flip charts (new or partial), large sketch pads, colored pencils, new art brushes, plastic or vinyl tablecloths, flat sheets and drop cloths, large strong trash

bags, painter's tape (full rolls or partial);

PACE Center for Girls Lee County: Dresses for annual Love That Dress fundraiser;

SalusCare: Games, books, arts and crafts materials, sporting goods (balls, gloves, etc.), women's career clothing;

Trailways Camp: Fishing poles and supplies, fabric and regular markers, decorative stickers, acrylic paints, paper towels, Styrofoam cups and trays, facial tissue, colored pencils, bath towels, overnight toiletries.✱



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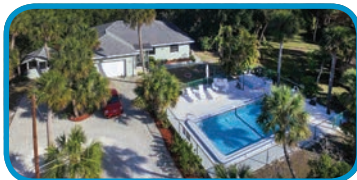
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**836 Donax St.**



This 3 BR, 2 BA family home overlooks the Sanibel River and allows for weekly rentals. Living room, dining and kitchen combo have French door access to the screened back porch with lush vegetation and abundant natural light. Community pool; easy walking distance to beach access.

**\$575,000**

**3941 Coquina Dr.**



New! New! New! Completely renovated 3 BR/2 BA ground level home with enclosed salt water pool. Short walk to beach. Great room AND den with fireplace; impact glass, new electrical, plumbing, irrigation and more! A must see home, ready for a new owner.

**\$849,000**

**4014 West Gulf Dr.**



Brand new custom home across from beach access. 4 BR/3BA home, large acre+ lot. Impact glass, glassed elevator, gourmet kitchen, gas cook top and stainless appliances. All rooms access screen enclosed decks overlooking oversized salt water pool and native vegetation. Gulf views; an exceptional home! Gulf view, an exceptional home!

**\$3,699,000**

**Sandpiper Beach #303**



Beautifully updated corner unit with vaulted ceilings and gulf-front and pool views. Fully outfitted for rental with great rental income history.

**\$785,000**

**678 Durion Ct.**



Beautifully remodeled... 3BD/2BA lake home. Located in East Rocks. Living/kitchen area boast beautiful lake views. New stainless appliances, freshly painted, new baths, and more! Priced to sell.

**\$749,900**

**Sandfoot #3C1**



Beautiful 2 BR, 2 BA unit with walk-out to the pool and beach. Updated, the kitchen features custom cabinetry, granite counter tops and stainless steel appliances, both bathrooms have been remodeled and the unit has an open floor plan.

**\$699,000**

**Seashells of Sanibel #36**



2-BD/2-BA second floor unit! Great rental income with 3-day minimum rentals! Conveniently located and just a short walk from some of the finest, unspoiled shelling beaches in the world, this complex is an ideal West Gulf Drive location.

**\$380,000**



**GULF FRONT****3767 W. GULF DR., SANIBEL**

- Beach Estate w/Magnificent Views
  - Private Enclave Situated on 1 Acre
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**NEAR CAPTIVA BEACH****11523 ANDY ROSSE LN., CAPTIVA**

- Steps to the Beach
  - 5 BR, 5.5 BA, Pool & Spa
- \$2,295,000**      **MLS 218055240**  
**McMurray & Nette 239.281.4435**

**GULF & BAYOU VIEWS****6071 SANIBEL-CAPTIVA RD., SANIBEL**

- Remodeled 5 BR, 4 BA w/French Country Decor
  - Gorgeous Private Setting, Screened Pool/Spa
- \$1,995,000**      **MLS 218082648**  
**McMurray & Nette 239.850.7888**

**THE DUNES CC****1243 SAND CASTLE RD., SANIBEL**

- Radiant 4 BR, 4 BA, Pool & Fireplaces
  - Indoor/Outdoor Living for Entertaining
- \$1,150,000**      **MLS 218084313**  
**Maureen Ahmed 239.839.7250**

**THE DUNES CC****9027 MOCKINGBIRD DR., SANIBEL**

- Lake View, Gorgeous Sunsets
  - 4 Bedrooms, 3 Bathrooms
- \$799,000**      **MLS 218050671**  
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**SAND POINTE****2737 WEST GULF DR. #132, SANIBEL**

- Remodeled Top Floor, 2 BR, 2 BA
  - Vaulted Ceilings, Large Open Kitchen
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**BEACHVIEW CC ESTATES****1199 PAR VIEW DR., SANIBEL**

- 3 BR, 2.5 BA, Near Beach, Pool Home
  - Southern Exposure w/Golf Course Views
- \$999,000**      **MLS 217073462**  
**Cindy Sittton 239.810.4772**

**SUNDIAL BEACH RESORT****1501 MIDDLE GULF DR. #J204, SANIBEL**

- Gorgeous Gulf of Mexico Views
  - 2 Bedrooms, 2 Full Baths
- \$793,000**      **MLS 219007023**  
**Brian Murty 239.565.1272**

**SOUTH SEAS ISLAND RESORT****2112 GULF BEACH VILLAS, CAPTIVA**

- Great 1 Bedroom Beachfront
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- \$517,900**      **MLS 219004339**  
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**BY THE SEA****2611 W. GULF DR. #C102, SANIBEL**

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  - Direct Gulf, 3 BR, 2 BA, Granite Kitchen
- \$1,595,000**      **MLS 218078824**  
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**BEACHVIEW CC ESTATES****1244 PAR VIEW DR., SANIBEL**

- Remodeled, Open Floor Plan w/Views
  - 4 BR, 3 BA, Stunning New Master BA
- \$995,000**      **MLS 218021869**  
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**EAST ROCKS****566 BOULDER DR., SANIBEL**

- Updated 3 BR, 2 BA, Near Beach
  - Spectacular Pool, Lake Views
- \$779,000**      **MLS 219002114**  
**Sharon Kotttraba, Lomano-Nicholson Team 804.240.3115**

**BELLE MEADE****9228 BELDING DR., SANIBEL**

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**BEACHFRONT****6477 SANIBEL-CAPTIVA RD., SANIBEL**

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**BEACHVIEW CC ESTATES****829 BIRDIE VIEW PT., SANIBEL**

- Furnished 4 BR, 3.5 BA, Golf Course Home
  - Sparkling Pool w/Southern Exposure
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**CLAM BAYOU****5659 SANIBEL-CAPTIVA RD., SANIBEL**

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- Steps to Beach, Marina & Restaurants
- **\$1,195,000**

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- Western Exposure, Wonderful Sunsets
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## DIRECT ACCESS- 150 FEET OF FRONTAGE WITH BIG VIEWS



- Great Boating Lot w/Dock & Lift
- Western Exposure, Direct Sunset View
- Almost 1 Acre, Borders Preserve
- Convenient to Sanctuary CC
- **\$1,360,000**

## CHARMING BEACH COTTAGE



- 3 BR, 2 BA, Family/Dining Area, TV Room
- Peaceful Vintage Island Getaway
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- Many Improvements w/Original Character
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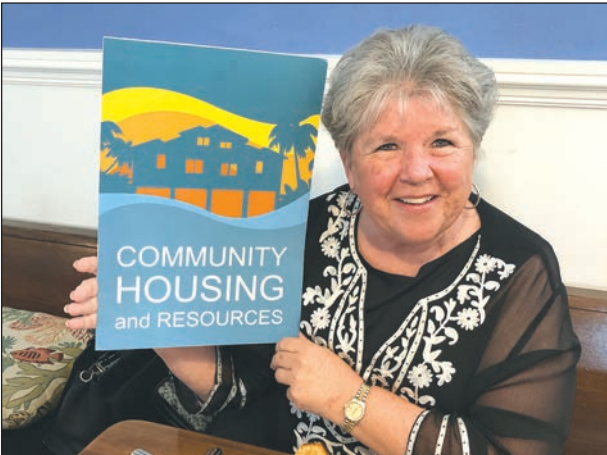
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# CHR's Give Back Wednesday At The Normandie At West Wind Inn



Jean Baer photos provided



Susan Andrews



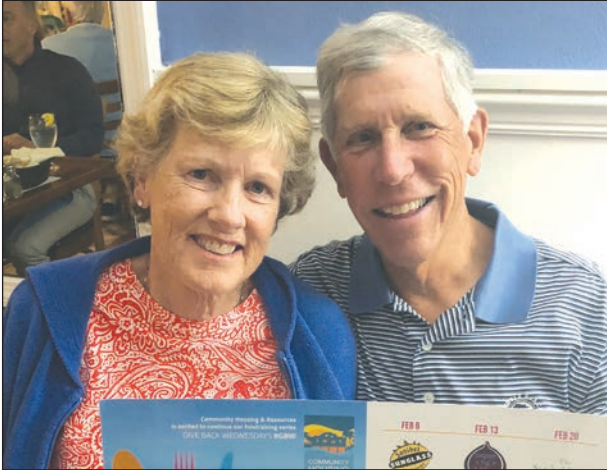
Arlene Dillon and Paige Babcock



From left, Terrie Kielborn-Jennings, Jim Jennings and Delores Carter



Steve Greenstien and Tony Lapi



Amy and Jim Clapp

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Beautiful gulf views from the screened lanai are waiting at this 2bd/2ba Condo. Great island location close to everything and being sold fully furnished.

Listed at \$625,000

**CANAL-FRONT HOME WITH BEACH ACCESS! SANIBEL EAST END**  
Beautiful canal front home with beach access on Sanibel's east end on an oversized lot. Walk to the beach or take your boat out to the Gulf of Mexico to fish and explore. This is truly a happy home with 3 bedrooms, 2 baths with wood floors, volume ceilings, updated kitchen and baths and a dream come true with wonderful canal views.  
**Asking price is \$949,000**

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# Sweet Spring Deals



## Gumbo Limbo Inland Lot

9441 Peaceful Dr on back circle overlooking conservation land & sunset views. Handy to causeway, bay, beaches, & shopping. \$249K



## Gulf Shores Near-Beach Pool Home

Split-plan ground-level 4-bedroom w/waterside pool, spa, & outdoor kitchen. Now vacation home, would be great rental too. \$849K



## Belle Meade Inland Lot

On private Kincaid Ct with conservation land view across street. Convenient to school, rec center, wildlife refuge, & bike path. \$149K



## Moonshadows Gulf-Front Home

3 bedroom with great room, plus family room & this beachside lanai in unique community on Middle Gulf Dr w/shared tennis & pool. \$1.549M



## Pointe Santo Gulf-Facing Condo

Top-floor 3 bedroom w/private roof-top deck & years of income. Mini-resort w/building restoration project almost complete. \$1.035M



## Sanibel Arms West Gulf-Front Condo

1st level w/sunrise views, plus new baths, open kitchen, washer/dryer, impact sliders! Low fees, easy on-site rentals ~\$70K+/year. \$874K



## Sanibel Harbour Bay-Front Home

This is "before" picture. Undergoing renovation w/modern upgrades in & out. Getting new roof now. Waterside pool, plus dock w/lift. \$3.495M



## Shell Harbor Canal-Front Home

Fully-remodeled bright white ground-level split-plan w/wall of windows in great room. On deep-water canal w/dock & lift. \$2.295M



## Signal Inn Gulf-View Condo

Updated 1/2-duplex 1 bedroom w/covered parking & storeroom below. Grossing ~\$60K/year in pet-friendly rental program. \$499.9K

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# Immigration Justice Discussed At League Lunch

submitted by Christine Schluter for League of Women Voters of Sanibel

Did you know that illegal immigration into the United States is less than zero percent? (More illegal immigrants are leaving the U.S. than entering, and this has been true since 2007.) Or that foreign immigrants have an outside positive impact on Florida's economy?

These and more surprising facts were presented at the League of Women Voters of Sanibel luncheon on February 21. The speaker was Indera DeMine, Esq., a nominee for Fort Myers' Young Professional of the Year. She is an immigrant and immigration attorney practicing in Fort Myers.

We learned that 21 percent of Florida's residents are foreign immigrants. They make up 26 percent of Florida's labor force and are essential to a range of industries in the state. Immigrant-led households in Florida paid \$17 billion in federal taxes and \$6.4 billion in state and local taxes, and Florida's undocumented immigrants paid more than \$598.7 million in state and local taxes in 2014.

Florida's immigrant entrepreneurs accounted for 30.7 percent of all self-employed Florida residents and generated \$5.6 billion in business income (2015 figures). Seventy-five percent of



Indera DeMine photo by Maree Elowsen

these immigrants arrived legally, and more than half of all immigrants in Florida are naturalized citizens. Foreign immigrants account for about half of the state's population growth each year and this trend is forecast to continue at this level. Fortunately, immigrants – especially undocumented immigrants – are more likely to be in the workforce and much less likely to commit a crime than native-born citizens of the U.S.

Moreover, undocumented immigrants, including DACA holders, are ineligible for most federal public benefits and are much less likely to receive welfare than U.S. natives.

DeMine's family had been rice farmers in Guyana, with no electricity or running water; the children often missed school because of fear of violence. When she was about 12, her parents moved to the city, where her father drove a cab and was lucky enough to become the personal driver for a staff member of the U.S. Embassy in Guyana. This person befriended the family and assisted them in obtaining visas. The family sent DeMine (then 15 years old) and her brother (age 16) to live with an aunt in the Bronx. There was no one to help the teenagers integrate into America. Her brother started working immediately, while she took English as a second language and went to school. Like DeMine, her brother is now a college graduate and is employed professionally. Unlike DeMine, her brother is not yet a citizen, but is a Dreamer (DACA) and, like other DACA recipients, could be subject to deportation.

DeMine noted that it is virtually impossible for families like hers, with little education or money, to enter the U.S. legally. Gaining entrance by filing a petition takes 15 to 20 years, with waits for those from Mexico, India or China averaging about 23 years. She said that she and her family recognize their extraordinary good fortune, and they hope to give back even more than they have received from this country.

The League of Women Voters of Sanibel presents educational programs each month during season. For more information, visit [www.lwvsanibel.org](http://www.lwvsanibel.org).

# Red Cross First Aid Certification

On Friday, March 29, Sanibel Sea School will offer an American Red Cross First Aid, CPR and AED certification course. For course details and requirements, visit the American Red Cross website at [www.redcross.org](http://www.redcross.org).

The American Red Cross First Aid certification course will be taught from 9 a.m. to 3 p.m. Cost is \$70 per participant. Call 472-8585 for more information and to register. Sanibel Sea School is located at 455 Periwinkle Way.

# Thoughtful Movement Class

What if you were able to move through your day effortlessly, comfortably feeling light and free in your body? Imagine not feeling restricted by tightness in muscles and joints, not weighed down by gravity.

Explore healthy posture and movement with Marva Sletten, PT, certified Trager practitioner, on Thursday, March 28 from 9:30 to 10:30 a.m. at The Community House, located at 2173 Periwinkle Way on Sanibel.

For more information, contact Sletten at 910-7577 or visit [www.thenatureofwellnessflorida.com](http://www.thenatureofwellnessflorida.com).

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Swallow-tailed gull

photo courtesy Yve Morrell

From page 2B

## Big Year

that year's top birding participants, brothers Victor and Ruben Stoll.

"They told me, 'We know you're gonna win the women's division,'" Morrell told the crowd, who gasped at the chauvinist comment. From that point on, Morrell was even more determined to win the competition. She traveled more than 30,000 miles in December alone, adding 10 more rare species over the final few weeks including the dusky thrush and green-breasted mango. Her tenacity helped her surpass the birding brothers and take the lead in the year-long race.

Over the last few days of 2017, Morrell traveled to all four corners of the United States, adding five more rare bird species. They included the loggerhead kingbird on December 30, spotted in Miami. It was her last recorded bird species of her Big Year. But with another day left in the competition, and a report out of Texas that a blue bunting had been spotted, Morrell was determined to add one more to her tally.

On December 31, she flew from Miami to Texas hoping to witness the blue bunting in person, but it was not to be. However, she finished her Big Year with an impressive 816 species spotted, becoming the first woman to win the North American Big Year.

"It was the hardest thing I've ever done," added Morrell. "The experience is something no one – no man – can ever take away from me."

Upcoming Friday Lecture Series held at the "Ding" Darling Visitor & Education Center include marine scientist Lauren Blickley presenting Drastic Plastic – Turning the Tide on Plastic Pollution on March 29; ornithologist Dr. Jerry Lorenz presenting Flamingos & Spoonbills: Pink Canaries in a Coal Mine on April 5; and author Denege Patterson presenting Five Islands Never Flooded: A Tour of the Islands of Pine Island Sound on April 12. Lectures are presented at 10 a.m. and 1 p.m., with seating on a first-come basis.

For more information, call 472-1100 ext. 241 or log on to [www.dingdarlingsociety.org/articles/lecture-and-film-series](http://www.dingdarlingsociety.org/articles/lecture-and-film-series).✱

## Shell Point Sponsors Woodring Exhibit



From left, Supervisory Refuge Ranger Toni Westland, DDWS Development Officer Sierra Hoisington, Shell Point's Inga Bredahl, DDWS Executive Director Birgie Miller and Shell Point's Lynn Schneider

photo provided

Shell Point Retirement Community is a supporter of the Woodring Home 100th Anniversary Exhibition at the JN "Ding" Darling National Wildlife Refuge

on Sanibel as the Centennial Sponsor. The exhibition, hosted by the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), closes on March 25.✱

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From left, Dr. Heather Barron, Diane Kuberski and Dr. Robin Bast. Kuberski donated the most hours in 2018. photos provided

# CROW Celebrates Volunteers

The Clinic for the Rehabilitation of Wildlife (CROW) celebrated “hitting the jackpot” with its hardworking, dedicated volunteers on March 11 with a Las Vegas-themed appreciation dinner at The Community House.

Dinner was catered by Sanibel Catering Company by Bailey’s and a dessert bar was provided by Joey’s Custard. Of course, a Vegas night would not have been complete without a visit from Elvis (Dr. Kyle Abbott).

The evening was a celebration of the lifeblood of the organization, more than 200 volunteers who contributed 21,562 hours of work in 2018. Their work in areas such as general patient care, transport/rescue, events and at the visitor center have helped CROW save wildlife

through state-of-the-art veterinary care, research, education and conservation medicine for more than 50 years. Volunteers recognized for contributing the most hours were Diane Kuberski (800), Ruth Parks (557), Bev Kronisch (486), Edward Hawk (476), Barb Walling (473), Doug Albert (467), Jim Columbo (455), Rachel Barnhart (355), Marianne Brill (348) and Tracy Orilia (332). About Clinic for the Rehabilitation of Wildlife (CROW) Established in 1968, CROW is a teaching hospital saving sick, injured and orphaned native and migratory wildlife of Southwest Florida and beyond. Through state-of-the-art veterinary care, public education programs and visitor center, CROW works to improve the health of the environment, humans and animals through wildlife medicine. For more information, to make a donation or tour the hospital, visit [www.crowclinic.org](http://www.crowclinic.org). If you find an animal that is in need of help, call 472-3644 ext. 222. CROW is located at 3883 Sanibel-Captiva Road on Sanibel.✪



Warren and Nancy Seaward have been CROW volunteers for over 20 years



From left, volunteers Rae Ann Hanley, Rachel Barnhart and Rita Watson with Elvis



The volunteers at CROW donated 21,562 hours collectively in 2018





A group of volunteers having dinner catered by Sanibel Catering Company by Bailey's



Volunteer Donna Oberhill with Elvis



From left, Volunteers Milton and Lois Goldberg with Elvis



Every hour donated was accounted for on a "wall of fame"

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# Rotary Happenings

submitted by Shirley Jewell

As Americans, we live in a somewhat mobile society. We're always rushing off to somewhere and constantly on the move. One of the many factors that helps us enjoy our lives to the fullest is our ability to be on the go. We go to school, we go to work and we go out to socialize. The fact is, we enjoy the freedom of being able to independently take ourselves out in public and get to see and experience the world around us.

Have you given any thought to what it would be like to not be able to get around by yourself because of a physical limitation or handicap? Or, if you had to depend on others to take you places and help take care of your personal needs?

Sanibel-Captiva Rotary's guest speaker on March 15 is one of the most amazing Rotarians in Southwest Florida, Rotary District 6960 Rotary Wheelchair Foundation of Florida Program Chair Steve Agis. He is also our Rotary district's Gift of Life program chair. The topic for the morning was the Wheelchair Foundation. Agis has been involved with the Wheelchair Foundation here in Florida for almost 20 years and has had the chance to speak to Rotary



Steve Agis

photo provided

clubs across the state and beyond about the amazing transformation a gift of a wheelchair can provide a person in need.

At least 25 million children and adults around the world need a wheelchair but cannot afford one. In some developing countries, the need is estimated to be as high as six percent of the total population, according to Jack Drury, director of the south Florida office of The Wheelchair Foundation. There are many reasons for the need: polio, land

mine injuries, birth defects, accidents, war injuries, old age, amputations due to diabetes and others. The Wheelchair Foundation motto is We change one life at a time. Along with that mobility, the Wheelchair Foundation offers hope, greater self-sufficiency, renewal and freedom. The gift of a wheelchair provides hope and a way out of dark despair. This gift gives them opportunity, hope and a pathway to a brighter future.

Agis told us about one of his amazing experiences during his many years of involvement with the Wheelchair Foundation. Our Rotary District 6960 decided to hold our annual district conference aboard a cruise ship traveling around the Caribbean. Agis had been instrumental in the Gift of Life program, providing corrective heart surgery for children with congenital heart defects in undeveloped countries, from babies to teens.

Florida Rotary Gift of Life helps children mainly from the Caribbean. The cruise would stop in Belize. Florida Rotarians and Gift of Life had hosted and provided medical care for a number of children from this small country, providing lifesaving medical procedures for hundreds of Belizean children over the past 36 years. Agis suggested a reunion of sorts for the children, their families and medical personnel, along with Rotarians to get together and celebrate the health and happiness of these children. It was a truly joyful island celebration. During the event, Agis took notice of a beautiful young woman in a white dress in attendance at the party.

The cruise ship was also carrying shipping containers of wheelchairs from the Wheelchair Foundation for distribution in Belize. Toward the end of this magnificent celebration, the Rotary Club of Belize asked Agis to present one of wheelchairs to a recipient at the party. He was a little nervous about this; he had never lifted a person into a wheelchair. He asked for some help and then when the recipient was brought forward, the beautiful young woman in the white dress was brought forward. Agis helped place that young girl into the wheelchair. He saw the emotional response from her family and friends. Agis held it together for that moment but was forever touched at the power of that experience knowing that that young woman and her wheelchair would be going places that would make a difference in her life forever.

Agis kept in contact with that young woman. She was able to attend school using her wheelchair, went on to college, got married and had children.

"Buying a wheelchair for someone is a very satisfying and rewarding thing to do. Donations go directly to the purchase and delivery of the wheelchairs. Where else can you get so much value for such a small amount of money?" Drury asks. "It's a personal gesture, one person to another, that reaches across oceans and continents, creating hope and building bonds of friendship."

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.✧

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**List Price \$627,000**



### Dunes Golf & Tennis Club

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**Resort Style Living! List Price \$550,000**  
**Priced to sell!**



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Updated Home close to all amenities in Ft Myers. 3/bed, 1 bath tiled home with large family & living room, Laundry area, Carport & fenced back yard with patio. New electric & water heater. Great starter home! Move in ready just off Colonial & Summerlin area. **List Price \$164,000**

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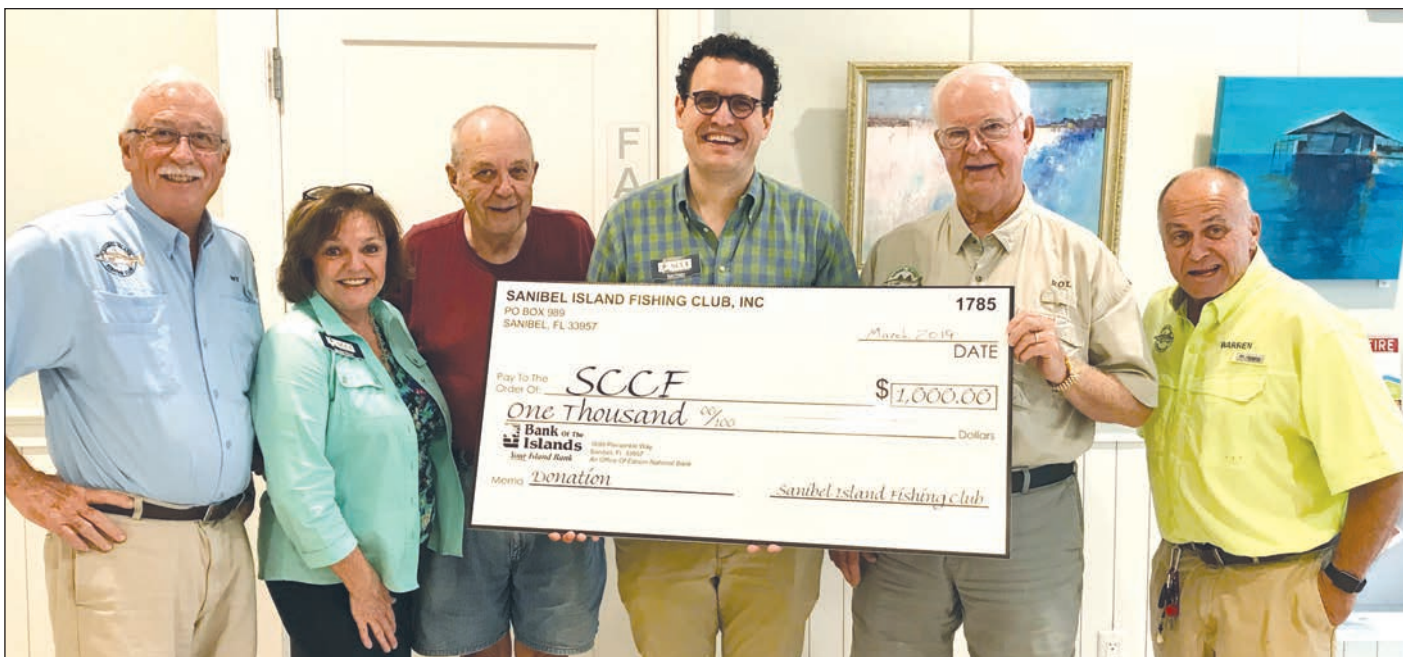
## Fishing Club Continues Support Of SCCF Efforts

The March meeting of the Sanibel Island Fishing Club featured Dr. Ryan Orgera, CEO of the Sanibel-Captiva Conservation Foundation (SCCF) and Rae Ann Wessel, SCCF natural resource policy director.

Orgera spoke on new shark fishing regulations and rationale, while Wessel gave an update on recent water quality actions, challenges and opportunities.

Sanibel Island Fishing Club has donated club funds to SCCF for years, due to their passion, know-how and accomplishment in improving the local environment – in particular, water quality.

This year, the club donated \$1,000 to continue this critical work.✱



From left, Gary Biltgen, Rae Ann Wessel, Bill Goodman, Ryan Orgera, Rol Campbell and Warren Teigen

photo provided

## Charitable Foundation Expanding Reach

Chip Roach, chairman of the board of the Charitable Foundation of the Islands (CFI), a nonprofit organization serving all of Sanibel and Captiva, announced that CFI is expanding its service to the nonprofit community.

As a result of a full board strategic planning process spearheaded by Al Hanser and held in November 2018, CFI has chosen to take a more proactive role with the Sanibel and Captiva nonprofit community with a vision of assuring a healthy, vibrant community where every Sanibel and Captiva resident enjoys a beautiful and productive quality of life.

CFI's mission is to identify community needs and collaborative opportunities that empower organizations to affect real change, support those in need and build

and distribute resources that contribute to the vitality and health of the Sanibel and Captiva community and its residents. CFI will also continue to provide financial assistance to those in need and be a resource during emergencies. In its expanded role, CFI will leverage its resources to identify needs, provide an educational component that will help nonprofit boards and management build capacity and effectiveness, and convene people, resources and ideas to create collaborative projects with real results in addressing needs. The board has begun laying the groundwork for a number of programs around three key objectives: To expand scope of services to include educational support for nonprofits, inspire even more philanthropy on the islands and focus on identifying and encouraging nonprofit collaboration.

"I am thrilled we are taking this direction. Our community needs and deserves this kind of nonprofit support

continued on page 17B

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*\*Pond in the March (detail) by  
Walter Rudolf Lesitkow*



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# BURNS *family* TEAM



## 1. Iconic Gulf to Bay Estate on Captiva

- 5 BR/5 BA with 2 full guest quarters situated on over an acre of land
- Beautiful Spanish architecture, great beach & Gulf frontage, boat dock & lift
- **\$10,900,000** EUR € 9,644,012

## 2. Across street from Beach, Views of Sanibel River – Sanibel

- 3 BR/ 2 BA home located directly across the street from beach with views of Sanibel River & Beachview Golf Course & a short walk to several restaurants & tiki bars'
- Recently remodeled, south facing screened in pool, all new kitchen and baths
- **\$850,000** EURO € 752,055

## 3. Directly Across the Street from Deeded Beach Access on West Gulf – Sanibel

- 3BR/3.5BA with pool, short walking distance to several beach front restaurants and tiki
- Short bike to Rec Center & Sanibel School
- **\$1,297,700** EUR € 1,083,449

## 4. Gulf to Bay on Captiva, “The Ark”

- Vintage charm with stunning location on Captiva Island
- Custom details throughout, 2nd floor master suite with his & her baths and large sitting area overlooking Bay. Boat dock on Roosevelt Channel & deeded beach access
- **\$4,150,000** EUR € 3,644,052

## 5. Remodeled Loggerhead Cay – Sanibel

- 2 BR/ 2 BA gorgeously remodeled, plantation shutters, coastal furnishings, and enclosed lanai
- Loggerhead Cay community offers pet friendly policies, pool, and deeded beach access
- **\$729,000** EUR € 640,123

## 6. Direct Bay front views at Lighthouse Point – Sanibel

- 3 BR/ 2 BA east end condo featuring water views from almost every room
- Remodeled in contemporary European flair, open kitchen, crown molding & multiple lanai's
- **\$699,000** EUR € 618,455



## 7. Fully remodeled in Sanibel Shores -Sanibel

- 3BR/2 BA remodeled and redecorated home with a modern coastal style
- Sprawling backyard with large pool deck and pool, walking distance to beach, tiki's, golf and more. Property generates \$80K in rental income
- **\$799,000** EURO € 706,932

## 8. Canal Home on Quiet Cul de Sac – Sanibel

- 4 BR/4 BA Gulf access canal home in Shell Harbor
- Spacious home with large caged pool
- **\$1,895,000** EUR € 1,663,970

## 9. On East End Located Across Street from Beach w/ Boat Dock

- 3 BR/ 2.5 BA remodeled home with screen enclosed pool and canal view
- Old Florida style home, community tennis & dock. Offered mostly furnished.
- **\$1,499,000** EUR € 1,322,598

## 10. Sea Oats-Short Walk to Beach

- 3BR/ 3BA home with enclosed pool
- Volume ceilings, custom millwork, and fully mitigated
- **\$949,000** EURO 839,648

## 11. Seagull Estates - Sanibel

- 3BR/2 BA home located directly across the street from the beach
- Soaring ceilings, fireplace, screened porch & yard. Comm amenities pool, tennis, clubhouse, & beach access.
- **\$799,900** EUR € 706,963

## 12. Historic Captiva Cottage – Captiva

- 3 BR/3 BA cottage providing tranquility and privacy, located just around the corner from the beach
- Spacious living/dining area, screened deck and pool area, private separate entrance to a 1BR guest suite w/ separate living space and kitchenette.
- **\$995,000** EUR € 878,182



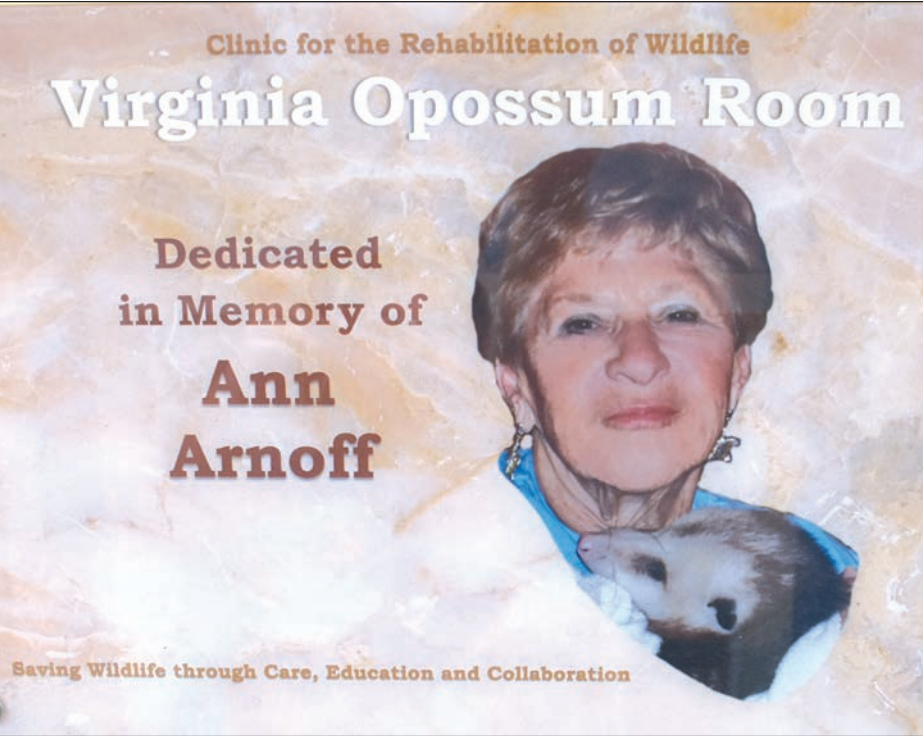
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Plaque above the Virginia Opossum Room at CROW photo by Brian Bohlman

From page 1B

### Care Facility

when he came in. But overall, he appears to be in good health.”

If everything proceeds normally, CROW will care for the young opossum for approximately three months, until the patient is old enough to live on its own and forage for food independently.

Caring for the first opossum patient in the newly-dedicated facility was fine with certified wildlife rehabilitator Breanna Frankel, who was all smiles when showing off the 48 gram baby opossum sleeping soundly in one of the incubators.

“Ann is the reason I’m here,” said Frankel, who noted that Arnoff lived next door to her grandparents. “Thanks



CROW Executive Director Alison Hussey, right, showing off the cake with Bashful the opossum’s photo on it photo by Jeff Lysick

to Ann’s love for opossums, this room has turned into a place that allows us to care for these wonderful animals. It’s a nice quiet room where you can see what we do and hopefully be inspired

to care for these animals the way Ann loved to.”  
Later, the group moved to CROW’s Visitor Education Center for cake and refreshments.\*



### The Island Water Association - NOTICE -

The annual meeting of  
The Island Water Association, Inc.,  
will be held at 10:00 a.m.  
on Monday, April 8, 2019  
at the offices of the Association  
located at  
3651 Sanibel Captiva Road,  
Sanibel, Florida.

*Paul E. Garvey*

Paul E. Garvey  
Secretary

All IWA Members are encouraged to attend.



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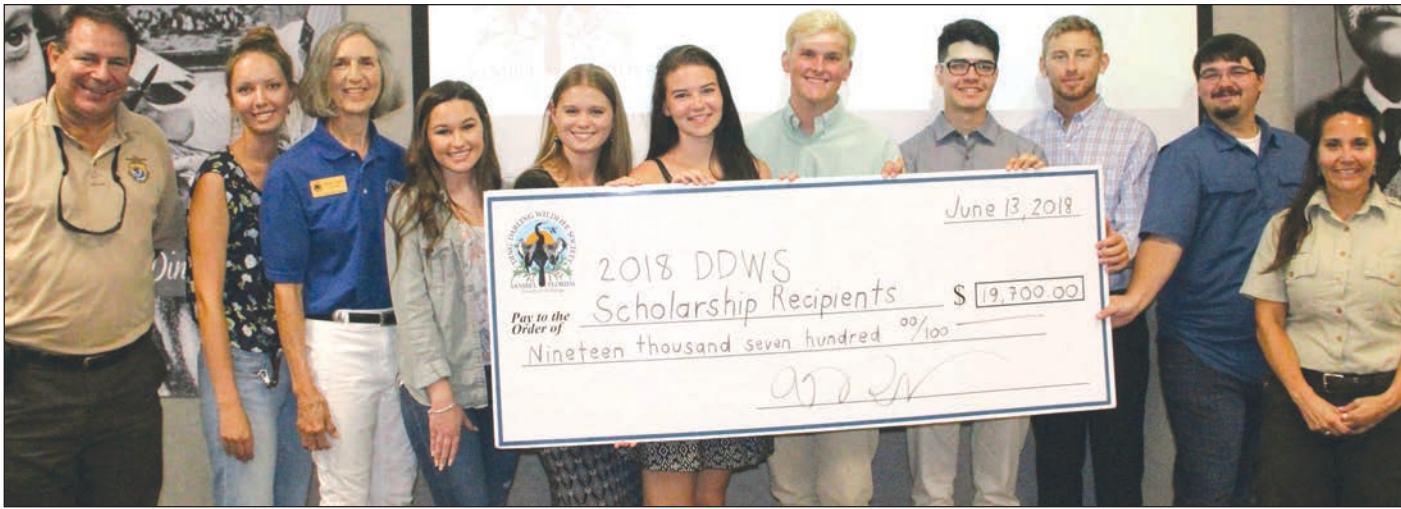


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Some of DDWS's 2018 scholarship winners with refuge staff

## Scholarship Application Deadline Nears

March 31 is the application deadline for a number of scholarships from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), ranging from \$1,000 to \$3,000 each. High school seniors, college students and graduate students in or from Lee, Collier, Charlotte, Hendry, and Glades counties pursuing degrees in environmental-related studies can apply.

The scholarships will be awarded at a ceremony at the JN "Ding" Darling

National Wildlife Refuge on Sanibel this June.

Now in its 13th year, the DDWS scholarship program presented its first awards in 2006 from Tarpon Bay Explorers, the refuge's official recreation concession. To date, the program has awarded \$116,700.

"Tarpon Bay Explorers started the program by offering two \$1,000 scholarships in 2005," said DDWS Executive Director Birgie Miller. "When four applicants turned out to be highly deserving, they doubled their commitment that year. Through the years, co-owner Wendy Schnapp has increased her annual contribution to \$5,000 and has awarded 46 scholarships. We applaud Tarpon Bay Explorer's commitment to conservation

education, always generous support of the refuge and effective seeding of a program that now annually awards up to \$15,000 to local students."

Interested students can find more information and printable application forms at [www.dingdarlingsociety.org/articles/student-scholarships](http://www.dingdarlingsociety.org/articles/student-scholarships).

It is still possible to honor friends and family members in 2019 with a conservation scholarship in their name. To learn more, contact Miller at 472-1100 ext. 4 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).

Named scholarships to date for 2019 include: Richard Bailey Memorial Scholarships; Mike and Terry Baldwin Scholarship; Dr. Andrew and Laura Dahlem Scholarship; Dr. H. Randall Deming Scholarship for

photo provided

Conservation and Environmental Studies, a permanently endowed scholarship; Hans and Leslie Fleischner Scholarship; Mary Elaine Jacobson Memorial Scholarship; Francine and Barry Litofsky Scholarship; Tarpon Bay Explorers Scholarships; and Jane Werner Environmental Scholarship, a permanently endowed scholarship.\*

From page 13B

## Foundation

center that will fully engage with our Sanibel-Captiva nonprofits that are so essential to the quality of life on our barrier islands, and to help them be even more effective," said Hanser, immediate past chair of CFI.

Hanser has been the dynamic leader of CFI since 2011 and successfully guided its growth to create a robust, effective organization whose board includes Vice Chair Virginia Stringer, Treasurer Tim O'Neill, Secretary Melissa Congress, Cindy Brown, Steve Brown, Ralph Clark, Brenda Harrity, Chris Heidrick, Mike Kelly, Tony Lapi, Mary Ellen Pfeifer and Paul Roth.

The Charitable Foundation of the Islands was founded in 2000 and its first chairman of the board was Francis Bailey who started the Good Neighbor Fund to help those in need on the islands. That spirit goes on today with the Charitable Foundation of the Islands.

For information about the foundation or to discuss a donation, call 322-3818 or email [SanCapCFI@gmail.com](mailto:SanCapCFI@gmail.com).\*



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Store opening generously underwritten by a grant from the Claiborne and Ned Foulds Foundation.



# Service Club Created At The Sanibel School

The Sanibel School's new Interact Club is being sponsored by the Sanibel-Captiva Rotary Club. An Interact Club is Rotary's International service club for young people. Each Interact Club is sponsored by individual Rotary clubs which provide support and guidance, but the Interact Club is self-governing and self-supporting.

"We've tasked this group of great kids to explore their world looking for positive ways to solve problems, offer support and build relationships as they serve others," said Joleen Raho, a member of the Sanibel-Captiva Rotary Club. "Specifically, we've asked them to identify ways they can have a positive impact locally and then to find the same opportunity to serve others out in the world."

As a new club, the group has already identified their officers, received T-shirts, participated in two meal-packing events and started a campaign at the school to raise money for starving children. Most recently, they took that effort on the road to the recent Sanibel-Captiva Rotary Arts and Crafts Festival, where they raised \$726.71 swapping chocolate coins for real ones.

"We have found the perfect teacher in Edna Dykhuizen. She is a fantastic role model and will inspire these students to develop leadership skills and integrity as they learn to have a positive impact both here in their own community and internationally as well," said Barbara Ellis, Sanibel-Captiva Rotary Club member.

It is the Sanibel-Captiva Rotary Club's intention that this club will continue from year to year as long as we have The Sanibel School's administration, teacher and student support.

If you are interested in joining the club or helping out, contact The Sanibel School at 472-1617 or a member of the Sanibel-Captiva Rotary Club.✴



Front row from left, John Schwandke, Ava Camputaro, Nikolas Bakos, Jessica Chavez-Santana, Edna Dykhuizen and Joleen Raho; middle row from left, Heidi Hall, Grace McKinney, Sonia Ojalvaro, Kayce Nette, Kate Foster, Maya Brennan, Gabby McKinney and Luke Williams; back row from left, Barbara Ellis, Milena Weigel, Bailey Drobynyk, Lydia Whalen, Clark Rambo and Lee Almas

photos by Joleen Raho



Barb Ellis giving Edna Dykhuizen her Interact T-shirt as the new Interact teacher sponsor



From left, Luke Williams, Edna Dykhuizen and Bailey Drobynyk exchanging chocolate coins for real ones at the 2019 Rotary Arts and Crafts Festival



From left, Barb Ellis, Clark Rambo and John Schwandke getting ready for the T-shirt reveal



Kids checking out their new T-shirts



# SanCap Cares

19 YEARS OF **MAKING A DIFFERENCE**



**YOUR SUPPORT IS CHANGING LIVES**

**As an island community, SanCap Cares has raised more than \$15 million through our annual Island Celebration events to benefit Golisano Children's Hospital of Southwest Florida!** Your generosity has helped build this specialized hospital and is now enhancing services to provide lifesaving care to the children of our community.

Thanks to your kindness, we raised more than \$750,000 in 2018, which helped Golisano Children's Hospital:

- Hire additional mental health professionals to care for children
- Increase mental health education programming in the community
- Launch another set of REACH conferences, equipping pediatricians to perform mental health triage
- Provide Automatic External Defibrillators (AEDs) to Lee County Schools that didn't have them before
- Purchase equipment for a Sensory Room to calm anxious and uncomfortable children
- Create a fun photo wall to honor the Pet Therapy friend program
- And so much more!

We know you have many choices when it comes to giving back to our community. Your continued support has been invaluable – and truly has helped save lives. That's why, to mark its 19th year in April, SanCap Cares will put the spotlight on you, thanking **you** – the donors and volunteers in our community – for your many years of support!

This year's Island Celebration will support Kids' Minds Matter, which is transforming pediatric mental and behavioral healthcare services at Golisano Children's Hospital to benefit the children of Southwest Florida. However, as you consider joining us at this year's event, we hope you will let us know if there is another area of children's healthcare that you feel passionate about. You can direct your donation to emergency care, pediatric cancer, the NICU, ophthalmology, or something else.

19th Annual  
**ISLAND**  
*Celebration*



**JOIN US!**

**Please join us on April 7 and make an impact on the lives of children in Southwest Florida!**





# His Mind Matters...

## Many of our children are in trouble.

They are dealing with pain and crisis. They are battling developmental and emotional challenges. They are wrestling with anxiety and depression. They are harming themselves. They are harming others.

**Nationally, suicide is the 3rd leading cause of death for youth between the ages of 10 and 24, resulting in approximately 4,600 lives lost each year. That would be the equivalent of losing more than half the population on Sanibel!**

Studies show that children achieve the best outcomes with early intervention, but this is rarely possible in the current environment. Golisano Children's Hospital of Southwest Florida and its partners must have our support to increase access to mental and behavioral healthcare so providers can reach young people **before** a crisis occurs.

To accomplish this, Kids' Minds Matter is dedicated to fostering partnerships that support existing services, identifying and filling gaps in the continuum of care, and innovating new treatments to meet the pediatric mental and behavioral healthcare needs in Southwest Florida.

“ This is a national crisis, and as the adults in the room, we have a duty to step up and lead the way in creating better mental and behavioral healthcare solutions for our children. If we can do that here in Southwest Florida, we can serve as a model for the rest of the country.

### Armando Llechu

Chief Administrative Officer, Golisano Children's Hospital of Southwest Florida



## Advocating for Children's Mental & Behavioral Healthcare

Here are some of the ways your support of this year's event will make a direct impact:

- Aligning community, inpatient and outpatient care
- Hiring additional mental health professionals and child advocates at Golisano Children's Hospital
- Working with parents, teachers and students to raise awareness and provide early interventions that result in better outcomes for young patients
- Training hospital-based clinicians, emergency staff, first responders, and school nurses in care management and advocacy
- Enhancing treatment at Golisano Children's Hospital outpatient centers in Lee, Collier and Charlotte counties
- Creating more awareness and understanding among the adults closest to our children through Mental Health First Aid classes
- Launching the first-of-its-kind evidence-based digital platform at Lee Health, which will be used to screen, treat and educate children suffering from depression, anxiety and trauma

### This community-wide movement has a goal of raising \$10 million over the next three years.

Join us in preserving childhood for children who are struggling with their mental and behavioral healthcare with a preventative approach that will benefit them through adulthood.



By donating to Kids' Minds Matter, you are helping to usher in a future where the precious moments of childhood are not lost to anxiety, depression or trauma. You're giving young patients the support they need to enjoy their lives now and become healthy adults in the future.



### Dr. Paul G. Simeone

VP of Mental and Behavioral Health, Golisano Children's Hospital of Southwest Florida

## MORE WAYS TO GET INVOLVED

**We welcome every opportunity to connect with our wonderful island donors and want to support your passion for helping the children of Southwest Florida.**

In that spirit, we'd like to share the following opportunities to develop a more personal relationship based on your interests and facilitate your advocacy for the needs of our children!

**Host an intimate social in your home.** This can include: brunch, coffee or a cocktail reception at which Armando Llechu, Dr. Emad Salman, Jeff Muddell and others can update you on the latest progress and innovation at the children's hospital.

**Take a tour of Golisano Children's Hospital** and witness first-hand how the community's support has made a difference.

## DONATE TODAY

■ I would like to make a donation of \$\_\_\_\_\_ to help sustain and support the exceptional care at Golisano Children's Hospital.

■ I would like to direct my gift to: Kids' Minds Matter\_\_\_\_\_ Another area of the hospital\_\_\_\_\_.

Name \_\_\_\_\_

Company/Foundation \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

This gift is ☐ in honor of or ☐ in memory of

\_\_\_\_\_

**Please make checks payable to Golisano Children's Hospital and send to:**

**SanCap Cares**  
P.O. Box 475, Sanibel, FL 33957

**For more information, please contact: Lee Health Foundation**

Jeff Muddell, System Director of Gift Planning  
(239) 984-0381  
Jeff.Muddell@LeeHealth.org  
www.SanCapCares.org

LEE HEALTH FOUNDATION'S STATE REGISTRATION NUMBER IS CH14406. A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE (800-435-7352) WITHIN THE STATE OR AT FLORIDAConsumerHelp.COM. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE.





# Join us for the 19th Annual Island Celebration

BENEFITING



Sunday, April 7  
at 5:00 p.m.

The Sanctuary Golf Club  
2801 Wulfert Rd., Sanibel Island

All proceeds support Golisano Children's  
Hospital of Southwest Florida

For details please contact: Jeff Muddell  
at SanibelCaptivaCares@gmail.com  
or call (239) 984-0381  
SanCapCares.org

**This year, our Island Celebration will  
become a celebration of YOU, our donors!**

You will all serve as our honorary chairpersons for an evening dedicated to thanking you for your years of generosity. During this joyful evening of great food and world-class entertainment just for you, we will host the popular Give-to-Give silent auction to fund small hospital projects, wish-list equipment and a Gift from the Heart, but the rest of the evening is in your honor.



**"The Modern Gentlemen" Will Sing Your Praises!**

**Thanks to the underwriting support of The Sanibel Captiva Trust Company, The Modern Gentlemen will perform at the Island Celebration!** Originally brought together as a quartet by the legendary Frankie Valli, they blend classic hits with modern style for the ultimate vocal experience. They've captivated audiences around the world, performing at "A Capital 4<sup>th</sup>" in Washington D.C., as well as in London, Asia, Australia and New Zealand.

## Presenting Sponsor

SanCap Cares thanks The Sanibel Captiva Trust Company for their support as the presenting sponsor of the Island Celebration, extending their dedication to this event for 16 years, and for their leadership in supporting our community.

"It is important to us at The Trust Company that quality children's healthcare resources are available in our community. This year, the funds raised will allow the hospital to deal with the burgeoning problem of mental and behavioral health. It is an issue that touches the lives of so many families on the islands." - Al Hanser, *Founder and Chairman, The Sanibel Captiva Trust Company.*





## ABWA Installs New Members

The American Business Women's Association (ABWA) Sanibel-Captiva chapter installed nine new local members at the February meeting. "We are delighted to welcome this remarkable group of strong, smart and capable women to our chapter," said membership chair Lisa Newmeyer-Cochrane of Dorado Property Management. "Expect to see ABWA leadership spring from this group in coming years."

"Our ABWA chapter strives to offer the best professional development opportunities and networking for women working on the islands," said Gloria Garrett of HMG, local chapter president.

"If you work, would like to work or used to work, you will find a lively conversation with island leaders on relevant local topics at ABWA. The chapter presents a Women in Leadership, Speaker Series at lunch



From left, new ABWA members Taylor Osborne, co-owner, Iris Print & Design; Alicia Clark, president, The Sanibel School PTA and speech pathologist; Kari Cordisco, general manager, Sanibel Moorings; Angela Larson Roehl, branch manager, Rosier Insurance; Nora Johnson, Agent, Heidrick & Co Insurance; Deb Ames, owner, Enviromow of Lee County; Ashley Gibbons, member services manager, Sanibel & Captiva Islands Chamber of Commerce; Marj Nordstrom, retired music industry luminary; Lee Garrett, retired AT&T marketer; with ABWA membership chair Lisa Newmeyer-Cochrane, co-owner, Dorado Property Management

photo provided

on the fourth Tuesdays and welcomes everyone, men and women alike," said Garrett. "Those who are interested in

getting further involved are warmly encouraged to consider chapter membership, but everyone is welcome

to join in for lunch."

For more information, visit [www.ABWASanibelCaptiva.org](http://www.ABWASanibelCaptiva.org).

## Fundraiser At American Legion

Island local and San Cap Motor Club member Ed Augustyn has been facing challenges while coping with his cancer.

Augustyn's friends are hosting The Friends of Ed Day from 1 to 6 p.m. on Saturday, March 23 at American Legion Post 123, located at mile marker 3 on Sanibel-Captiva Road. There will be a silent auction and appetizers.

All donations will go toward medical bills. Checks should be made out to: FISH for Friends of Ed Augustyn.

If you are unable to attend the celebration, you can mail a donation to: Heidi Gross, 5868 Pine Tree Drive, Sanibel, FL 33957.

For more information, call Heidi Gross at 973-714-4268.



Ed Augustyn

photo provided

## Beautiful Night At The Everblades

Support Keep Lee County Beautiful (KLCB) by attending the Florida Everblades versus the Norfolk Admirals hockey game on Saturday, March 30. There will be a pregame tailgate party from 5 to 7 p.m. followed by the game.

There will also be live music and bounce houses for the children. Following the game, there will be a jersey auction.

A portion from every ticket sale goes to KLCB to continue beautification and awareness efforts.

Cost is \$15 for a \$20 endzone seat, with \$5 from each ticket sold donated to KLCB. For more information and tickets, visit [www.everblades.spinzo.com](http://www.everblades.spinzo.com).

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*April 13, 2019*

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**Contact:**  
James Cox  
Outreach Specialist  
(239) 275-1974  
[swfl.media@teenchallenge.cc](mailto:swfl.media@teenchallenge.cc)

**Time:**  
7:30am Registration  
8:30am Shotgun Start

**Location:**  
Shell Point Golf  
Club House  
17500 On Par Blvd  
Fort Myers, FL 33908





|   |  |   |  |   |   |  |
|---|--|---|--|---|---|--|
|  <b>FRIDAY</b><br>Sunny<br>High: 75 Low: 69 |  <b>SATURDAY</b><br>Mostly Cloudy<br>High: 77 Low: 71 |  <b>SUNDAY</b><br>Cloudy<br>High: 74 Low: 68 |  <b>MONDAY</b><br>Partly Cloudy<br>High: 77 Low: 71 |  <b>TUESDAY</b><br>Sunny<br>High: 80 Low: 74 |  <b>WEDNESDAY</b><br>Sunny<br>High: 81 Low: 75 |  <b>THURSDAY</b><br>Partly Cloudy<br>High: 80 Low: 74 |
|---|--|---|--|---|---|--|

| Redfish Pass Tides |         |          |         |          |
|--------------------|---------|----------|---------|----------|
| Day                | High    | Low      | High    | Low      |
| Fri                | 2:49 am | 8:36 am  | 2:51 pm | 9:02 pm  |
| Sat                | 3:42 am | 9:00 am  | 3:14 pm | 9:53 pm  |
| Sun                | 4:39 am | 9:21 am  | 3:41 pm | 10:47 pm |
| Mon                | 5:46 am | 9:40 am  | 4:12 pm | 11:48 pm |
| Tue                | 7:23 am | 9:50 am  | 4:49 pm | None     |
| Wed                | 5:34 pm | 12:59 am | None    | None     |
| Thu                | 6:39 pm | 2:17 am  | None    | None     |

| Point Ybel Tides |         |         |         |          |
|------------------|---------|---------|---------|----------|
| Day              | High    | Low     | High    | Low      |
| Fri              | 1:54 am | 8:38 am | 1:56 pm | 9:04 pm  |
| Sat              | 2:47 am | 9:02 am | 2:19 pm | 9:55 pm  |
| Sun              | 3:44 am | 9:23 am | 2:46 pm | 10:49 pm |
| Mon              | 4:51 am | 9:42 am | 3:17 pm | 11:50 pm |
| Tue              | 6:28 am | 9:52 am | 3:54 pm | None     |
| Wed              | 4:39 pm | 1:01 am | None    | None     |
| Thu              | 5:44 pm | 2:19 am | None    | None     |

| Punta Rassa Tides |         |          |         |          |
|-------------------|---------|----------|---------|----------|
| Day               | High    | Low      | High    | Low      |
| Fri               | 2:33 am | 8:54 am  | 2:32 pm | 9:21 pm  |
| Sat               | 3:26 am | 9:28 am  | 3:01 pm | 10:09 pm |
| Sun               | 4:23 am | 10:01 am | 3:33 pm | 10:56 pm |
| Mon               | 5:19 am | 10:30 am | 4:07 pm | 11:47 pm |
| Tue               | 6:20 am | 10:52 am | 4:46 pm | None     |
| Wed               | 7:31 am | 12:55 am | 5:35 pm | 10:54 pm |
| Thu               | 7:35 pm | 2:18 am  | None    | None     |

| Cape Coral Bridge Tides |         |          |         |          |
|-------------------------|---------|----------|---------|----------|
| Day                     | High    | Low      | High    | Low      |
| Fri                     | 4:59 am | 11:52 am | 5:01 pm | None     |
| Sat                     | 5:52 am | 12:18 am | 5:24 pm | 12:16 pm |
| Sun                     | 6:49 am | 1:09 am  | 5:51 pm | 12:37 pm |
| Mon                     | 7:56 am | 2:03 am  | 6:22 pm | 12:56 pm |
| Tue                     | 9:33 am | 3:04 am  | 6:59 pm | 1:06 pm  |
| Wed                     | 7:44 pm | 4:15 am  | None    | None     |
| Thu                     | 8:49 pm | 5:33 am  | None    | None     |

Island Seniors  
At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up

**Page Turners with Louise Fitzgerald and Ann Hartman** – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The book for discussion on Wednesday, April 10 at 2:30 p.m. is *The Day The World Came to Town 9/11 in Gander, Newfoundland* by Jim Defede.

“When 38 jetliners bound for the United States were forced to land at Gander International Airport in Canada by the closing of U.S. airspace on September 11, the population of this small town on Newfoundland Island swelled from 10,300 to nearly 17,000. The citizens of Gander met the stranded passengers with an overwhelming display of friendship and goodwill. As the passengers stepped from the airplanes, exhausted, hungry and distraught after being held on board for nearly 24 hours while security checked all of the baggage, they were greeted with a feast prepared by the townspeople. Local bus drivers who had been on strike came off the picket lines to transport the passengers to the various shelters set up in local schools and churches. Linens and toiletries were bought and donated. A middle school provided showers, as well as access to computers, email, and televisions, allowing the passengers to stay in touch with family and follow the news.”

– HarperCollins

**Classy Cards Class** – Friday, March 29, 2 to 4:30 p.m. Cost is \$20

for members and \$25 for non-members.

This class will consist of creating four cards, including birthday and all occasion. Class is limited to 10 participants. Advance registration is required.

**True Tours Downtown Historical Walk & Lunch** – Monday, April 1. Cost is \$16 for members and \$26 for non-members

This 90-minute walking tour will educate and entertain with narratives of local history and the colorful personalities of the founders of Fort Myers. The ambitions and rivalries of the famous and infamous who were the early builders of Fort Myers make an engaging story. Plan for browsing in the Franklin Shops after lunch before you depart. Lunch is on your own at Izzy’s Fish & Oyster Restaurant. Advance registration required. Carpool arrangements for transportation.

**Ringling Museum** – Monday, April 8. Cost is \$109 for members and \$119 for non-members. Includes round trip transportation, admission to Ringling Museums and its grounds including the famous art museum, Ca d’Zan (Ringling’s own home) and the Circus Museum. Lunch voucher at the Banyan Café. Advance registration required.

**Line Dancing Classes** – Tuesday, April 2, 16, 23 and 30 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

**Games** – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Bridge** – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

**Mahjongg** – Thursday at 12:30 p.m.  
**Hand & Foot** – Thursday at noon.  
**Hearts** – Friday at 12:30 p.m.

**Kayaking on Tuesdays and Thursdays** – March 28 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

**Fitness Classes** – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required.

Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✪

ISLAND SUN BUSINESS  
NEWSMAKERS

RE/MAX  
of the Islands

The top producers at RE/MAX of the Islands for February were: Christopher Kirchner, most productive listing marketer; and Steve and Maxine Fisher, top selling associates.✪



Christopher Kirchner



Steve Fisher



Maxine Fisher



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## ABWA March Speaker Series Luncheon

**R**obin L. Cook of The Sanibel Captiva Trust Company will speak on Tuesday, March 26 as part of the Women in Leadership Speaker Series presented by the American Business Women's Association (ABWA). "This program will address vital steps to take now in order for you or your loved ones to feel confident when it's time to pass the baton," said Cook. "Whether married or single, so often we allow our spouse, or one person, to be responsible for the financial and estate planning needs of the household. And although well intentioned, this may create difficulties when that person passes away or is incapacitated."

"Robin will discuss the critical questions; To whom will responsibility transfer and will you or your loved ones be prepared to handle it?" said Gloria Garrett of HMG, ABWA president.



**Robin L. Cook**

"Robin is a long standing ABWA member, a past officer and a past Woman of the Year. With over 25 years of experience in the financial services industry, she is a valued resource on the islands and her presentations are on the do-not-miss list."

Cook joined The Sanibel Captiva Trust Company as executive vice president in October 2013. As a certified wealth strategist of private wealth management, she is known for excellence in client service, developing long-standing new business relationships, and many years as a member of the Chairman's Club, representing the top 15 percent of the company.

Cook is a resident of Sanibel and active in local communities. Besides almost 10 years of service to ABWA, she served on the board of directors for Captiva Island Historical Society, Cape Coral Community Foundation, and Gulf Care Inc. She is a graduate of the Leadership Cape Coral class of 1996.

ABWA welcomes the community to attend these monthly luncheons and the Women in Leadership Speaker Series. The programs are held at Sundial Beach Resort and Spa, located at 1451 Middle Gulf Drive. Networking starts at 11:30 a.m. with lunch and speaker from noon to 1 p.m. Cost is \$25. RSVP to [info@ABWASanibelCaptiva.org](mailto:info@ABWASanibelCaptiva.org) or register on Eventbrite at <https://ABWASanibelCaptiva.Eventbrite.com>.✪

## City Appoints Director Of Recreation

**E**ffective March 14, Patricia "Trish" Phillips has been appointed to serve as the City of Sanibel's Director of Recreation. A 10-year employee of the department, Phillips earned her bachelor of science degree in public recreation from the University of Florida.



**Trish Phillips**

Phillips has been serving as the acting director of recreation since November 2018. After serving three years as the recreation program coordinator at the Sanibel Recreation Center, she was again promoted in 2013, and for the past five years Phillips has served as the seniors program manager at the city's Center 4 Life. For six years, from 2005 to 2011, she was also employed as the intramural volleyball coach at The Sanibel School.

Phillips has completed FEMA Certificates 100, 200, 700 and 800. She is certified by the American Red Cross for Professional Rescuers CPR/AED with First Aid. She is a certified life guard and member of the National Recreation and Parks Association. She is also the city staff liaison to the financial assistance

committee.

Under the direction of the City Manager, Phillips is responsible for the development, administration and supervision of community leisure service programs, athletic programs and leisure services personnel at the city's recreation complex, located at 3880 Sanibel-Captiva Road. She is also responsible for the city's Center 4 Life, located at 2401 Library Way.

For the past 24 years, Phillips has served as the co-chair of the Sanibel-Captiva Independence Day parade. Her additional community service includes serving eight years as the Sanibel-Captiva Little League coach for girls softball from 2002 through 2010. Phillips and her four children attended The Sanibel School.✪

## New Bank Teller

**A**lexandria Fisher has joined Sanibel Captiva Community Bank as a teller at the Library Way branch on Sanibel, where she will be responsible for assisting customers with personal and business banking transactions. Fisher is a graduate of Florida International University and has prior experience in sales, real estate and office administration.✪



**Alexandria Fisher**

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Will Power

# Homestead Problems



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Tony owned a home on Sanibel for several years before claiming Florida residency. He was a resident of New Jersey, but he noticed the tax savings were worth the change of residency status. Twelve years ago, when he and his wife Carmela last updated their estate plan, they created New Jersey-based trusts. When Tony died last year, the trusts were not up-to-date with Florida law.

Back when they last completed their planning, the New Jersey attorney told Tony to put the Sanibel home into his trust to use against his estate tax exemption. At Tony's death, his trust

was to be held for Carmela for the remainder of her life, with Carmela as the trustee and the primary beneficiary.

When Tony died, Carmela was surprised to learn that the devise of the Sanibel residence, which was now their primary residence, was invalid under Florida law. Under Florida law, absent a nuptial agreement to the contrary, one must leave their home to his or her spouse. A devise into a trust, even for that spouse's benefit, is invalid.

Once there's an invalid devise, Florida law does not consider what Tony's trust says about who should now own and enjoy the home. Instead, Carmela, as the surviving spouse, may choose between a "life estate" interest or half of the home as a Tenants-in-Common interest. The decedent's children, in this case their son Anthony and daughter Meadow, take the remainder.

In other words, Anthony and Meadow have current vested ownership in the residence. The only fact that changed relative to the Sanibel residence between the time that Tony and Carmela prepared their New Jersey estate plan and the time of their death was that they became Florida residents. Yet, the disposition of the home changed dramatically because Florida law regarding the descent and devise of the home now applied.

Many attorneys up north do not recognize the nuances of Florida law, and they commonly instruct their clients that the estate plan drafted in the northern state is "just fine." This is bad advice. While the will and trust remain valid if properly signed in another state in accordance with that state's laws, the disposition of the assets may be different because of Florida law.

This is especially true when one owns a Florida homestead residence, as evidenced by Tony and Carmela's dilemma.

Due to this invalid devise, Anthony and Meadow can prevent Carmela from selling the Sanibel residence. They need to sign off on any contract of sale and must sign a deed to a buyer. Anthony and Meadow are also entitled to a portion of the sales proceeds. If either Anthony or Meadow go through a divorce or have creditor problems, this may affect the title to the residence.

These problems are difficult enough to navigate when the children of the decedent are also the children of the surviving spouse. When step-relations are involved, however, it can become a completely different and oftentimes more adversarial process.

If you've become a Florida resident, whether you claim homestead status on your primary residence or not, these descent and devise laws apply.

I've been practicing estate planning law for 29 years here in Southwest Florida, and

am a board-certified specialist in wills, trusts and estates. Most of the clients that I visit with already have estate plans that were drafted in their former state of residence, and the invalid devise of the homestead is a common issue that I find in many of the plans that come across my desk.

I'll admit my frustration at my colleagues up north who tell their clients that their "wills and trusts are perfectly valid in Florida." Yes, they're valid, but they may have unintended consequences. That's why it's important to update your documents to Florida law when you become a Florida resident. The Florida homestead is just one issue. There are several more, for example, with a Durable Power of Attorney.

Carmela was fortunate that Anthony and Meadow cooperated to quit claim their interests back to her. While those are "taxable gifts" requiring the filing of a Federal Gift Tax Return 709 (and consumed a portion of each of their lifetime exemptions from federal gift and estate tax), neither Anthony or Meadow have an estate that is likely to be taxable, so the problems were resolved.

It's always better to head off those problems in the first place. If you're a homeowner and have become a Florida resident or are considering Florida residency, have an estate planning specialist review your plan for these and other common problems.

©2019 Craig R. Hersch. Learn more at [www.sbslaw.com](http://www.sbslaw.com).

## Pioneer Club Picnic April 27

The Pioneer Club of Lee County will celebrate the 70th anniversary of its founding at the Lee Civic Center-Tinsley Pavilion on Saturday, April 27. Registration and visiting begin at 10 a.m. Lunch will be served at noon, followed by presentations and a raffle at 1 p.m.

The Pioneer Club of Lee County was founded in 1949 by RA Henderson, Jr. It was formed to honor those living persons who had been residents of old Lee County for 50 or more years. The initial meeting was held in 1950 at the Lions Park on Cleveland Avenue in Fort Myers.

The classes of 1969 from Alva High School, Bishop Verot High School, Cypress Lake High School, Dunbar High School, Fort Myers High School and North Fort Myers High School will be recognized at the picnic as celebrating their 50th class reunions. Also recognized at the picnic will be the eldest pioneer man and woman born in Lee County, the couple married the longest (both spouses need to be in attendance), pioneer who traveled the

longest distance to the picnic and the eldest person in attendance.

Approximately 1,200 invitations are mailed out for the picnic of which two-thirds are sent to local residents and the remainder to those people who live out of the area. There are usually 600 to 700 people in attendance. Barbecued chicken or pork, baked beans, coleslaw, rolls, chocolate chip cookies and iced tea or lemonade will be available to the attendees for \$10 per plate.

The eligibility requirement for membership is that the person was a resident of Lee County prior to 1969. Email [pioneerleecounty@gmail.com](mailto:pioneerleecounty@gmail.com) to receive registration information or you may register the day of the picnic. There are no membership dues.

Through the generosity of the City of Fort Myers, free admission on that weekend is given to the members of the Pioneer Club by presenting their membership card to the Edison and Ford Winter Estates on Thursday, April 25, Friday, April 26, and Saturday, April 27; and the Burroughs Home and Garden Tour on Thursday, April 25 at 11 a.m. To RSVP for the Burroughs Home tour, call 337-9505.

Lee Civic Center-Tinsley Pavilion is located at 11831 Bayshore Road in North Fort Myers.

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## Sanibel Island Golf Club Report

**A**fter 55 years of playing, Randy Jayne made his first hole in one on the 3rd hole at Sanibel Island Golf Club last week.

The men's team of Jerry Mader, Chuck Bennett, Roger Cogswell and Roger Triftshauser finished first in last Saturday's event, Ones & Twos. Using the best ball on the odd holes, and 2 better balls on the even holes, they led the field by a shot. Second place went to Bob Hill, Fred Zimmer, Tom Olson and Mike Jacobson.

The women's league played Waltz 1,2,3, using the best ball on the first hole, 2 better balls on the second hole, and 3 better balls on the third hole, then repeating the process throughout the round. Leading the way for the 18-holers was the team of Sue Belanger, Lisa Dolan-Matz, Cecilia Olsson and



**Randy Jayne** photos provided  
Barbara Egan. The 9-holes winners were Rosamarie Stanek, Carol Arnould and Joyce Frank.✱



From left, Jerry Mader, Roger Cogswell, Roger Triftshauser and Chuck Bennett



Front from left, Sue Belanger and Lisa Dolan-Matz; back from left, Barbara Egan and Cecilia Olsson

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# Islands Night Returns May 20

by Jeff Lysiak

The 26th annual Sam Bailey's Islands Night, presented by Bailey's General Store, will be played at CenturyLink Sports Complex (Hammond Stadium) in Fort Myers on Monday, May 20. That evening, the Fort Myers Miracle take on the Bradenton Marauders at 6:30 p.m. Pre-game festivities, including the traditional parade around the diamond, begin at 5:30 p.m.

Over the first 25 years of the annual event, Islands Night contributions have been distributed throughout the Sanibel-Captiva community to assist individuals and a number of nonprofit groups and organizations, with more than \$175,000 given back through scholarships and donations. For more information about becoming an Islands Night sponsor, call Bailey's General Store at 472-1516.

The Fort Myers Miracle, last season's Florida State League champions, will begin defense of their 2018 crown on Thursday, April 4 when they host the Charlotte Stone Crabs. First pitch is at 6:30 p.m.

Other highlights of the Miracle season schedule include post-game concerts by *American Idol* alum Colton Dixon (May 10) and Country Night



The Fort Myers Miracle, 2018 Florida State League champions, begin defense of their title on April 4

photo provided

featuring Russell Dickerson and Uncle Kracker (May 11); celebrity appearances by former WWE wrestler Rickie "The

Dragon" Steamboat (April 20), Tom Guiry, who portrayed Smalls in the classic baseball movie *The Sandlot* (April 26), Corbin Bernsen, who played third baseman Roger Dorn in the film *Major League* (May 18), Leslie David Baker, who portrayed Stanley on the hit NBC sitcom *The Office* (June 28) and Christopher McDonald, who played

golfer Shooter McGavin in the Adam Sandler comedy *Happy Gilmore* (July 26); and special giveaways including bobbeheads (April 27, May 11, June 29 and August 31), hats (April 20 and July 27), shirts (May 18 and June 8) and a used car (July 26).

For more information, visit [www.milb.com/fort-myers](http://www.milb.com/fort-myers).✪

## SPORTS QUIZ

1. When was the last time before 2015-17 that the Chicago Cubs reached the postseason for three consecutive years?
2. In 2017, Arizona's J.D. Martinez tied Ralph Kiner's 1949 record for most home runs in September. How many home runs was it?
3. Name the last NFL team before the Cincinnati Bengals in 2017 to open a season with two home games and not score a touchdown in either game.
4. Who was the last Purdue men's basketball player before Carsen Edwards in 2018 to score at least 40 points in a game?
5. Name the last coach before Barry Trotz of the Washington Capitals in 2018 to leave a team due to a contract dispute after winning the Stanley Cup.
6. In 2019, Fernando Alonso became just the third Formula One champion to win the 24 Hours of Daytona sports car race. Name either of the first two to do it.
7. How many times has Serena Williams been named The Associated Press' Female Athlete of the Year?

## ANSWERS

1. It was 1906-08. 2. Sixteen. 3. The 1939 Philadelphia Eagles. 4. Glenn Robinson, in 1994. 5. Mike Keenan of the New York Rangers in 1994. 6. Phil Hill in 1964 and Mario Andretti in 1972. 7. Five times (2002, '09, '13, '15 and '18).

## Kiwanis Club Scholarships

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2019-20 school year. Scholarships of \$4,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available, including Sam Bailey's Islands Night Scholarships.

Eligible applicants must be Sanibel

or Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection. Applications must be submitted by March 29. They can be obtained on the Kiwanis website, [www.sanibelkiwanis.org](http://www.sanibelkiwanis.org), or by contacting: Antoinette Radicchi at 579-0660 or [antoinette@sanibelinsurance.com](mailto:antoinette@sanibelinsurance.com); Bill Traum at 671-0155 or [billtraum@me.com](mailto:billtraum@me.com); or Chris Heidrick at 579-0660 or [chris@sanibelinsurance.com](mailto:chris@sanibelinsurance.com).✪

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## Adaptive Tricycles Donated To Five Children In Need

**R**obbie's Riders, with support from Grampy's Charities and Sanibel Captiva Community Bank, presented four adaptive tricycles, worth nearly \$8,000, to Southwest Florida children through its Freedom Program at the bank's McGregor branch in Fort Myers.

"These custom-made, adaptive tricycles give extraordinary children the opportunity to experience a level of independence and freedom," said Jack Johannemann, director of Robbie's Riders. "To be able to give that to a child is priceless."

Kelsey Edford, a 12-year-old girl born at 25 weeks, had heart surgery, hernia repair and a brain bleed while in the newborn intensive care unit. She has no means of independent mobility and lacks head control.

Jace Freeman, an 8-year-old boy, was a victim of a motor vehicle accident resulting in a traumatic brain injury and impaired use of his upper and lower extremities.

Seventeen-year-old Karolay Chirinos has a brain injury, triplegic cerebral palsy affecting her right arm and both legs, and neuromuscular scoliosis.

Allison Reyes is a 17-year-old girl with Chiari malformation, vocal cord paralysis, developmental delay, impaired mobility, syrinx of her spinal cord and dysphagia.



The recent Freedom Program bike donation provided five custom-made adaptive tricycles

photo provided

Brianna Godinez, an 11-year-old girl, was the victim of a car accident which resulted in her right arm being amputated above the elbow.

When riding these tricycles, the children benefit from general strengthening, new proprioceptive sensory input and improved reciprocal coordination of the legs. They can now participate in activities with their families and peers, and enjoy the normal childhood experience of riding a bike.

The Robbie's Riders program provides special adaptive bicycles and tricycles

to children with disabilities, according to their individual capacities and needs. The charity works to donate special needs cycles as quickly as they can raise funds to purchase them. Working with Claire Le Boulange, a pediatric physical therapist with Golisano Children's Hospital who donates her services to assist, each child is evaluated and fitted for their special adaptive cycle.

Grampy's Charities has supported Robbie's Riders, opening up new avenues to fundraise and deliver adaptive bicycles to children with disabilities. Sanibel

Captiva Community Bank partnered with Grampy's Charities for fundraising in 2017, making it possible for Robbie's Riders to present adaptive bicycles to Southwest Florida children.

A small, all-volunteer organization, Robbie's Riders has provided 51 custom-made, adaptive cycles to Southwest Florida children. The organization is dedicated to bettering the lives of children. Learn more at [www.savethekid.org](http://www.savethekid.org). For more information about Grampy's Charities, visit [www.grampyscharities.org](http://www.grampyscharities.org).✱

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# Un-Retirement



by Ross Hauser, MD  
and Marion Hauser, MS, RD

Retirement is an enviable prospect to many people, and a day most of us look forward to. Many stressed out people in the middle of their career dream of trading the hours spent sitting behind a desk, commuting, meeting deadlines and completing mountains of paperwork for time to travel and visit with friends and family, or just relax and do nothing. But once you get over the emotional and physical exhaustion from years of work, the reality of retirement might not be all it's cracked up to be. Many folks find that when they retire, the reality isn't as appealing and begin going stir-crazy looking for ways to fill the time. It can cause some to respond by "un-retiring" because they're not quite

ready to call it quits. Some may un-retire for a financial boost as well. The extra income can build confidence and savings in extended retirement years. Others have the desire for a purpose-filled life that involves contributing in one way or another within their community. Thus, working part-time is a good consideration to beat boredom and resolve the isolation that can result from leaving the workforce, especially if the work brought significant meaning and purpose to his or her life. What retired people typically miss about work include the challenges, accomplishments, and professional camaraderie. A recent study showed that 39 percent of employed Americans who are age 65 and older had previously retired. And half of those who are 50 and older who are not currently working said they would work if the right opportunity came along. If the retirement "vacation" has lost its allure, you might want to consider volunteering or even part-time work. Feeling connected and having a heightened sense of purpose through work just might be the ingredient needed to reignite your personal vitality. *This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carimgmedical.com.\**

dearRPharmacist

# Olive Oil Reduces Cancer And Risk Of Stroke



by Suzy Cohen, RPh

**Dear Readers:** Olives are something I'm fanatic about. I'll eat any kind, any flavor, any time of day or night. I'm obsessed with them.

Olive oil is the liquid fat which comes from the olive tree. It is extremely high in oleic acid, which is known to reduce blood pressure. It also contains a good amount of natural vitamin E, carotenoids and oleuropein. That compound has strong anticancer and anti-inflammatory effects.

Olives are fruits, and both the fruit and the oil have medicinal benefits. The main active ingredient in olive oil is oleic acid, some phenols and squalene.

Extra virgin olive oil or EVOO is sometimes referred to as cold-pressed. This type of oil is higher quality, better flavor and lower acidity than plain olive oil. When you see "extra virgin" on the label, that means something good. It means that the oil was mechanically pressed out of the olives, as opposed to using a bunch of chemicals to extract it. When the oil is squeezed and pressed from the olives mechanically, the vitamins, amino acids and fatty acids are not destroyed.

Olive oil consumption may help reduce incidence of cancer, including colorectal, uterine, breast, prostate, endometrium, ovarian, bladder, lung and pancreatic cancer. Have you heard of the Blue Zone project? These are areas of the planet where people experience health and longevity. Could the olive oil be the main reason that residents of Ikaria (Greece) commonly live to be over 90- or 100-years old?

The most recent news about olive oil is fantastic. Olive oil contains natural phenolic compounds, which are strong antioxidants and anti-inflammatory agents. They also have anti-thrombotic activity, which means it helps reduce the formation of blood clots, which as you know, block the flow of blood to your brain (and/or the heart). Avoiding clots is the way to avoid stroke.

Oleocanthal, a phenolic component of extra virgin olive oil, acts a little bit

like the famous drug ibuprofen. Extra virgin olive oil is like a natural NSAID. New research from March 2019 confirms that eating olive oil just once a week will help lower platelet activation (meaning reduce risk of clots). In turn, this lowers risk of heart attack and stroke. People in this study were all obese. Could olive oil confer even higher benefits in those who have healthier eating habits, a faster metabolic rate and/or lower BMI? More than likely, yes.

The take-home point is that olive oil appears to have strong health benefits in people who are high risk for stroke. Don't worry about the fat because it's a healthy fat. One tablespoon of olive oil contains the following nutritional information, according to the United States Department of Agriculture. It contains zero sugar, zero cholesterol, 10 grams of monounsaturated fat and about 120 calories.

I believe this oil is among the most healthiest natural oils you can consume. I'm not in favor of vegetable oil, rapeseed oil, canola oil or MCT. I do like olive oil, grape seed, avocado, tea seed and pumpkin seed oil.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.\**

# Seminar On Facial Rejuvenation

Facial Plastic Surgeon Dr. Stephen Prendiville will host a complimentary seminar at the Bonita Bay Country Club, located at 26660 Country Club Drive in Bonita Springs on Friday, March 22 with lunch and presentation beginning at 11:30 a.m.

Dr. Prendiville will be discussing his practice philosophy while explaining the techniques and technology he employs to deliver the high quality results that established him as one of Southwest Florida's facial plastic surgery experts.

"We live in one of the most beautiful places in the country and enjoy a vibrant and active lifestyle in Southwest Florida. With that lifestyle, comes the negative effects of aging and sun damage. I look forward to hosting these seminars each year as a way to educate our community on the many ways to enjoy an active lifestyle while still

continued on page 31B

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## Got A Problem? Dr. Connie Is In



by Constance  
Clancy

**Q:** Can you describe biologically what makes some people prone to anger than others?

**A:** First of all, anger is a primal intense emotion. Think about what it does to your

body? Let's say you find out that someone betrayed you. You naturally feel angry. Biologically, your amygdala (fear center) stimulates adrenaline. You get an energy rush that rallies you to fight. Blood flows through your hands, your heart pumps faster and you breathe harder (shallow breathing) which increases anxiety. Your pupils dilate, and you sweat.

In this hyperadrenalized state, aggression mounts. A multitude of things may happen such as raising your voice, becoming physical, verbally intimidate, etc. In a survival-oriented sense, you want to dominate and retaliate to protect yourself and prevent further exploitation. Anger is such a difficult impulse to control because of its evolutionary value in priming us to defend against danger. Therefore, built-up stresses have been shown to make us more susceptible to anger. That is why your temper can flare after a long frustrating day at the office. Also, letting anger and resentments smolder can become chronic. Cortisol, the stress hormone, can contribute to its slow burn. Then you are prone to becoming edgy and quick to snap. Research has shown that anger feeds on itself. The effect is cumulative as each anger episode builds on the momentum of the time before.

For optimal health, it's imperative you address your anger. It's not about blowing up every time something flips you out, rather, it's to develop strategies to express this emotion (it needs to be expressed) or you will develop certain illnesses and diseases such as migraines, irritable bowel syndrome, chronic pain, high blood pressure, cardiovascular disease, depression (if repressed).

Studies have shown that hostile couples who roll their eyes and insult each other while arguing physically heal more slowly than couples who feel they are "in this together" attitude. Other studies have

shown that those who keep silent during marital disputes have a greater change of dying from heart disease or suffering stress-related ailments than those who speak their minds and truths.

So what is the solution to anger? Be able to say what is so in a constructive and compassionate way. Cultivating compassion can both improve your health and biologically reprogram your approach to anger by training you to view this emotion differently. Yes, you can choose to be spiteful and displace your anger onto others, and it may even feel a bit cathartic initially, however, it won't do any good for your overall health and well-being, immune system, longevity and relationships. Stuffing anger won't either. A quantum leap of consciousness subdues the fight-or-flight response, calms your system and lessens the instinct that only wants to do damage by striking back. You can then try and get your needs met more peacefully. Let me be clear, you still need to express your feelings, as this is important to get them out, and it allows you to have more empathy for the hurt in yourself and another's anger. There is an appropriateness to anger yet with compassion. We know now that neuroscience indicates that what makes us individually, in a relationship, or the collective last is compassionate, authentic love.

*Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).✱*

From page 30B

## Rejuvenation

looking and feeling your absolute best," said Dr. Prendiville.

Topics will include minimal incision surgeries, injectables, wrinkle reduction, skin smoothing techniques and an introduction to the new Lutronic Genius, a Radio Frequency Microneedling Laser, which is the only one of its kind in Southwest Florida and exclusively offered at his practice. A question and answer session will also be facilitated for guests. Attendees will have the opportunity to meet his staff and knowledgeable product representatives and to schedule no cost consultations at either the Fort Myers or Naples office locations. Reservations are requested; call 497-3900.✱

## Superior Interiors

## The Color Of The Year: Living Coral



by Marcia Feeney

**E**ach year, the color authority Pantone releases the color of the year to guide the interior design industry in what they believe to be current trends.

For 2019, the color is "Living Coral" and is indicative of the current discussion that interior color palettes may be veering towards warmer colors.

Pantone suggests that Living Coral presents a familiar comforting response reflecting its connection to nature. It can be incorporated as a punch of color, whether as a light accent or as a bolder statement. This formulation of coral can be perceived as playful, inviting, or even soothing when paired with natural woods.

Although there is a common thread in Living Coral to suggest its relation to pink (which happens to be having a design moment right now), it can lend itself to a neutral palette. This hue could be paired with whites, creams, grays, blues, or greens, to both neutralize and compliment.

Natural wood, white and a feature wall of Living Coral would suggest a new contemporary twist on a coastal theme. If you love color, don't be afraid to go bolder and use Living Coral as the room backdrop to saturated jewel tones or mixed metallics.

You can also add touches of Living Coral by including decorative art, picture frames, scented candles, or accessories in this shade. These accents will add personality and interest to the space while giving you a chance to "try on" the color and see if you might what to incorporate it into your space a grander way.

Although it may be Pantone's 2019 color of the year, we believe that it's here on our shores for the long haul.

*Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at [marcia@coindecaden.com](mailto:marcia@coindecaden.com).✱*

## Overeaters Anonymous

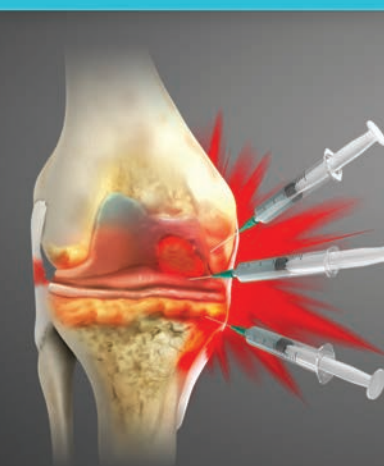
**I**f food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit [www.southwestfla.org](http://www.southwestfla.org).

Sanibel Community Church is located at 1740 Periwinkle Way.✱


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| Zonta Club .....  | 728-1971  |
| <b>ISLAND ATTRACTIONS</b>                                       |   |
| Bailey-Matthews National Shell Museum .....                     | 395-2233  |
| JN "Ding" Darling National Wildlife Refuge .....                | 472-1100  |
| Sanibel Historical Museum & Village .....                       | 472-4648  |
| SCCF Sanibel-Captiva Conservation Foundation .....              | 472-2329  |

To be listed in calling card email your information to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)

**PETS OF THE WEEK**

photos provided

Lee County Domestic Animal Services

**Mattie And Sam I Am**



Mattie ID# A771229

Hello, my name is Mattie. I am a 4-year-old female pit bull mix who is equal parts energy and snuggles. I will run and play and then settle right down for some love. I have a heart of gold and am just waiting for the right person to come along and recognize it, because I will love you just the way you are. If you are the one for Mattie, stop by today... I am waiting.

My adoption fee is \$50, but pick a four-leaf clover and the adoption fee is just \$25.

Sometimes the questions are complicated, and the answers are simple. Hello, I'm Sam-I-Am. I am as sweet as I appear. This itty, bitty kitty is a 1-year-old female domestic shorthair who is just 5 pounds of love and fun. Throw in the bonus of adopting me and get a feline friend at no additional charge. You cannot go wrong.

My adoption fee is \$50, but pick a four-leaf clover and the adoption fee is just \$25.

Haven on Earth Animal League

**Chester And Hannah**



Chester

Hi, I'm Chester! I'm a beautiful ginger boy with my own built-in eyeliner. I was dropped on a doorstep and now I am looking for someone to love me forever. I am currently staying with a foster mom. I have been fully vetted, neutered and brought up to date on all vaccines. My adoption fee is \$100.

Hello, I'm Hannah. Aren't I just beautiful? I'm only 1-year old and a very sweet girl with a big,



Sam I Am ID# A770950

Lee County Domestic Animal Services invites you to find a pot of gold at the end of the rainbow in the adoption center. From March 1 through March 31, all adoptions will be reduced to \$50 with an approved application. Adopters will also get the chance to pick a lucky shamrock to reduce the adoption fee to just \$25.

The reduced adoption fee includes the complete package of services: sterilization, age appropriate vaccinations, county license, microchip ID, de-worming, flea treatment, a heartworm test for dogs, feline AIDS and leukemia test for cats and a 10-day health guarantee. The adoption package is valued at more than \$500. *The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.\**



Hannah

fluffy tail. I'm currently staying at Petco in Gulf Coast Town Center, so stop by to see me. I hope to get out of this cage soon. My adoption fee is \$100, which includes up-to-date vaccines. I am also spayed.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [havenonearthanimalleague@yahoo.com](mailto:havenonearthanimalleague@yahoo.com).\*



## PUZZLES

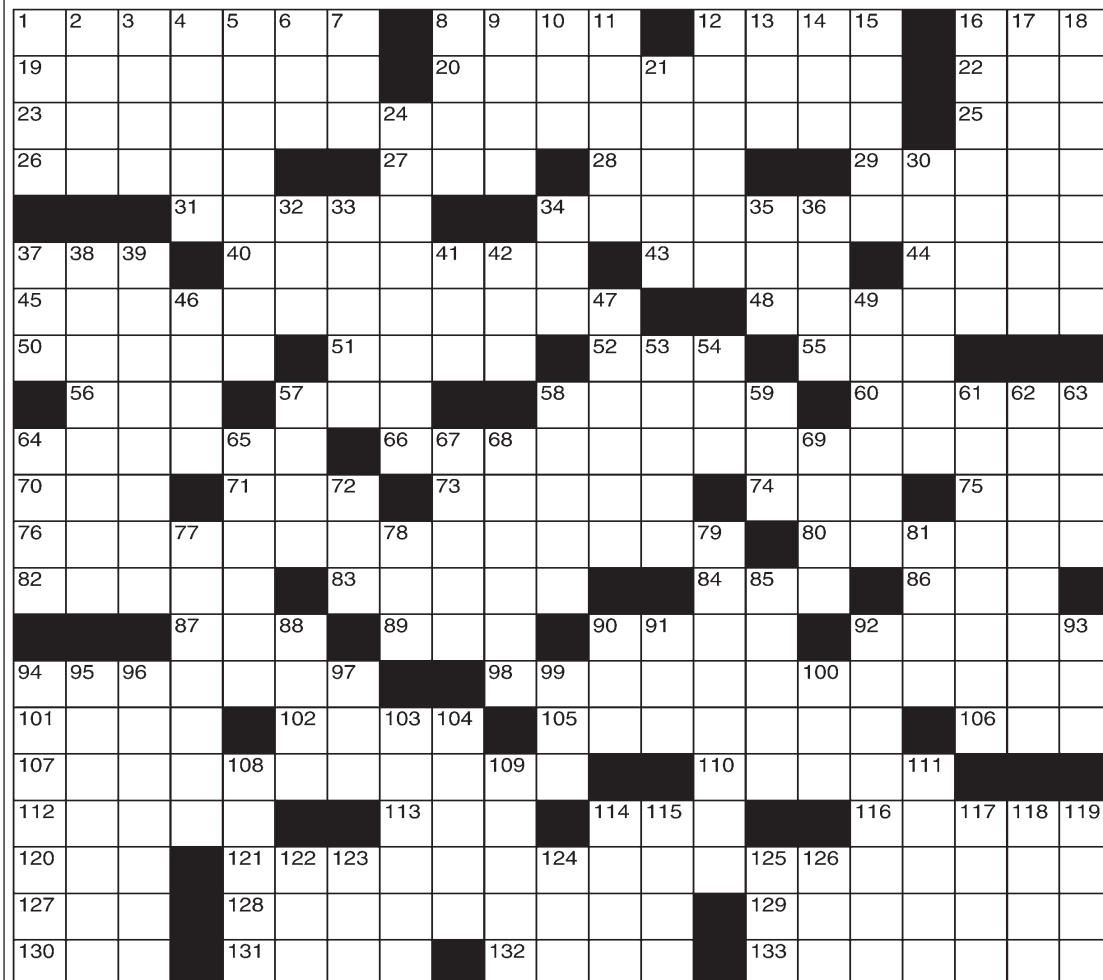
Answers on page 39B

## Super Crossword

SMALL FRUIT  
STARTERS

## ACROSS

- 1 Tempting type  
8 1930s boxing champ Max  
12 Fruit discard  
16 Bit of fiction  
19 Neighbor of Djibouti  
20 Backward  
22 Love of Lennon  
23 Polar bear's long sleep  
25 Rival of JVC and LG  
26 Desert region of Israel  
27 Fruit discard  
28 IRS worker: Abbr.  
29 "Shakedown" singer Bob  
31 Stair feature  
34 Gem colored by trace amounts of boron  
37 List-limiting abbr.  
40 Dietary unit  
43 Actor Bana of "Troy"  
44 Sit for a photo  
45 Cold person's bumps  
48 Chose (to)  
50 Bestows
- 51 Thinnest coin  
52 Beddy-bye garb  
55 Palme — (Cannes prize)  
56 Author Deighton  
57 "You bet!"  
58 Joyous hymn  
60 Camera since 1924  
64 Big — (large German gun)  
66 Eminent senior member  
70 LAX guess  
71 Dog sound  
73 Pig sounds  
74 — Tac  
75 Author Levin  
76 It might be next to a napkin holder  
80 Hurls  
82 Tropical fish  
83 "Around — parts ..."  
84 Prefix with hazard  
86 N.Y.-to-L.A. dir.  
87 Part of USMA: Abbr.  
89 Exhaust  
90 Watchful person
- 92 Marshy inlet  
94 Thrills, informally  
98 Flight hub in East Boston  
101 Often-twisted treat  
102 TT carmaker  
105 Bucharest's land  
106 A, in Spain  
107 Thanksgiving follower  
110 Individual  
112 Sri —  
113 — Poke (candy)  
114 Mineo of film  
116 Author Ephron  
120 Individual  
121 Pun on a phrase meaning "square one"  
127 NFL 6-pointers  
128 Best Actress of 2016  
129 Ordinary  
130 Topping type  
131 "FYI" part  
132 Flew through, as a test  
133 Reduced
- 2 Great Lakes tribe  
3 Little dent  
4 Verbalize  
5 Fissures  
6 Always, to a poet  
7 Sideline cry  
8 Actress Besch or Andersson  
9 Working without —  
10 Be fallible  
11 Relating to kidneys  
12 Big bird dog  
13 Prefix with linear  
14 "— Beso"  
15 High-IQ club  
16 Definitely  
17 Holy smoke?  
18 Got on, as a bus  
21 Indefinite  
24 "Cross my heart"  
30 Kingdoms  
32 Exhaust  
33 Skip over, as a sound  
34 Cell buzzer  
35 Carried out  
36 Like coated cupcakes  
37 Yolk holder  
38 Eau de — (cologne)  
39 Design on an album, say
- 41 LP speed  
42 Bit of land in le Rhône  
46 Dispatched  
47 Gleams  
49 Old name in video game consoles  
53 Actor Eisenberg  
54 Formed a lap  
57 Unit of length  
58 Cylindrical pasta  
59 Cable TV's — Geo Wild  
61 Words to an absent lover  
62 Fatigued by worry  
63 Santa — (some hot winds)  
64 Finest  
65 Oahu locale  
67 Easy gaits  
68 Rig fuel  
69 Mambo great Puente  
72 In shape  
77 Wrestler's restraining move  
78 Mu — pork  
79 Make operational again  
81 Exchange  
85 Origami bird  
88 Bit of foliage
- 90 Roman "I"  
91 Thanksgiving tuber  
92 Just issued  
93 Hagen of Broadway  
94 Groups of odds and ends for sale  
95 Florida city near Epcot  
96 Least fatty  
97 South, in Mexico  
99 Suffix with direct  
100 Roman "3"  
103 Ban from law practice  
104 Does nothing  
108 Actress Sagal  
109 Vital blood line  
111 Pop or jazz  
114 January 1 song word  
115 Laid up, say  
117 Truth bender  
118 "Bus Stop" writer William  
119 Up in years  
122 Med. plan  
123 Aussie bird  
124 Fabled bird  
125 "My — Sal"  
126 Nobel-winning poet Andric

DOWN  
1 Like a quilt

## King Crossword

## ACROSS

- 1 Hindu prince  
5 Persian leader  
9 Bigshot, for short  
12 Verve  
13 Horseback game  
14 Tokyo's old name  
15 Chamber of the heart  
17 Born  
18 Good-looking guy  
19 Bandleader Xavier  
21 Lucky roll of the dice  
24 Arrived  
25 Thing  
26 Pots and pans and such  
30 Chignon  
31 Yours  
32 Neither mate  
33 Pavement  
35 Cicatrix  
36 Always  
37 Swerves  
38 "Monopoly" buy  
40 Desert-like  
42 Superlative ending  
43 South American nation  
48 Chicken — king
- 49 Cupid's alias  
50 Family  
51 — and don'ts  
52 Transmitted  
53 TV award
- 7 Every last bit  
8 Cornmeal creation  
9 With a — (forcefully)  
10 Concept  
11 Bard  
16 Scoot  
20 Coal diggers' org.  
21 Bro and sis  
22 Needle case  
23 Feuds  
24 Hit on the head  
26 Burn something  
27 Lubricant
- 28 Bellow  
29 Blunders  
31 Dozens  
34 First lady  
35 Lead astray  
37 Namely (Abbr.)  
38 — over heels  
39 Norway's capital  
40 Unsigned (Abbr.)  
41 Leftovers  
44 Before  
45 Shade tree  
46 Felon's flight  
47 Whatever number

## DOWN

- 1 Cleric's address (Abbr.)  
2 Brewery product  
3 One of the Brady Bunch  
4 Country song?  
5 Rotate  
6 Pawn

## MAGIC MAZE ● ANDYS

T V S Q N K H E B Y W T R O L  
J E N I V E D G G E B S Y W U  
R P T A N K K A I R G R D G B  
Z W X T M C V R S O S E Q R O  
M A K I I F G C E O M M C E A  
Y R W D U T U I Y N A M S B Q  
P H D B N L T A J E I U H M F  
E O C B A R R E K Y L S N A V  
R L S I K R E S P Y L X V S U  
S Q P G U H T I F F I R G N M  
K J H M F E C B D Z W Y X V U

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Devine  
Garcia  
Gibb  
Griffith

Kaufman  
Murray  
Pettitte  
Reid

Roddick  
Rooney  
Samberg  
Serkis

Summers  
Van Slyke  
Williams





"Sorry, young man, but I've already got  
a \_\_\_\_\_ who's eager  
and willing—or else!"  
answer on page 37B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Smart  
STATUE    \_\_\_\_\_   

Defer  
ELVESH    \_\_\_\_\_   

Keep  
TRAINE     \_\_\_\_\_

Fit  
BONGLE    \_\_\_\_\_   

TODAY'S WORD

\_\_\_\_\_

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 |   |   | 1 | 2 |   |   | 4 |   |
|   | 3 |   | 9 |   |   |   | 7 | 5 |
| 9 |   | 1 |   |   | 3 | 6 |   |   |
|   | 7 |   |   | 4 |   |   | 1 | 9 |
| 4 |   |   | 2 | 1 |   |   |   | 8 |
|   | 2 | 3 |   |   | 7 | 5 |   |   |
| 6 |   | 2 |   |   | 1 |   |   | 7 |
|   | 8 |   |   | 7 |   | 4 | 9 |   |
|   |   | 4 | 5 | 3 |   | 8 |   |   |

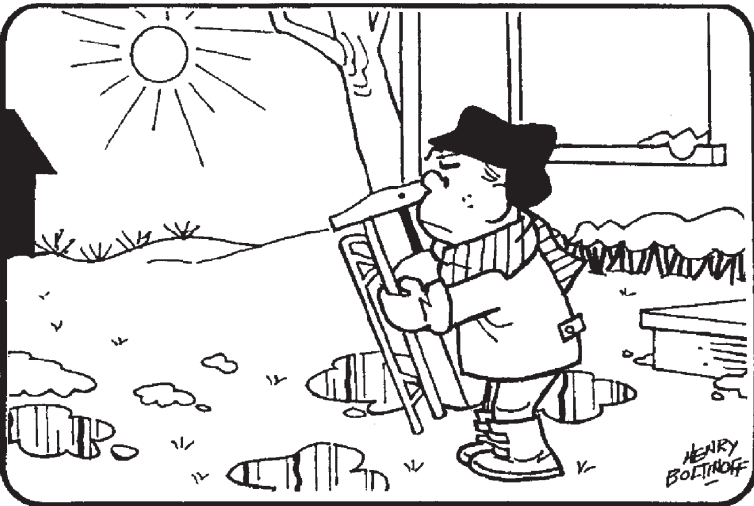
SUDOKU

To play Sudoku:  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

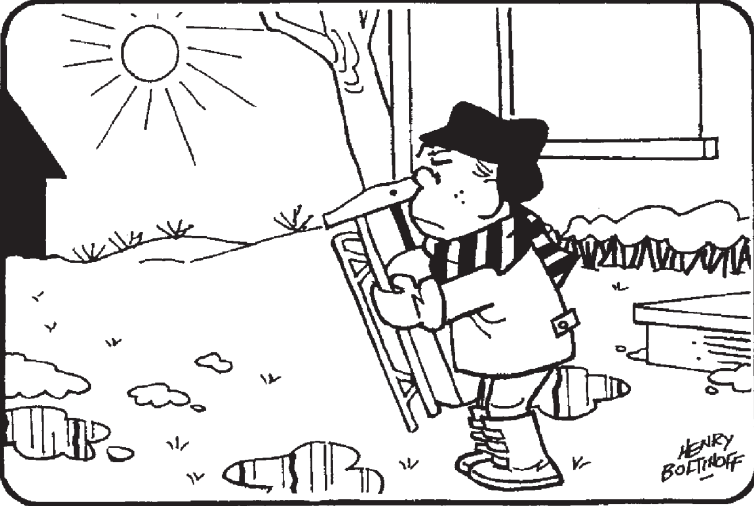
answer on page 39B

HOCUS-FOCUS

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Scarf is different. 2. Boots are higher. 3. Small shed is wider. 4. Puddle near shed is missing. 5. Snow is gone from window ledge. 6. Bush on left has been moved.

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# My Stars ★★★★★

## FOR WEEK OF MARCH 25, 2019

**Aries** (March 21 to April 19) You'll want to discourage well-meaning but potentially ill-advised interference in what you intend to accomplish. Your work has a better chance to succeed if it reflects you.

**Taurus** (April 20 to May 20) The Bovine's well-deserved reputation for loyalty could be tested if you learn that it might be misplaced. But don't rely on rumors. Check the stories out before you decided to act.

**Gemini** (May 21 to June 20) You've been going on adrenaline for a long time,

and this unexpected lull in a recent spate of excitement could be just what you need to restore your energy levels. Enjoy it.

**Cancer** (June 21 to July 22) Friends can be counted on to help you deal with a perplexing personal situation. But remember to keep your circle of advisers limited only to those you're sure you can trust.

**Leo** (July 23 to August 22) Security-loving Lions do not appreciate uncertainty in any form. But sometimes changing situations can reveal hidden stresses in time to repair a relationship before it's too late.

**Virgo** (August 23 to September 22) This is a good time for single Virgos to

make a love connection. Be careful not to be too judgmental about your new "prospect" – at least until you know more about her or him.

**Libra** (September 23 to October 22) Your sense of justice helps you resolve a problem that might have been unfairly attributed to the wrong person. Spend the weekend doing some long-neglected chores.

**Scorpio** (October 23 to November 21) You might feel justified in your anger toward someone you suspect betrayed your trust. But it could help if you take the time to check if your suspicions have substance.

**Sagittarius** (November 22 to December 21) Ignore distractions if you hope to

accomplish your goal by the deadline you agreed to. Keep the finish line in sight, and you should be able to cross it with time to spare.

**Capricorn** (December 22 to January 19) Your creative self continues to dominate through much of the week. Also, despite a few problems that have cropped up, that recent romantic connection seems to be thriving.

**Aquarius** (January 20 to February 18) As curious as you might be, it's best to avoid trying to learn a colleague's secret. That sort of knowledge could drag you into a difficult workplace situation at some point

continued on page 39B

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WWW.ISLANDHOMESERVICE.COM  
INFO@ISLANDHOMESERVICE.COM  
PHONE: (239) 472-5247 • CELL: (239) 229-6366

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MA90906  
Certified Yoga Teacher

**239-747-4967**  
alissapriestley.com  
alissapriestley@gmail.com

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1. Astute; 2. Shelve;  
3. Retain; 4. Belong

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HOUSE/DUPLEX FOR SALE

9,313 sq ft total, 3/2, steps from private beach. Converted into duplex, solid concrete construction with well preserved original Terrazzo floors. Call for more details 239-207-6731

3/15 ★ 3/29

AFFORDABLE SANIBEL OASIS

\$128,950. Freshly renovated, landscaped, open-concept 1-br home in Periwinkle Park. New a/c, water heater, doors, windows and more! No dogs. Call 516-526-9379.

3/22 ★ 4/19

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BUILD NEW! ON YOUR SANIBEL LOT 1606 SABAL SANDS \$425,000



Call for a tour! – 239-850-0979 Ann Gee, Broker Associate Or email RealtorAnn@hotmail.com John Gee & Company 2807 West Gulf Drive, Sanibel

3/1 ★ 3/29

COMMERCIAL

BUSINESS FOR SALE

Shoe store for sale Sanibel. Retiring, Very Reasonable. 239-464-8146

3/22 ★ 3/22

COMMERCIAL RENTAL

COMMERCIAL UNIT FOR RENT

East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.

7/13 ★ TFN

OFFICE SPACE IN DESIRABLE TREE TOPS CENTER

1101 Periwinkle Way. Conveniently located very close to causeway! Approx. 700 sq. ft. w/reception area and 1/2 bath. Call Mike at 970-476-9204 or email pazzos@vail.net

11/30 ★ TFN

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.

8/5 ★ TFN

VACATION RENTAL



Cottages To Castles Unique Vacation Rentals 2427 Periwinkle Way Sanibel, FL 33957 Local: (239) 472-6385 Toll Free: (800) 472-5385 Fax: (239) 472-5858 www.cottages-to-castles.com

1/26 ★ TFN

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1/4 ★ TFN

SEASONAL RENTAL

4BR/4BA SANIBEL HOUSE 1-6 MONTH RENTAL

Spoonbill House available June thru November. \$2,600/mo 3-6 month term, \$3,000 1-2 months. East end, 4BR/4BA, block from beach, VRBO #734298. Amy 206-225-5030

3/22 ★ 3/29

CONVENIENT SANIBEL EAST END

1 Bdrm./1 bath. Great location 150 ft. to beach, shopping and dining. \$3,000 mo. or \$1,200 mo for annual. Call or Text Alan at 504-919-2770.

3/22 ★ TFN

ANNUAL RENTAL

ANNUAL RENTAL SANIBEL

Waterfront – 3/2+ den, dock, Direct access. \$2,950/mo. Gorgeous, Custom home. 472-6747 Serving The Islands Rental Needs Since 1975 Gulf Beach Properties, Inc.

11/30 ★ TFN

ANNUAL RENTAL ON SANIBEL

2 bdrm/1 bath, East End, Nerita St. 1/2 of Duplex, bright, clean, walk to beach. Washer & dryer in unit, sundeck. Includes yard service & pest control. No Smoking/No pets. \$1,650. Call Bob 410-913-2234.

3/8 ★ TFN

SANIBEL ISLAND ANNUAL RENTALS

2/1 on Main Street \$1,800 2/2 on Sandpebble \$2,000 Dogs okay. Call or text Bridgit @ 239.728.1920

11/9 ★ TFN

SERVICES OFFERED

ALTERATIONS BY HAZELLA

Reliable and Experienced Reasonable Prices Pick Up & Delivery Available 239-472-8655

12/28 ★ TFN

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1/25 ★ TFN

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Complete Landscaping Services & Weekly Lawn Service New Client Special 10% OFF your Mulch Installation, Landscaping Project, or Tree Trimming Project. 239-896-6789

4/13 ★ TFN

6 YARD DUMPSTER RENTAL

Driveway Safe Great for Remodels \$250 for up to five days \$200 for load and go \$20 toll charge Sanibel Captiva 239 362 8899 www.bigbitedumpsterrental.com

3/15 ★ 4/5

ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788

4/20 ★ TFN

HELP WANTED

RECEPTIONIST NEEDED

Every Saturday 9 a.m. to 5 p.m. and some holidays at Island real estate office. Fun workplace. \$15 per hour. Send resume to dbarr@viprealty.com or call Diane Barr at 472-5187 ext. 244.

3/15 ★ 3/22

PERIWINKLE PLACE PARTTIME MAINTENANCE

Sanibel's Periwinkle Place Shopping Center seeks an energetic, outgoing self-starter for its team KEY RESPONSIBILITIES • Perform basic plumbing, electrical and lighting repairs • Complete janitorial and cleaning duties like pressure washing in a quality manner • Manage and resolve tenant service requests • Work with outside vendors and contractors and assist with property management • Respond to emergencies and share on call duties • Assist management with periodic special events OTHER INFORMATION

High School Diploma or GED preferred. Looking for someone to work three 8-hour days weekly. \$13.50/hr. with 90 day review. Inquiries call Ken at 239-246-8438.

3/15 ★ 3/29

HELP WANTED

JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way

5/6 ★ TFN

FOR SALE

FOR SALE

Ocean Kayak \$100 Sit Inside Kayak \$100 Baldwin Upright Piano \$100 Call 239-297-6639

3/22 ★ 3/29

GARAGE SALE

HUGE MOVING SALE

Lots of high-end items. Collapsed Caribbean and Miami Beach homes into Sanibel and realized we have TOO MUCH STUFF. Coastal Decor. Home Decor including paintings, collectibles, vases, ceramics, sculptures. Some furniture. Come sort through our stuff and take home treasures. 1278 Sand Castle Road. In the Dunes. Friday and Saturday 3/22 & 3/23 Both days 9 a.m. to 1 p.m.

3/22 ★ 3/22

Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB



From page 37B  
My Stars ★★★★★  
down the line.

**Pisces** (February 19 to March 20) Instead of spending too much time floundering around wondering if you can meet your deadline, you need to spend more time actually working toward reaching it.

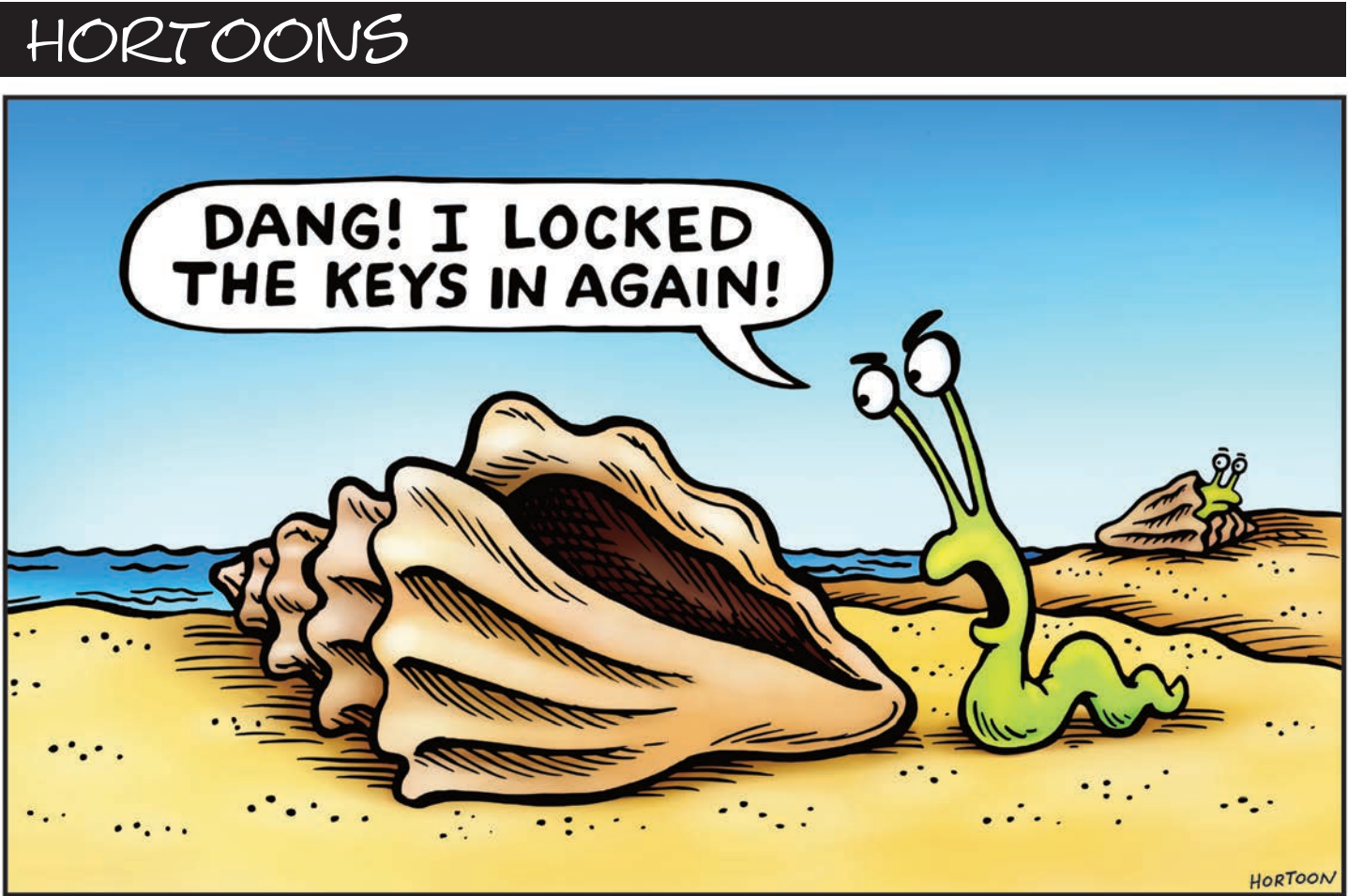
**Born This Week:** You have a natural gift for attracting new friends, who are drawn to your unabashed love of what life should be all about.

STRANGE BUT TRUE

- It was 20th-century American author and futurist Robert Anton Wilson who made the following sage observation: “Only the madman is absolutely sure.”
- Lightning isn’t solely a phenomenon of Earth: Astronomers have noted lightning bolts on Jupiter, Saturn, Uranus and Venus.
- A woman in Tennessee was once arrested for biking while intoxicated – and she was on a stationary bike at the gym at the time.
- A newspaper reporter once asked Gen. Charles de Gaulle, leader of the Free French Forces during World War II and later president of the French Fifth Republic, if he was happy. De Gaulle replied, “What do you take me for, an idiot?”

THOUGHT FOR THE DAY

“Before you become a writer, you must first become a reader. Every hour spent reading is an hour spent learning how to write.” – Robert Macfarlane



PUZZLE ANSWERS

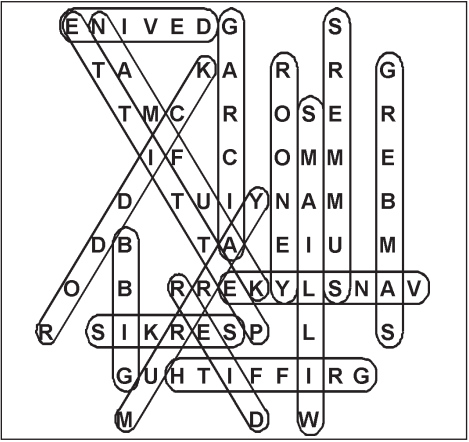
SUPER CROSSWORD

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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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| 8 | 7 | 6 | 3 | 4 | 5 | 2 | 1 | 9 |
| 4 | 5 | 9 | 2 | 1 | 6 | 7 | 3 | 8 |
| 1 | 2 | 3 | 8 | 9 | 7 | 5 | 6 | 4 |
| 6 | 9 | 2 | 4 | 8 | 1 | 3 | 5 | 7 |
| 3 | 8 | 5 | 6 | 7 | 2 | 4 | 9 | 1 |
| 7 | 1 | 4 | 5 | 3 | 9 | 8 | 2 | 6 |

Top 10 Real Estate Sales

| Subdivision             | City             | Year Built | Square Footage | Listing Price | Selling Price | Days On Market |
|-------------------------|------------------|------------|----------------|---------------|---------------|----------------|
| Cases                   | Fort Myers Beach | 2018       | 5,825          | \$4,795,000   | \$4,650,000   | 139            |
| Spring Ridge            | Bonita Springs   | 1997       | 5,244          | \$2,650,000   | \$2,600,000   | 2              |
| Enclave At Fiddlesticks | Fort Myers       | 1996       | 6,055          | \$1,649,000   | \$1,580,000   | 25             |
| Verona Lago             | Miromar Lakes    | 2005       | 3,008          | \$1,025,000   | \$850,000     | 250            |
| Sanctuary               | Bonita Springs   | 2003       | 2,784          | \$915,000     | \$875,000     | 127            |
| Belle Lago              | Estero           | 2010       | 3,122          | \$869,000     | \$815,000     | 7              |
| Glenview At Shadow Wood | Estero           | 2002       | 3,018          | \$849,900     | \$797,000     | 20             |
| Fairview Isles          | Fort Myers Beach | 1979       | 1,728          | \$844,000     | \$810,000     | 97             |
| Gulf Acres              | North Fort Myers | 1972       | 2,586          | \$815,000     | \$760,000     | 324            |
| Hills TP                | Fort Myers Beach | 2014       | 1,483          | \$795,000     | \$750,000     | 23             |





# OPEN HOUSE EXTRAVAGANZA!

FOR DIRECTIONS & A MAP, CALL 239-472-5187  
OR STOP BY VIP REALTY AT: 1560 PERIWINKLE WAY, 2000 PERIWINKLE WAY OR 14970 CAPTIVA DRIVE

## SUNDAY, MARCH 24 • ALL DAY • 10 AM – 4 PM

### Surfside 12 A1 - 545 E Gulf Dr

Unique East End 3/2 with awesome Gulf views, elevator, pool & tennis. \$774,000

### Yacht Haven 2 - 800 Sextant Dr

Amazing Bay View - 3BD/2BA - Private Boat Lift & Slip on Direct Canal Access to Gulf - Extra Deep 2-Car Garage \$1,079,000

### Island Beach Club 240F - 2265 W Gulf Dr

2 Bedroom, 2 Bath, Totally Updated, Great Gulf Views, Weekly Rentals, Pool, Shuffleboard, and Shelling Beaches. \$769,000

### 2564 Wulfert Dr - The Sanctuary

Lake front on the 17th hole of the Sanctuary Golf Course. 4 large en-suite bedrooms, 5.5 baths, large office, pool, and spa. Indoor/Outdoor family rooms, ground level master suite. \$1,999,500

## 10 AM – 12:30 PM

### 325 E Gulf Dr - Sanibel Estates

Close to Beach & Old Sanibel Shops. "Little Palm Cottage", small home - big opportunity on hottest stretch of Sanibel. Lot 100 x 150. \$528,000

### Sanibel Arms D2 - 805 E Gulf Dr

Immaculate 1-BR/1-BA, nicely updated w. tile floors, open kitchen & fully furnished. Beach, pool, free boat dockage. \$399,000

### 218 Daniel Dr - Seagull Estates

Peaceful 3BR/2.5BA lake front home. Tastefully furnished, panoramic water views. Community pool, tennis, clubhouse and beach access. \$849,000

## 1 – 4 PM

### Lighthouse Point 111 - 200 Periwinkle Way

Fabulous remodel! 2BD, 2BA + den. Shows beautifully! Corner unit, private patio. \$665,000

### White Pelican 133 - 651 E Gulf Dr

Penthouse condo w/ private rooftop sun deck plus cabana! 3BD/3BA +den, chef's kitchen, upscale appointments. Small 11-unit compound, pool, tennis, beach walk-over. \$1,785,000

### 1212 Sand Castle Rd - Dunes

Delightful updated 3 bed 3 bath pool home with metal roof, impact windows and so much more. \$724,000

### 1478 Albatross Rd - The Dunes

Remodeled 3BR/2BA pool home. Large fenced backyard. Great island location. \$669,000

### 823 Birdie View Point - Beachview Estates

4BR/3BA + Pool + Spa, Southern Exposure, Best Location, Over 2,500 sq. ft. Living Space, Open Floor Plan. Lake & Golf Course Views. \$949,000

### Sunset South 10C - 1341 Middle Gulf Dr

Remodeled top floor unit, open floor plan, cork floors, impact windows, upgraded plumbing, and more! \$775,000

### White Sands 25 - 2311 W Gulf Dr

2-BR/2-BA furnished end unit overlooking gulf, cabana & garage, screened lanai, weekly rentals and pets ok. \$999,000

### Pointe Santo D21 - 2445 W Gulf Dr

2BD/2BA offering at Pointe Santo. Corner unit, private location, lovely views of the water & preserve across the street. On site resort programs, pool, clubhouse, tennis, AND weekly rentals. \$665,000

### 510 Sea Oats Dr - Sea Oats

3BR/2.5 bath lake front pool home, Wood flooring, fenced yard, 3-stop elevator, updated kitchen. \$999,000

### 4143 West Gulf Dr

Own a part of Sanibel history and International architectural icon; 1.5 acre Gulf front on prestigious W. Gulf Drive. \$6,795,000

### 5313 Punta Caloosa Ct - Caloosa Shores

Beautiful 4-BR/3-BA pool home on canal, heated & caged pool, large clock w/ lift, updated and all new baths. \$899,000

### 5606 Baltusrol Ct - The Sanctuary

Expansive Golf Estate, 4BR/6BA, guest house, lavish master, gourmet kitchen, new roof, all impact glass, 3-car garage & more! \$1,795,000

## MONDAY, MARCH 25 • ALL DAY • 10 AM – 4 PM

### Surfside 12 A1 - 545 E Gulf Dr

Unique East End 3/2 with awesome Gulf views, elevator, pool & tennis. \$774,000

### White Pelican 133 - 651 E Gulf Dr

Penthouse condo w/ private rooftop sun deck plus cabana! 3BD/3BA +den, chef's kitchen, upscale appointments. Small 11-unit compound, pool, tennis, beach walk-over. \$1,785,000

### 1747 Jewel Box - Sanibel Isles

Direct Access Canal Home. Dock w/ 13,000 lb. lift. Very private, tile throughout. 2 Car garage, enclosed lower level. Impact windows & doors. \$989,000

### 734 Pyrula Ave - Bayshore Village

Stunning home near beaches, shopping, golf, & causeway. Open floor plan, hardwood floors, oversized pool. Enclosed lower level. Fully furnished. \$1,195,000

### Sundial G405 - 1501 Middle Gulf Dr

Great Gulf views from this top floor 1BR/1BA at the Sundial Resort. \$439,555

### 1973 Wild Lime Dr - Sanibel Bayous North

A traditional Sanibel Island "island" living home with a separate two story guest quarters. A great family retreat. \$674,000

## 10 AM – 12:30 PM

### 743 Windlass Way- Sanibel Estates

Ground level 3BR, 2BA, huge corner lot. Short walk down shell path to the beach access. Terrazzo floors, screened lanai, awesome location. \$739,900

### Yacht Haven 2 - 800 Sextant Dr

Amazing Bay View - 3BD/2BA - Private Boat Lift & Slip on Direct Canal Access to Gulf - Extra Deep 2-Car Garage \$1,079,000

### 1730 Jewel Box Dr - Sanibel Isles

Gorgeous 4BR/3BA pool home. Deep water, direct access w/ dock & lift. \$1,695,000

### Moonshadows 1F - 1350 Middle Gulf Dr

3BR/3BA Townhouse with Sanibel River Views, LR & FR, Glass-Enclosed Lanai, Screened Front Porch, Community Pool, Tennis, Across from the Beach. \$835,000

### Island Beach Club 240F - 2265 W Gulf Dr

2 Bedroom, 2 Bath, Totally Updated, Great Gulf Views, Weekly Rentals, Pool, Shuffleboard, and Shelling Beaches. \$769,000

### 218 Daniel Dr - Seagull Estates

Peaceful 3BR/2.5BA lake front home. Tastefully furnished, panoramic water views. Community pool, tennis, clubhouse and beach access. \$849,000

### 3050 W Gulf Dr - Palm Lake

Remodeled, 3BR/2BA, Near Beach Home, Gourmet kitchen, wood floors, 3-Car Garage. \$824,900

### 610 Hideaway Ct - Sea Oats

Beautiful 3BR/2BA, near beach home. Great floor plan. Overlooks conservation land. \$629,000

### 686 E Rocks Dr - East Rocks

3-BR/2-BA on cul-de-sac w/ heated pool, delightfully decorated, electric storm shutters, 2-car garage. \$849,000

### 4080 W Gulf Dr - Gopher Walk

Custom home on Prestigious West Gulf Dr. 3BR/2BA, great privacy, 3-car garage, across from beach access. Community Pool & Tennis. \$1,149,000

### 4143 West Gulf Dr

Own a part of Sanibel history and International architectural icon; 1.5 acre Gulf front on prestigious W. Gulf Drive. \$6,795,000

## 1 – 4 PM

### Sanibel Arms D2 - 805 E Gulf Dr

Immaculate 1-BR/1-BA, nicely updated w. tile floors, open kitchen & fully furnished. Beach, pool, free boat dockage. \$399,000

### 735 Sand Dollar - Shell Harbor

Sanibel Canal-Front 3BD/3BA plus den. Century-old wood floors, pool, and 13,000 lb lift. Tropical oasis close to the beach. \$1,179,000

### 1212 Sand Castle Rd - Dunes

Delightful updated 3 bed 3 bath pool home with metal roof, impact windows and so much more. \$724,000

### 772 Birdie View Point - Beachview Estates

Beautiful, custom 3BR/3.5BA home with screened heated pool. Designer furnished. \$1,295,000

### Sunset South 10C - 1341 Middle Gulf Dr

Remodeled top floor unit, open floor plan, cork floors, impact windows, upgraded plumbing, and more! \$775,000

### Kings Crown 213 - 2721 W Gulf Dr

Spacious 2-BR/2-BA plus den, granite counters, newer baths, glassed-in lanai w/ gulf view, nicely furnished. \$829,000

### Kings Crown 112 - 2721 W Gulf Dr

Gulf views from this 2BR/2BA w/ den corner unit condo. \$699,000

### 702 Durion Ct - East Rocks

Fabulous remodel! 3 Bed/2 Bath + Pool. Gorgeous lake view! Quick walk to West Gulf Dr Beach. \$799,900

### 4619 Brainard Bayou Rd - Sanibel Bayous North

3 Bedroom, 2 Bath updated home on lagoon. Beach access at Blind Pass. \$627,000

### Sanctuary Golf Village #1 - 2633 Wulfert Rd

Light & bright 2-BR/2.5-BA + den, great golf and lake view, wrap-around lanai. \$640,000

HAVE QUESTIONS ABOUT THE RENTAL POTENTIAL OF ANY OF THESE PROPERTIES?  
CALL OUR VACATION RENTALS DIVISION AT 239-472-1613!